STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE

RELOCATION INFORMATION FOR

RAF Mildenhall
United Kingdom

Information Date
January 19, 2000

Visit the SITES Web Site at
http://www.dmdc.osd.mil/sites
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Installation

Installation Overview

For more information on this subject: http://www.mildenhall.af.mil

Location: RAF Mildenhall, England

Mildenhall, Suffolk. Located in the United Kingdom. The base is approximately 70 miles north of London, 26 miles northeast of Cambridge, and 13 miles northwest of Bury St. Edmunds.

Major Command: United States Air Forces in Europe (USAFE)

Mission: "Conducts air refueling, force reception, force deployment and support operations for the United States and NATO, anytime, anywhere."

Population assigned-served:

Active Duty Officer : 549
Active Duty Enlisted: 4,848
Family Members: 6,080
Retirees: Approx. 600 (Mildenhall & Lakenheath area)

Civilian Employees: 1,045 APF/NAF/MOD

Using Phone Numbers in This Guide

The country code is 44 and is only needed when calling outside the UK.

The civilian phone number consists of a 4 or 5 digit number starting with a zero called a "National Code" followed by a six digit "local" phone number (When you are calling from a phone with the same National Code you only need to dial the last six numbers.)

From the United States: dial 011-44-National Code without the zero and civilian #

Example: to call the Family Support Center from the US, dial 011-44-1638-543406.

Within UK-outside 01638: dial the Civilian # given
Within UK-inside 01638: dial last six digits of Civilian #

DSN numbers from another DSN phone: dial the DSN # (238-extension)

On-base from a military phone: dial the last four digits of DSN #

History:

Since October 16, 1934, when it officially opened, RAF Mildenhall has been at the center of aviation for the air forces of the United Kingdom and the United States. At the time, RAF Mildenhall was one of the largest bases under the newly formed British Bomber Command. The 100th Air Refueling Wing was activated February 1, 1992 to assume duties of the 513th Airborne Command and Control Wing (USAFE) and the 306th Strategic Wing (SAC). It is the European Tanker Task Force headquarters.

Must Know Items

The following information is applicable to all active duty members and their families:

**Stateside Hire Civilians** See category: "Employment", related subjects: "Government Employment" for more specifics on your entitlements.

Mail: The temporary/general delivery mailing address for Mildenhall is:

NAME
SQUADRON
PSC 37 GENERAL DELIVERY
APO AE 09459

All active duty and DOD civilian personnel can obtain a box number before they arrive by sending a copy of their orders to their sponsor.

All TDY personnel should go to the Customer Service Desk at the Post Office as soon as possible after they arrive so that a General Delivery File can be set up for them.

Driving Directions:

From: Newcastle to Mildenhall

**Village on the A1101 following the red & white signs for RAF Mildenhall. Relax.**

**FROM: DOVER TO RAF MILDENHALL**


***"Give Parents A Break"*** Due to the stress related to moving, free childcare is available on Saturdays for a five hour block of time (paid for by Air Force Aid Society). To get the necessary form, available dates and/or more information, stop by the front desk at the Family Support Center, Bldg 460, just behind the Billeting Office.

**ARRIVAL & CHECK-IN REQUIREMENTS:** (See major category "Relocation Services" related subject "PCS Report Procedures".)

Most people arrive in the UK on AMC Contract Flights that fly into RAF Mildenhall. If you fly in on a commercial flight, you will arrive at Gatwick Airport approx 115 miles from RAF Mildenhall, or Heathrow Airport approx 110 miles from RAF Mildenhall.

Please note that civilian clothes should be worn when flying into Heathrow or Gatwick Airports.

Upon arrival at Gatwick or Heathrow: Process customs, this may involve a long wait. Shuttle bus service is provided to RAF Mildenhall if you have trouble locating the area to catch this shuttle, stop by the Information counter in the airport and they will direct you. TAXI CHARGES WILL NOT BE REIMBURSED UNLESS YOU ARE AN O-6 (OR ABOVE) OR THE SHUTTLE BUSES HAVE ALREADY DEPARTED. See "Transportation" for further info.

There will be some circumstances, however, when shuttles will not meet travelers needs. In these cases contact TMO Passenger Section DSN 238-2061 or commercial 01638-542061 to assist with travel arrangements.

There is no shuttle bus service from Stansted Airport to RAF Mildenhall. Personnel arriving Stansted TDY should make advance taxi arrangements. To arrange a taxi, FAX flight number, arrival time, phone number, and a copy of orders to TMO Passenger Section, or have the gaining organization bring information to make the arrangements (DSN FAX 238-2250 or Civ 011-44-1638-542250).

A 10-day advance payment for billeting is now required upon check-in. This will enable you to process your advanced TLA with the Housing office. If 10-days advance payment could be a hardship, please consider applying for a government credit card in advance to your PCS, the card is transferable.

For TEMPORARY LODGING see major section "Relocation Services" related subject "Billeting".

**CHILDCARE INFORMATION** is available under the major section "Child & Teen Services" related subjects "Child Development Programs - On Installation" and "Child Development Programs - Community".

Pet information is located in the major section "Relocation Services" related subjects "Pet Boarding", "Licensing", "Quarantines", "Veterinary Services" and "Pet Transportation".
COST OF LIVING information can be found in the major section "Relocation Services" related subject "Financial Preparedness"; "HOUSING" all related subjects; and "SURVIVAL TIPS FOR FIRST TERMERS".

IMPORTANT INFORMATION ABOUT THIS BASE

COMMAND SPONSORSHIP-Dependents must have medical and educational clearance approval prior to them being command-sponsored dependents. Check with your local MPF Outbound Assignments Unit for additional information.

CURRENCY: The currency used in the UK is pounds or sterling. The pound is divided into 100 pence. Paper money comes in 5, 10, 20, or 50 notes. Pence (similar to what we call coins) are 5, 10, 20, or 50 or the 1 or 2 pound coin. Money can be exchanged from dollars to pounds (or vice versa) at the bank, credit union or clubs on base(with membership).

Please note that facilities listed in the "At a Glance" section include those located at RAF Lakenheath, which is only 5 miles away.

### Must Know Items

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**Geographically Separated or Satellite Locations**

For more information on this subject: http://www.sola-sea.af.mil/

**GEOGRAPHICALLY SEPARATED OR SATELLITE LOCATIONS**

**GEOGRAPHICALLY SEPARATED UNITS (GSU):**

**STAVANGER, NORWAY** (DSN 224-1400 or Civ 011-47-5164-1400)

Welcome to Norway! As part of the NATO community, you will either work for or support the NATO mission. A brief explanation of the various support organizations is important because they will be referenced throughout.

Most military members assigned to Stavanger have NATO jobs and are assigned to HQ NORTH in Jatta, about 8 miles to the south of Stavanger. A few Air Force members work at the 426th Air Base Squadron, which is our servicing organization located in Sola Sea, about 10 miles west of Jatta. No matter which place you are assigned, they are both considered part of the same base. Under the umbrella of the 426th Air Base Squadron, which exists to support the NATO mission, are two service elements co-located at Jatta. The service elements at Jatta provide personnel and administrative support for the approximately 53 joint U.S. personnel assigned to HQ NORTH. The 426th ABS (Sola Sea) provides all the normal base-level support for the Stavanger military and support personnel. In addition to Legal, Medical, Accounting and Finance, Transportation, MWR, and Supply, the 426th also houses the Base Shoppette.

**HOW TO GET HERE**

The most common mode of travel from the U.S. is commercial air to Stavanger International airport in Stavanger. Concurrent travel is automatically authorized for Army, Navy, Marines and Air Force. And even if your orders say "concurrent travel", your family does not have to come on the same day.

**CAN YOU COME TO NORWAY?**

You may not come to Norway if you have serious or chronic medical problems which our Aid Station can't handle. Your command-sponsored dependents also may not come if they have these problems. Examples of such problems follow:

Children needing special formula/diets, children with developmental delay including attention deficit disorder, asthma which requires frequent hospital care, heart disease (especially ischemic), malignancies, psychotic or major depressive illness, diabetes mellitus, proteinurea, inflammatory bowel disease, significant orthopedic problems (including permanent waivers and chronic low-back pain).

**SCHOOL**

International School of Stavanger, Norway: Treskeveien 3, 4042 Hafrsfjord, Norway (telephone: 47-51-559100; Fax: 47-51-552962), is a coeducational, English-language day school enrolling over 500 students in Pre-school through Grade 12.

**WHAT TO EXPECT WHEN YOU ARRIVE**

Your sponsor will meet you at the airport and help you get settled in your hotel. There is no base or government housing here, so you will need to stay in a hotel while you look for a house to rent.

The housing market in the Stavanger area fluctuates in terms of availability, size, age, and location. There is an American Housing Referral office at the 426th and a NATO housing office at Jatta. Both maintain current listings.

**WHAT TO BRING**

On Flight: Two checked bags and one carry-on are allowed per person. However, if you are stopping for en-route TDY in Europe, make sure you get excess
Baggage authorized in your orders. Otherwise, you will be allowed only 30 kilos (66 LBS) of checked luggage and your carry-on for your in-Europe flight. The weather in the winter is cold with snow or rain and varies from hot and sunny to chilly with rain in the summer. As you may have noticed, Stavanger's latitude is close to that of Anchorage or Hudson Bay, but the temperatures are closer to those in northern USA. You may want to mail bulky wet-weather/winter clothing to your sponsor so it won't fill your suitcase. (Check with the base post office or (TMO) to see what the government will reimburse in mailing costs, utilizing part of your weight allowance.)

Unaccompanied Baggage: The average hotel stay while house hunting is 3-4 weeks. Depending on how soon you find a house, you may also want sufficient unaccompanied baggage to "camp out" in your house until your main household goods shipment can be delivered.

Norway Household Goods: Stavanger is a "full weight allowance" area. However, storage space may be limited in your new home, so you may want to discard or store any unwanted items before you come. You may find the following info useful for deciding what to bring or leave behind:

Electrical Appliances: Household current in Norway is 220 VAC, 50 cycle. Any appliance you have which uses 110/220V, 50/60 hertz will work fine. Transformers to convert 220 to 110 are available in the Shoppette.

TV Sets: The TV system here is PAL (U.S. is NTSC). There are no NTSC broadcasts. However, your American TV and VCR should work on a transformer, and we have a video rental at the Shoppette. Multisystem TV's & VCR's (receive NTSC & PAL) are available from the Shoppette.

Washers/Dryers/Dishwashers: Norwegian washers and dryers are considerably smaller and slower than the American versions. However, the 50 hertz current causes timers on American models to run slowly. Some timers won't work at all, but can be modified with a 1500 ohm, 1/2 watt resister. It may be possible to modify your appliance for 220V/50 Hz before leaving the states. Check with a dealer. You may also find difficulty getting your appliance where you want it in your house, because doors and stairways tend to be narrower. With these potential problems in mind, most people still prefer American-style appliances. You can also order dual-voltage appliances through the Shoppette, which takes 3-12 weeks to receive, or you may find used American appliances for sale here.

Personal Computers: All personal computers and peripherals seem to work here on transformers.

Microwave ovens: Most work with a transformer, but the timer is slow.

Stereo Equipment: Again, if they're not switchable, your receiver and cassette deck should work on a transformer. Direct-drive turntables can also run on a transformer, but belt-drive turntables may need a belt or pulley change.

Refrigerators/Freezers: Work OK on transformers. Norwegian refrigerators are much smaller than American ones, so you will probably want to bring your own fridge &/or freezer.

Clocks/Radios: Most electric clocks will not work here unless they are dual voltage/frequency. The radio part of a clock radio will work on a transformer, but the clock/alarm will not (if not dual voltage).

Lamps: Will work fine with plug adapters (available in Shoppette) and 220 bulbs. U.S. bulbs won't work.

Other Household Goods: You can find Norwegian houses comparable in size to American house. In general, however they have the following differences:

Smaller bedrooms, narrower doorways & stairs, limited closet space, wooden floors (no wall-to-wall carpeting), and limited permanent lighting fixtures.

Beds: A king-size bed or large bedroom set may "fill" the master bedroom.
Other bedrooms may only be large enough for a single bed.

Rugs: You may need a selection of small to medium size rugs. Many houses have beautiful wood flooring, but you'll need some rugs for accent and comfort.

Firearms: You may ship firearms, but not ammunition, as part of your household goods. They must be listed on your inventory and shipping forms, and must be registered with your local police after you move into your house. Norwegian law requires you to have a permit prior to importation.

Clothing: Some good buys can be found on the economy but it's good to arrive well-supplied. It's good to have winter boots (October-April) and sturdy walking shoes on arrival so you are prepared for various weather conditions. You will need a good supply of fall and winter clothing, wet weather gear, and a few summer clothes. Remember sweaters, ski-type jackets, boots, and lined coats or jackets. Opt for washable items as dry cleaning is prohibitive (about $20 for a short-sleeved uniform shirt and slacks, $18 for an unlined coat).

Shopping/"Stocking Up": Bring your favorite catalogs as you'll do much shopping by mail. If you have a small child or are expecting a baby bring items with you such as: crib, regular diapers, long-sleeved shirts, warm sweaters, etc. If you wear glasses or contact lenses, bring an extra pair with you; they are very costly on the economy. If you or family members are on medication, bring a good supply and have your sponsor check with the Aid Station on its availability. They may not have it so you may have to set up a reorder system from the states. Cosmetics are extremely expensive on the economy. If you ship a car, it would be wise to bring with you a 3 year supply of wiper blades, headlights, oil filters, sparkplugs, air filters and fan belts. These items are not only costly but hard to get.

************More info is available through your Relocation Assistance staff

at your losing Family Center. Ask them to pull down the Stavanger file off of FAMNET. Also, a packet will be mailed to you from Stavanger, by your sponsor.

************

RAF DIGBY

Welcome to Digby, home of Detachment 1 488th Intelligence Squadron (IS). The Detachment is a Geographically Separated Unit (GSU) of Royal Air Force (RAF) Mildenhall. It is a 12-man Air Intelligence Agency (AIA) unit supporting the Joint Service Signals Unit (JSSU) located at RAF Digby.

RAF Digby is located in the heart of Lincolnshire, a rural county of small quiet villages, a few small towns, and of course, the city of Lincoln itself. Lincoln is a small city of about 75,000 with good shopping, a castle, a cathedral, and numerous tourist attractions. We are about 90 miles northwest of RAF Mildenhall and RAF Lakenheath, 60 miles north of RAF Alconbury and RAF Molesworth, and about 100 miles south of Menwith Hill Station.

MISSION:

Det 1 488IS provides analytic and linguistic technical expertise to JSSU, a British Forces communications and electronic research and development facility. The detachment assists in trials, monitoring and reporting in peacetime, crisis, and wartime operations. It provides services in support of British and U.S. defense and other governmental departments, European theater commanders, and national command authorities.

HISTORY:

The unit was first established as Operating Location DB, 6950th Electronic Security Group (AFIC), on 15 June 1993. It was redesignated OL-DB, 450th Intelligence Squadron (AIA) in October 1993, and was activated as Det 1 488IS on 1 July 1994.

THE DETACHMENT TODAY:

The Detachment is commanded by a USAF Captain, with operational control of detachment personnel exercised by the Officer Commanding JSSU. Detachment personnel work alongside Royal Air Force, British Army Signal Corps and Intelligence Corps, and Royal Navy counterparts in analytic and linguistic functions. They work in several areas of JSSU operations as Unit Air Intelligence Officer,
Deputy Principle Reporting Officer, and Technical Reporter.

HOUSING:

Housing is available on RAF Digby. It is managed by the British Defense Housing Executive (DHE). In contrast to American base housing, you pay a monthly rent plus utilities. However, the cost is minimal and well below rent amounts on the economy. You still receive a Moving in Housing Allowance (MIHA) and Overseas Housing Allowance (OHA) if you reside on RAF Digby. The current price for a three bedroom place on base is approximately 120-145 pounds (about $195-235), while off-base it's about 350-500 pounds (about $570-815). If you would like to be put on the base housing list once you receive your PCS orders, fill out the application (contained in your sponsor package) and mail or fax it to the DHE office.

SHIPPING YOUR VEHICLE:

Your local Transportation Management Office (TMO) will tell you all you need to know about shipping your vehicle. Your vehicle will probably arrive at the port of Felixstowe and be ferried to a privately owned vehicle processing center at Brandon (near RAF Lakenheath). (See "POV In-Bound Shipments" in this SITES package.) The TMO here will fill you in on all the necessary procedures for recovering your vehicle. You will need your shipping documents, registration, and proof of automobile insurance to pick-up your vehicle. Check with your current insurance company to see if they provide insurance in the U.K. GEICO and USAA are examples of two companies that provide insurance for service members in the U.K.

REGISTERING YOUR VEHICLE:

Base Pass and Registration at RAF Mildenhall will provide you with further details on registering your vehicle in the U.K. Some minor adjustments may be necessary to your vehicle to pass the annual Ministry of Transport (MOT) vehicle inspection. (See the "Regulations" section in this SITES package.) In order to register your vehicle, you will need your Original Foreign Registration Document, Original British Insurance Certificate or Cover Note, Customs Forms, and MOT Certificate (for vehicles over 3 years old) or Provisional MOT Certificate (for vehicles less than 3 years old). It is also mandatory to attend the Local Conditions Driving Course within 15 days of your arrival to obtain your USAFE Driver's Permit. Classes are held at RAF Lakenheath on Mondays and Wednesdays at 1300 hours and at RAF Mildenhall on Fridays at 0800.

MEDICAL/DENTAL:

The nearest U.S. medical facility is the USAF hospital at RAF Lakenheath and is available for both active duty and dependents. Active duty members can use the facility located on RAF Digby for routine care. Dependents are covered by the British National Health Service (NHS) and therefore routine health care can easily be taken care of in the local area if you so desire. Once you arrive, you will also be enrolled in the Tricare-Europe health care program and you can use the general practice that covers your area.

SCHOOLS/EDUCATION:

There are no Department of Defense Dependents' Schools (DoDDS) available at RAF Digby. There is an outstanding primary school (ages 5-11) on camp called Tedder County Primary School. Most of the local towns and villages also have schools free of charge. The schools are on par with stateside schools, and most children adapt very well. For high school age children we recommend to have them attend a DoD school at either RAF Lakenheath or RAF Alconbury, where the students are boarded at no cost to the service member. Local boarding schools are also an option, but the quality and cost vary considerably. Also available are private schools, but they tend to be expensive. British schools start in late August/early September and finish in June or July. A pre/post school "Kids Club" is available at RAF Digby to provide supervised activities before and after school to cover normal day shift hours.

For those pursuing upper-level education, several American branch Universities are available at the larger U.S. bases, including the University of Maryland and City Colleges of Chicago. These programs offer Associate, Bachelor, and Master degrees in a variety of areas. Self-pace and video courses are also available. There are also opportunities to attend some of the local British Universities. For more information contact the RAF Mildenhall Education Office.

BASE FACILITIES and SERVICES:

There are no American facilities located on RAF Digby. The nearest commissary and BX are at RAF Alconbury. On camp, there is a small convenience store called the SPAR. In agreement with the RAF, some support services are available for official needs.
Temporary loaner furniture from RAF Feltwell (near RAF Lakenheath) is available until your household goods arrive. Appliances from Feltwell such as refrigerators, washers, and dryers and two transformers are also available for the length of your tour. These appliances are both American (110 volts) and British (240 volts). There is no 110 volt power available, so any American equipment you bring will have to run off transformers.

RAF CROUGHTON

Information on RAF Croughton can be downloaded from the FAMNET GSU board.

RAF FAIRFORD:

Information on RAF Fairford can be downloaded from the FAMNET GSU board.

Geographically Separated or Satellite Locations

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<td></td>
<td>Europe (USAFE)</td>
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<td></td>
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<td>Stavanger, Norway</td>
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<td>7-8 hrs (ferry)</td>
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<td></td>
<td>Europe (USAFE)</td>
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Nearby Installations (Listed Separately in SITES)

See table below.

<table>
<thead>
<tr>
<th>State/Country</th>
<th>Site Name</th>
<th>Service</th>
<th>Distance</th>
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<tbody>
<tr>
<td>United Kingdom</td>
<td>RAF Lakenheath</td>
<td>USAF</td>
<td>5 miles</td>
</tr>
<tr>
<td>United Kingdom</td>
<td>RAF Molesworth</td>
<td>USAF</td>
<td>53 miles</td>
</tr>
</tbody>
</table>

Regulations

Driving

It is mandatory that you attend the 3rd Air Force Driving Briefing within 10 days from your arrival.

Motorcycle Requirements

If you are a motorcyclist or think you might be interested in motorcycling while stationed in Europe, there are a few things you should know first before making any riding plans or financial obligations. You must complete a Motorcycle Safety Foundation (MSF) approved safety course in order to get the required motorcycle endorsement on your 3AF driver's license before you can ride your motorcycle in Europe. Courses for beginner riders are held at RAF Molesworth. Courses for experienced riders are held at RAF Molesworth and RAF Lakenheath. The frequency and availability of student slots are limited. You are highly encouraged to attend one of these safety courses the MSF offers at your stateside
location prior to PCSing here to avoid any unnecessary delays in licensing. See your base safety office for details.

Vehicle Inspection (Ministry Of Transportation)

What is an MOT? The MOT is a bumper to bumper safety test. It is very involved and complex and is not an easy test to pass. The MOT test itself takes about 45 minutes and the cost is about 26 or its dollar equivalent at the going rate. The MOT applies to all vehicles more than 3 years old. The MOT certificate is good for 12 months and then must be retested. You must have an MOT test and have passed in order to drive on British roads.

What should the guidelines be when deciding whether or not to bring an older vehicle to the UK? The general rule is if you don't think your car will pass this test, it might be a good idea to consider the cost and length of time it would take to get the parts to repair it (generally from the States). A good rule of thumb is any car 10 years or older, unless a classic, would be best left in the States.

THE LIGHT REQUIREMENTS FOR THE MOT ARE VERY EXTENSIVE!
- All vehicles built after 1 April 1981 must have a fog light, mounted at the rear of the vehicle, centered to the right hand side of the vehicle. Also, the light control switch must light up when the fog light is on and must be seen from the drivers seat.
- Parking lights must be white, not amber.
- The headlights in the UK are angled differently than in the States because of driving on the other side of the road. It is suggested that the re-aiming of your lights be done when you arrive in the UK.
- All vehicles built after 1 April 1986 must have a side repeater. A side repeater is a separate turn signal in the fender that can be seen from the driver side door. In most cases this means drilling holes in the fender of approximately 3/4 inch. Wraparound lights may substitute for the side repeater in some models.
- All rear turn signals must flash amber, and must not adversely affect any other light (brake light, parking light). Very few American vehicles meet the standards for light requirements in the UK. The price for a light conversion costs from $185 - $250.

---

**Name:** Fishing & Boat Licenses  
**Address:** Cobham Road  
**City:** Ipswich  
**Phone:** 01473-727712  
**Comments:**  
A National Rivers Rod License is required to fish. This license may be purchased in the local area at a British Post Office.

To obtain a boating license, you will have to check in the area you are planning to use the boat. The cost for this license (permit) will depend on the length of the craft, engine size and the type of craft.

---

**Name:** Hunting License  
**Address:** near the Brandon Gate, Bldg 777  
**City:** RAF Lakenheath  
**Phone:** 011-44-1638-522368  
**DSN Phone:** 226-2368  
**Comments:**  
To obtain a hunting license to hunt in the UK please contact the Rod and Gun Club for further information.

******Please note******  
The United Kingdom has very strict gun laws. Certain types of shotguns have now become illegal in the United Kingdom and others require a firearms certificate which are much more difficult to obtain than a shotgun license. Automatic shotguns are now totally illegal, semi-automatic/pump action shotguns that can hold more than two cartridges in the magazine now require a firearms certificate. To obtain further information, please write HMCE, Kings Lynn, Norfolk PE30 2ET, or FAX 011-44-1553-767140.

******************************************************************************

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If your vehicle is over 3 years old you must obtain a Ministry of Transport (MOT) test from a local garage. A new requirement for vehicles less than three years old is the Single Vehicle Approval (SVA). The SVA is a one time requirement on concession vehicles imported into the United Kingdom less than three years old. The MOT and SVA are similar safety inspections. On passing one of these tests, a certificate will be issued by the testing station. You will need to bring this certificate along with U.K. insurance certification or a cover note, U.S. or foreign registration document and the pink C & E 941 to Pass & ID. If you are driving in from another European location, you will not have to have the C & E 941.

**Please note**

Once you have picked up your vehicle from the port, you have 72 hours to initiate the registration process. If your vehicle is under 3 years old, it must be safety inspected at the base Auto Hobby Shop. The inspection certificate and documents mentioned above must be taken to Pass & ID.

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### Commonly Referenced Numbers

<table>
<thead>
<tr>
<th>Name</th>
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<td>BXtra Mall</td>
<td>01638-542805</td>
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<tr>
<td>Billeting (Fax: 01638-543688</td>
<td>Res 01638-542655</td>
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<td>DSN 238-3688</td>
<td>Frt Desk 01638-546001 (24</td>
<td>lodgemhz@milden</td>
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<td></td>
<td>hrs)</td>
<td>hall.af.mil</td>
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<td>Command Post</td>
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<td>Emergency Room</td>
<td>01638-524226</td>
<td>226-4226</td>
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<td>INTRO Manager (Initial</td>
<td>01638-543406</td>
<td>238-3406</td>
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<td>Keesler Credit Union</td>
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<td>Fax: 01638-543520</td>
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## Major Unit Listing

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<td>21st Special Operations Squadron</td>
<td>Air Force Special Operations Command (AFSOC)</td>
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<td>Commander</td>
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<td>Air Force Special Operations Command (AFSOC)</td>
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<td>352nd Special Operations Group</td>
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<td>Air Intelligence Agency (AIA)</td>
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<td>627th Air Mobility Support Squadron</td>
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<td>67th Special Operations Squadron</td>
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<td>95th Reconnaissance Squadron</td>
<td>Air Combat Command (ACC)</td>
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<td>Headquarters</td>
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<td>01638-542800; 238-2800; Civ 01638-544506 DSN 238-4506</td>
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**Transportation**

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<th>Name:</th>
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<tr>
<td>Address:</td>
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<td>City:</td>
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<tr>
<td>Phone:</td>
<td>011-44-1638-542929</td>
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<tr>
<td>DSN Phone:</td>
<td>238-2929</td>
</tr>
</tbody>
</table>

**Comments:**

This is a free bus service for Active Duty and their family members. Please show copy of orders (or military ID for space available). Please note the following schedule:

- Depart AMC to Gatwick: 0530 & 0800
- Depart Gatwick to AMC: 0930 & 1200 North Terminal (Coach Road)
  - 1000 & 1230 South Terminal (Zone D)
- Travel time from Gatwick Airport to RAF Mildenhall is approx. 2-1/2 hours.
- Depart AMC to Heathrow: 0530 & 0800
- Depart Heathrow to AMC: 0930 & 1200 North Terminal 3 (Coach Area - Bays 9-14)
- Travel time from Heathrow Airport to RAF Mildenhall is approx. two hours.

**************Please note**************

There is no shuttle bus service provided from Stansted Airport to RAFM.

**********Commissary and Exchange Operations**********

These record listings discuss commissary and exchange facilities at RAF Mildenhall and RAF Lakenheath.
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>DSN Phone</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAFES Bookmark</td>
<td>Bldg 180</td>
<td>RAF Mildenhall</td>
<td>011-44-1638-542599</td>
<td></td>
<td>Sells books, magazines, children's videos, newspapers and language/audio cassettes.</td>
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<tr>
<td>AAFES Car Care</td>
<td>Bldg 511</td>
<td>RAF Mildenhall</td>
<td>011-44-1638-713032</td>
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<td>Parts store.</td>
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<td>AAFES Concessions</td>
<td>Bldg 163</td>
<td>RAF Mildenhall</td>
<td>See below</td>
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<tr>
<td>AAFES Exchange</td>
<td>Bldg 998 at RAF Lakenheath</td>
<td>RAF Lakenheath</td>
<td>011-44-1638-522996</td>
<td>226-2996</td>
<td>The BX is the largest in the UK providing a wide variety of consumer items, ranging from clothing, electronics, and household goods to stationery, appliances, and health items.</td>
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<td>Alterations</td>
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<td>BXtra</td>
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<td>011-44-1638-581200</td>
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<td>This facility sells hardware, sporting goods, garden items, outdoor furniture, toys and games.</td>
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<td>Barber Shop</td>
<td>Bldg 163</td>
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<td>Beauty Shop</td>
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<td>Commissary (Main Branch)</td>
<td>Bldg 1081 at RAF Lakenheath</td>
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<td>011-44-1638-522247</td>
<td>226-2247</td>
<td>The RAF Lakenheath Commissary serves both RAF Mildenhall and RAF Lakenheath communities. The store is large, modern and equipped with 12 cash registers to facilitate a quick check out.</td>
</tr>
</tbody>
</table>
**Local Community**

### Local Community Overview

For more information on this subject:
http://gazetteer.interdart.co.uk/east/tourism/besta/

**LOCAL COMMUNITY**

The United Kingdom (of Great Britain and Northern Ireland) is made up of a group of islands lying off the northwest coast of mainland Europe. The largest islands in the group are Great Britain (which consists of England, Scotland and Wales) and Ireland (which consists of Northern Ireland, or Ulster and the Republic of Ireland or Eire). The Republic of Ireland, although geographically part of the British Isles, is not part of Great Britain or the United Kingdom, but has, since 1922, been an independent nation.

ENGLAND is about the size of Utah, with a population of about 58 million. It is the largest of the countries forming the United Kingdom. London, the capital, is one of the largest cities in the world. The widely differing scenery of England includes lakelands, woodlands, moors, agricultural lands and large industrial towns, mainly in the North and Midlands.

EAST ANGLIA is the name given to the four counties of Norfolk, Suffolk, Essex and Cambridgeshire which together form the most easterly portion of central England.

RAF Mildenhall lies in the northwest corner of Suffolk.

**LIVING IN A BRITISH COMMUNITY**

If you decide to live on the economy you will quickly come across our famous, or perhaps notorious, British reserve. In practice, this is a reluctance to invade another's privacy, or to have our own privacy invaded. It has come about as a result of living in more crowded conditions than you have been used to in the States.

**HOME DELIVERIES**

Home deliveries are common in English villages. The milkman calls early in the morning seven days a week, and, in addition to milk, will often carry eggs, yoghurt, bread, juice and soda. The local fish and chip van may well call once a week to sell one of our most popular national dishes, freshly cooked.
SHOPPING

Most stores are open Monday through Saturday from 9am until 5:30pm. Many family-run shops in small towns and villages close for lunch so that the whole family can eat together. The British lunch hour is typically from 1pm until 2pm and, in addition, every village has an early closing day once a week with shops closing for the day at 1pm. Ask your neighbors which day.

Smaller shops don't always supply bags, so get into the habit of carrying a few plastic shopping carriers around with you; it will save you the embarrassment of having to stagger home juggling an armful of individual purchases.

British post offices traditionally provide a larger variety of services for the public than their American counterparts, (though they close for lunch, when the majority of working folks might be expected to need their services)! In addition to handling mail and selling stamps they provide some or all of the following: 1. A variety of banking services 2. Bill payment facilities and budget plans; for example, you can buy a couple of 1 pound stamps toward the cost of your TV license or phone bill every time you use the Post Office, then when the bill comes in you're financially prepared. 3. TV licenses 4. Road Tax discs. 5. Driver's license application forms.

COMMUNITY RELATIONS ADVISOR

Your CRA, a Brit, can be found in Wing HQ, and will be happy to help you with any queries you have concerning life in Britain.

Time Zone Chart

See chart below.

<table>
<thead>
<tr>
<th>Location</th>
<th>Adjustment for GMT</th>
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<tbody>
<tr>
<td>Pacific</td>
<td>-8</td>
</tr>
<tr>
<td>Mountain</td>
<td>-7</td>
</tr>
<tr>
<td>Central</td>
<td>-6</td>
</tr>
<tr>
<td>Eastern</td>
<td>-5</td>
</tr>
<tr>
<td>Greenwich (United Kingdom)</td>
<td>0</td>
</tr>
<tr>
<td>Central European (Germany)</td>
<td>1</td>
</tr>
<tr>
<td>East Asia (Japan)</td>
<td>9</td>
</tr>
</tbody>
</table>

Climate

For more information on this subject:
UK Weather Website

British weather is temperate. The average daytime temperatures are 35 degrees during the winter and 65 to 80 degrees fahrenheit during the summer. Sweaters and jackets are generally the dress of the day.

Mildenhall experiences a wide variety of weather conditions. We record an average of 18 thunderstorms each year. The majority of these occur in the spring and summer months, but may occur at anytime of the year. We get some snow, averaging seven inches annually. In the winter months, it gets quite windy with speeds up to 65 knots. Black ice is also a winter hazard.

In the last 50 years, Mildenhall has never recorded a temperature lower than 5 degrees fahrenheit. We do, however, experience an average of 48 days a year when the temperature dips below freezing. The average high temperature in the summer months is 70 degrees fahrenheit with occasional high temperatures in the 80's. (For the past few years, in the summer, we have had a heat wave with temperatures reaching and staying in the 90s, compounded by a drought (no rain) and the lack of air conditioning in most facilities. There is a chance of similar weather in the future).

Please note that in the winter months sunrise may not be until 0830 and sunset can be as early as 1530. On the other hand, the spring and summer daylight hours can be as early as 0400, with sunset near 2200.
Events Calendar

For current information on choices in London, check out "What's On In London", available at most newstands. Other resources are: Tourist Information Bureaus (annotated by a white sign with a blue “i”), more information is available through the Family Support Center-Relocation Assistance Program. Local libraries have automated databases with loads of information on activities and events. Don't forget to check out the Information Tickets & Tours on RAF Mildenhall and Lakenheath.

Below are listed some examples of monthly events held throughout Great Britain.

Please note, some phone numbers provided are only "working" numbers during the planning and completion of the events. Each major city has an Information Center with free information about the surrounding area events.

<table>
<thead>
<tr>
<th>Name:</th>
<th>Shakespeare Theatre Season</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>Royal Shakespeare Theatre, Swan Theatre and The Other Place,</td>
</tr>
<tr>
<td><strong>City:</strong></td>
<td>Stratford-upon-Avon, Warwickshire</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>(01789) 295623</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Date(s): Beginning in January. Shakespeare productions at the Royal Shakespeare Theatre and a selection of plays at the Swan and at Stratford-upon-Avon.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>Crufts Dog Show</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>National Exhibition centre</td>
</tr>
<tr>
<td><strong>City:</strong></td>
<td>Birmingham, West, Midlands</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>0171-493-6651</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Date(s): March. Championship Dog Show - over 100 breeds compete</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>Jorvik Viking Festival</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>City:</strong></td>
<td>York, North Yorkshire</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>(01904) 643211</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Date(s): February. A colorful festival with a Viking theme.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>Chelsea Flower Show</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>Royal Hospital, Royal Hospital Road</td>
</tr>
<tr>
<td><strong>City:</strong></td>
<td>Chelsea, London SW3</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>0171-834-4333</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong></td>
<td>75 miles</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Date(s): May. Britain's major flower show with specially designed gardens and spectacular flower displays.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>Air Fete</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>RAF Mildenhall Airfield</td>
</tr>
<tr>
<td><strong>City:</strong></td>
<td>RAF Mildenhall, Bury St. Edmunds, Suffolk</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>01638-543341</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Date(s): May. One of the largest air displays in the world which is organized by the military, and the best attended in Britain.</td>
</tr>
</tbody>
</table>
### Cultural Attractions

Below are listed some examples of cultural attractions in Suffolk County. There are over 40 museums, 500 medieval churches, numerous castles, gardens, historic houses and mills in this county.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bury St Edmunds, Theatre Royal</td>
<td>Bury St Edmunds</td>
<td>London SW5</td>
<td>01284-769505</td>
</tr>
<tr>
<td>Anglesey Abbey</td>
<td>Lode, Cambridgeshire</td>
<td></td>
<td>01223-811200</td>
</tr>
<tr>
<td>Duxford Airfield</td>
<td>Duxford, Cambridgeshire</td>
<td></td>
<td>01223-835000</td>
</tr>
</tbody>
</table>

### Recreation Opportunities

You find beaches and lakes a short distance from the base. Most beaches are on the east coast.

<table>
<thead>
<tr>
<th>Name</th>
<th>City</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brandon Country Park</td>
<td>Brandon</td>
<td>01842 810185</td>
</tr>
</tbody>
</table>

---

### Trooping the Colour-The Queen's Official Birthday Parade

Date(s): June. Colorful ceremony with music and pageantry during which Her Majesty The Queen takes the salute.

### Royal Tournament

Address: Earls Court Exhibition Centre, Warwick Road

City: London SW5

Phone: 0171-244-0244

Proximity to site: 75 miles

Comments:

Date(s): July. Military display of skill and pageantry by the armed forces in aid of service charities.

### International Air Tattoo

Address: Royal Air Force Fairford

City: near Cirencester, Gloucestershire

Phone: 01285-713300

Proximity to site: 140 miles

Comments:

Date(s): July. Held biannually, this is the world's largest military air display and includes flying demonstrations, military bands and exhibitions.

### Edinburgh Military Tattoo

Address: Edinburgh Castle

City: Edinburgh, Lothian

Phone: 031-225 1188

Comments:

Date(s): August. Display of military color and pageantry held at night on the floodlit ramparts of Edinburgh Castle.

### Braemar Royal Highland Gathering

Address: Princess Royal and Duke of Fife Memorial Park

City: Braemar, Grampian

Phone: 01339-755377

Comments:

Date(s): September. Kilted clansmen from all over Scotland tossing cabers, dancing and playing bagpipes; attended by members of the Royal Family.
### Outdoor Recreation

**Name:** Outdoor Recreation  
**Address:** Bldg 404 (Portacabin), next to the Community Center  
**City:** RAF Mildenhall  
**Phone:** DSN: 238-4283  Civ 01638-544283  
**Proximity to site:** On base - Bldg PB09 (Next to CC)  
**Comments:**  
Hours: 0900-1700  
Offers deep sea and fresh water fishing trips, ice skating, skiing trips to Scotland and Europe, pony trekking, war games, spelunking, camping, rafting, sailing and sail boarding. Outdoor Recreation Supply also has the camping equipment to fit out your trip.

### Playworld

**Name:** Playworld  
**Phone:** Civ 01449-674980  
**Comments:**  
This centre is ideal for children under ten during inclement weather. An area with big soft play equipment caters for under-twos. There's a room full of inflatables for their older siblings, plus an adventure trail, which boasts a jungle hut with twin towers, scramble nets, two slides, a tumble tower, and a ticket-rope bridge. A mini-circuit with motorized bikes and cars provides thrills for the adventurous, and an aerial slide gives an exhilarating ride down a 45-foot track.

### Riding Schools

**Name:** Riding Schools  
**Comments:**  
They're everywhere. The base is only a few miles from Newmarket, racing center of the UK. In addition to the usual services offered, riding stables also organize holiday activities for children. Taking a packed lunch with them, the children stay all day, riding twice during that time, and learning about stable work and animal care, playing games, swimming, going on field trips, and generally having a good time.

### Breckland Home Start

**Name:** Breckland Home Start  
**Address:** Tanner St.  
**City:** Thetford  
**Phone:** 01842-765206  
**Comments:**  
Hours: Tues-Fri 9-1 pm  
A volunteer organization. Understanding parents volunteer to give friendly, flexible support where needed. They will talk over your problems, help with shopping or play with the children.

### British-American Community Relations Committee

**Name:** British-American Community Relations Committee  
**Address:** Bldg 562  
**City:** RAF Mildenhall  
**Phone:** 011-44-1638-542254  
**DSN Phone:** 238-2254  
**Proximity to site:** On base - Bldg 562

### Citizens Advice Bureau

**Name:** Citizens Advice Bureau  
**Address:** See below:  
**Comments:**  
Mildenhall: 01638-712094, Location: The Pavilion-Recreation Way  
Brandon: 01842-811511 Location: Old School House, Market Hill  
Newmarket: 01638-661694 Location: Foley Gate, Wellington St.  
Thetford: 01842-752777 Location: 15 Earls Street  
Usual Hours: Mon, Tues, Thurs 0930-1330. Can assist with consumer questions, divorce, education, tenant rights, financial problems, benefits regarding unemployment, pensions and disabilities, housing benefits and rate rebates, problems with landlords etc. Their services are free.

### Shopping

Mail order catalogs are used by a number of people to order from the U.S. The Family Support Center has a good selection you can browse through.
Shopping malls, though some distance from RAF Mildenhall, are located in Peterborough, Essex, Norwich, Ipswich and Cambridge.

Market Days
Mildenhall - Friday;
Brandon - Thursday and Saturday;
Bury St Edmunds - Wednesday and Saturday;
Cambridge - every day except Sunday;
Newmarket - Tuesday and Saturday.

Location: Nearby Villages
Hours: 0900-1700

Major Stores: Similar to flea market

You can usually find fruits and vegetables, clothing, household goods, second-hand goods etc. at markets. Most villages have shopping areas and market days. Market days are:

Name: Grafton Centre
Address: 46 Grafton Centre
City: Cambridge
Phone: (01223) 316201
Proximity to site: 26 miles northeast from RAF Mildenhall.
Comments: Hours: 0900-1730

The Grafton Centre is a shopping mall located 10 minutes from the center of Cambridge.

Major Stores: Debenhams, Mothercare, C & A and more.

A large Warner Bros. theatre is located in this mall and offers a discount to military members.

On many evenings some stores such as Debenhams remain open until 1930.

Name: Cornhill Walk Shopping Centre
Address: Brentogovel St.
City: Bury St Edmunds
Phone: (01284) 767577
Proximity to site: 13 Miles
Comments: Hours: 0900-1730

Major Stores: Richards, Evans, Index Catalog

This centre has several stores that cater to women's fashions. Richards, Evans, & Principle are examples of such stores (Evans specializes in plus sizes). You can also find several children's stores. In addition to this centre you can also find several shops and eating places in Bury. (To include a McDonalds, Burger King and Pizza Hut.)

Name: Lakeside Mall
Address: West Thurrock Way
City: Thurrock
Phone: 01708-869933
Proximity to site: approx 70 miles away
Comments:

Approx one and one-half hours away from RAF Mildenhall this mall is near London.

A large mall with three levels - One can find a Gap Store, Foot Locker, numerous clothing stores, record shops and a food court.

State and Community Social Service Agencies

ECONOMIC REALITIES - Life overseas can prove to be a financial hardship for some, due to limited employment and transportation, increased costs and being so far from home. It is important to plan, save and be aware that many resources you have come to expect in the U.S. are NOT available overseas. They include unemployment compensation, and ....

*****************************************************************

FOOD STAMPS AND WIC PROGRAMS-Food Stamps and the WIC program are NOT available.
*****************************************************************
These are only a few of the agencies in the community that provide services to military families. The Information & Referral (I&R) program at the FSC maintains a database (FAMINFO) listing community agencies and programs. Call ext 3406 for more information.

| Name: Mildenhall Social Services Dept. |
| Address: 45 St Andrew's St.                |
| City: Mildenhall 1P287-HB                  |
| Phone: 01284-763141                       |
| Comments:                                 |
| Hours: Mon-Fri 0900-1700; Fridays 0900-1600 |
| Comprehensive family-based caring services for children, elderly, physically handicapped and mentally ill. This agency also has information on foster care, adoption, teen pregnancy, counseling services, workshops, meals-on-wheels, and child abuse prevention. |

| Name: British Social Services- Headquarters |
| Phone: 01638 663438                         |
| Comments:                                   |
| Hours: Mon-Thurs. 0845-1720, Fri 0845-1620   |
| Non-Profit Social Service Agencies         |
| This listing represents a sampling of the numerous agencies in the area. For assistance with locating additional services or targeting a specific organization, contact the Information and Referral Program Manager at the Family Support Center at ext 3406. |

| Name: Suffolk Childcare Information Line   |
| Address: The Roundabout Community Trust, Waveney Chambers, Waveney Road |
| City: Lowestoft, Norfolk NR32 -IBF         |
| Phone: 01502-512058                        |
| Comments:                                  |
| Provides free information for parents on childminders, nannies, creches, playgroups, playschemes, playdays, after school clubs, toy libraries, mums & tots groups, nursery schools, childcare services, parent support groups, throughout Suffolk county, the county in which RAF Mildenhall is situated. |

**Religious Activities**
For on-base religious activities see "Support Services - Chapel Services"

For additional off-base choices look in the Yellow Pages for your area, under "Places of Worship" and "Religious Organizations".

**Community Transportation**
See "Transportation" under "Installation" for info on airport shuttles.

| Name: British Rail                        |
| Address: see below                        |
| Phone: 0345-484950 (billed as local call in UK) |
| Comments:                                 |
| Location: Local stations in Bury St Edmunds, Cambridge, Ely and Thetford. |

| Name: Bus Stations                        |
| Address: see below                        |
| Phone: 01284-766171                       |
| Comments:                                 |
| There is local bus service to Mildenhall Village, Brandon, Cambridge, Bury St Edmunds, London and Norwich. RAF Mildenhall Community Activity Center (Recreation Center) has schedules. |

**Education**

**Education Overview**
For more information on this subject: http://members.aol.com/Lifegrp

The RAF Mildenhall - RAF Lakenheath - RAF Feltwell joint community offers a myriad of educational services and opportunities for both active duty and civilian sponsors, as well as their family members of all ages. Child Development Centers (CDC), arts and crafts classes, adult education and quality elementary and secondary schools are all available.

**ELEMENTARY AND SECONDARY EDUCATION:** All command-sponsored minor family members are eligible to attend one of five Department of Defense Dependents Schools located on RAF Lakenheath or RAF Feltwell.
The point of contact for general questions and assistance with DoDDS educational activities is the 48th Support Group Liaison Schools Officer, telephone DSN 226-5078 (civilian 01638-525078) or fax DSN 226-3895 (civilian 01638-523895). The LSO serves as liaison between community members and all DoDDS schools, as well as the local British schools. This office can provide information and assistance for placement, special needs, DoD Student Meals (free or reduced-price lunches), and administers the discipline program for the locally contracted school bus program.

A bus service is provided to transport off-base children to and from school daily. Before procuring off-base housing, phone the school bus transportation office to see if your town is on a route.

The Community Relations Advisor, telephone DSN 238-2254 (civilian 01638-542254), can also help answer any questions you may have about enrolling your child in a local British school.

HOME SCHOOLING: Home Schooling is another option for some families, but US forces and civilian component personnel must comply with the UK laws, including approval from the local County Council where you live. However, participation in home schooling is a completely personal, non-reimbursable expense. Contact your home state education department about approved home-schooling programs prior to arrival in the UK. A website and an e-mail address for a local support group is available from the FSC Relocation Team at Mildenhall.

See also the major section "Local Community" related subject "Non-Profit Social Service Agencies" record listing sections, for information on free nursery schooling for 4 year olds and other services.
Public and DODDS Schools

Schools for minor family members of military and civilian personnel stationed in the United Kingdom are operated by the Department of Defense Dependents Schools, under guidance of the Director Office of Dependents Education, located in Arlington, VA. Our joint community schools are part of the new European Area with its logistics support headquarter in Weisbaden, Germany, under the leadership of the Area Superintendent. The Lakenheath complex schools are part of the United Kingdom District. The District office telephone number is DSN 226-7251, civilian 01638-527251.

All of our DoDDS schools are accredited through the North Central Association of Schools and Universities (NCA) and also offer a wide range of extracurricular and sports activities. Feltwell Bus Office: DSN 226-7332 CIV 01638-527331

Lakenheath Bus Office: DSN 226-2304 CIV 01638-522304

Web sites for most of these schools are available from the Mildenhall FSC Relocation Team.

Name: BRITISH SCHOOLS - Suffolk County Council (for State Schools off base)
Address: Shire Hall
City: Bury St Edmunds IP33 1RX
Phone: 011-44-1284-763141
Proximity to site: Averaging 1-25 miles away.
Tuition: Free (space available)
Comments: Many American parents see a few years spent in a British school as an excellent experience for their children. Places can usually be found at local schools, though not always at the school nearest to home, as this part of the country has a steady influx of young British families and has shown a consistent pattern of growth for the last fifteen years.

If your assignment in Britain is likely to last less than a year after your child's admission, the school will usually deny your request. Neither will they take children living on base, who are expected to use DOD schools.

Everyone based at RAF Mildenhall will live in either Suffolk, Norfolk, or Cambridgeshire county. Although the education system is government run, each county has a certain amount of leeway in applying the rules.

Children in the UK start full time, regular free state schooling in the term in which they become five years old. In Cambridgeshire, however, they can start full time regular schooling after their fourth birthday.

We estimate that around 1,200 children are currently being educated in local schools, drawn from both RAFs Mildenhall and Lakenheath. They tend to be in Primary (Elementary) schools, though some attend in Middle Schools between the ages of 9 and 13. Only a few go on to High School, as most American parents understandably prefer their teenagers to attend the DOD High School, where they'll be prepared for the US college system, which is very different from ours.

There's no point in looking for a school until you have a house on the economy. Your landlord, estate agent (realtor), or next door neighbour will be able to tell you where the nearest schools are. Otherwise call the Family Support Centre on x3406 or the Community Relations Adviser on x2254, who will give you the number to call.

Call the school and speak to either the head teacher or the school secretary, who will make an
appointment for you to visit the school with your child. Schools have no specific registration day. Each child is registered when necessary.

| Name: DoDDS-Feltwell Elementary School | Address: DoDDS/CCSE/F, Unit 5185 Box 315 |
| City: 09461 | Phone: 011-44-1638-527003 |
| Phone: 011-44-1638-527003 | DSN Phone: 226-7003 |
| DSN FAX: 226-7003 | WWW Link: http://www.uk-dso.odedodea.edu/feltwell/index.htm |
| Proximity to site: approx. 13 miles away (located on RAF Feltwell) | Plate no specific registration day. Each child is registered when necessary. |
| Tuition: Cmnd spons’d=free; all others approx. $10,000/year space available | Comments: Kindergarten through Fifth grades; Serving approximately 480 students, this school has its own library, art room, computer lab, cafeteria and multipurpose activity room. |

| Name: DoDDS-Lakenheath American Elementary School | Address: CCSE/L, Unit 5158 Box 40 |
| City: APO 09459 | Phone: 011-44-1638-523721 |
| Phone: 011-44-1638-523721 | DSN Phone: 226-3721 |
| Proximity to site: approx. 5 miles away (in Lakenheath Housing Area) | Tuition: Cmnd Spon’d=free; all others = approx. $10,000/yr (space available) |

The following information is needed to register pupils in school at any time:

1. A birth certificate or other certification of birth date is required for new enrollees in kindergarten or first grade.

2. Parents enrolling students during the school year are requested to bring school reports or report cards from the last school attended at the time of registration.

3. Immunization Certificate (see more below).


5. Home and office phone numbers. (Billeting number can be used for home until you have a permanent home number.)

6. Emergency contact person other than spouse.

7. Stateside address.

Newly enrolled children after the beginning of the year will start school the day following registration if they enroll before noon. If children enroll after noon, they will start two days following registration. Parents should request to see a counselor at the time of registration if their children have any special learning needs. According to DoDDS Student Registration Regulation, all students’ social security numbers are mandatory at time of registration.

Immunization Policy - A child will not be allowed
to start school unless immunized against the following diseases:

Diphtheria, Pertussis, Tetanus, Polio, Measles, Rubella and Mumps.

(Children must have had 5 DPTs, 2MRRs and at least 4 Polio vaccinations. The last vaccination of each of these has to have been given after the age of 4.)

Exceptions to the policy will be made only in cases related to medical problems and religious objection. Since all 50 states already have these immunization requirements, there will be standardization between DoD and US school requirements. Certificates to show that all immunization requirements have been met will be issued by the Immunization Clinic at the RAF Lakenheath Hospital. These certificates will be required as part of school registration. Parents may obtain certificates for their children by taking their shot records to the Immunization Clinic. It is suggested that you call the clinic to verify if open or not at DSN 226-8148 or Civ 01638-528148.

The Kindergarten program is a half-day program: Kindergarten (bus) pupils, living off base, go to the morning session. Kindergarten (walking) pupils, living on base, go to the afternoon sessions.

This fully accredited elementary school has a standing enrollment of about 1,000 pupils. The school has about 75 teaching staff. The staff includes art, music, computer, and physical education teachers, as well as two host nation teachers who introduce British culture and customs. This school also has a Preschool Handicapped Program and a Sure Start Program. All special education needs can be accommodated for the learning impaired or moderately to severely impaired child. For information on these programs call DSN 238-3721 or 01638-523721.

Name: DoDDS-Lakenheath High School
Address: DoDDS/CCSH, Unit 5185 Box 45
City: 09464--8545
Phone: 011-44-1638-523115
FAX: 011-44-1638-533073
DSN Phone: 226-3115
WWW Link: http://www.uk-dso.odedodea.edu/lakenheathhs/
Proximity to site: approx. 5 miles away (secured side of RAF Lakenheath)
Tuition: Cmd Spon’d=free; all others approx. +$10,000/yr (space available)
Comments: Welcome to Lakenheath High School, home of the Lancers, the largest high school in the District, and the fourth largest in Europe. This school has one of the best reputations for academic achievement, the performing arts, athletics, and friendliness of all the high schools worldwide. We are fortunate to be associated with such an excellent school staff and student body.

Located within the guarded area of RAF Lakenheath; Grades Ninth-Twelfth. The high school enrolls about 560 students. There are 55 faculty and staff members, including 2 Guidance Counselors and a Librarian. A junior Air Force ROTC unit operates also in the high school. Interscholastic sports include football, basketball, track and field, wrestling, female volleyball, female basketball, soccer, softball and tennis. Extra curricular activities include: Model United Nations, speech and drama, cheerleading etc. High school students must successfully complete a minimum of 22 units for graduation.

All DODDS schools at all levels, have a wide range of extracurricular and sports activities.
Name: DoDDS-Lakenheath Middle School  
Address: Unit 5185 Box 55  
City: 09461  
Phone: 011-44-1638-527006/7/8  
FAX: 011-44-1842-827945  
DSN Phone: 226-7007  
WWW Link: http://www.uk-dso.odedodea.edu/lakenheathms/  
Proximity to site: approx. 13 miles away (located on RAF Feltwell)  
Tuition: command sponsored=free; all others = $10296-$11532 (space available)  
Comments:  
Grades Sixth-Eighth operating under the middle school concept. There are approximately 780 students enrolled. This middle school is housed in several separate buildings, giving it the flavor of a small college campus. Students have a homebase with a teacher/advisor prior to the beginning of each school day, and rotate classes on a seven-period schedule.  
There are many extra-curricular activities in which students can become involved. They are:  
Computer Club, Cross Country, Computer Distance Learning Modules, Environment/Recycling Club, Homework Club, Host Nation Club, Instrumental Music Club, Vocal Music Club, Intramural Basketball, Intramural Pickleball, Intramural Volleyball, Intramural Flag Football, Intramural Indoor Hockey, Math Counts 7/8, Math Olympiads 6, Newspaper, Odyssey of the Mind, School Store, Science Club, Soccer, Student Council, Drama, Leadership Training, Number One Club, National Junior Honor Society. All of these activities take place after school. All students who participate in the activities may ride the activity bus which departs from the campus at approximately 1630.

Name: DoDDS-Liberty Intermediate School  
Address: DoDDS/CCSI, Unit 5185 Box 50  
City: 09464--8550  
Phone: 011-44-1638-522258  
FAX: 011-44-1638-533906  
DSN Phone: 226-2258  
WWW Link: http://www.uk-dso.odedodea.edu/liberty/  
Proximity to site: Approx. 5 miles away (secured side of RAF Lakenheath)  
Tuition: Cmd-spons'd=Free; all others approx. $10,000/year  
Comments:  
Located across the street from the base Fitness Center and the Lakenheath High School.  
This fully accredited intermediate school has a standing enrollment of about 300 pupils. The school has about 15 teaching staff. The staff includes art, music, computer, and physical education teachers, as well as access to a host nation teacher who introduces British culture and customs. All special education needs can be accommodated for the learning impaired or moderately to severely impaired child. For information on these programs call DSN 226-2258 or 01638-522258.  
All registration and immunization information is the same as Lakenheath Elementary School.

Private Schools  
If you are considering private schools see below or contact the Community Relations Advisor at ext 2254 for more information.  

Name: Gabbitas, Truman and Thring  
Address: 6-8 Piccadilly  
City: London WIX 2-BR  
Phone: 011-44-1717-340161  
Comments:  
Educational Consultant (Info & Referral). Provides information on all independent schools and colleges in the United Kingdom, teacher employment, and student guardians.

Name: Independent Schools Information Service  
Address: Church Farm House  
City: Saxlingham, Holt, Norfolk NR25 -7JY  
Phone: 011-44-1263-741333  
Comments:  
Provides a free information book on private schools for children from five to eighteen years of age.
**Colleges and Universities**

See below for information on individual colleges and universities.

**The Spouse Tuition Assistance Program (STAP) is only available overseas and is funded by the Air Force Aid Society. It is available to spouses of active duty Air Force members stationed at RAF Mildenhall taking classes at on-base schools. Spouses must apply each term. It pays half of the tuition up to $300. A committee meets each term to determine awards.**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>FAX</th>
<th>Proximity to site</th>
<th>Tuition</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anglia Polytechnic</td>
<td>East Road</td>
<td>Cambridge</td>
<td>011-44-1223-63271</td>
<td>011-44-1223-352973</td>
<td>approx. 25 miles away</td>
<td>contact POC for current prices</td>
<td>Offers a part-time Honors Degree course in Electronic Engineering. Mode of attendance is one day a week over four years. Applications from mature candidates with suitable experience are welcome, such applications will be considered on an individual basis. The course provides a realistic part-time pathway from Technician to Chartered Engineer. The course specializations are in Digital Electronics, Signal Processing and Software Engineering, but the early years contain a firm grounding in Analogue Electronics. The course structure is modular in nature. Completed modules may be carried as credits across to similar courses elsewhere. Modules may also be studied individually if desired.</td>
</tr>
<tr>
<td>City Colleges of Chicago</td>
<td>100 MSS/DPE, Unit 4925 Box 275</td>
<td>APO 09459</td>
<td>011-44-1638-543473</td>
<td>011-44-1638-544225</td>
<td>on base - Bldg. 231</td>
<td>$104 Semester Hour</td>
<td>Offers an Associates Degree in General Studies, Arts, or Arts with a Business Admin. concentration. Offers Certificates in Middle Management and Management Studies Recognition.</td>
</tr>
<tr>
<td>Embry-Riddle Aeronautical University</td>
<td>100 MSS/DPE, Unit 4925 Box 275</td>
<td>APO 09459</td>
<td>011-44-1638-542916</td>
<td>238-2916</td>
<td>On-base, Bldg. 231</td>
<td>Undergrad $130/semester hour, Grad $220/semester hour</td>
<td>Offers Certificates in Type65 AMT Certificate and Aviation Safety. Offers Associates of Science in Professional Aeronautics, Bachelors of Science in Professional Aeronautics, and a Masters of Aeronautical Science with specializations in Operations, Management, and Aeronautics.</td>
</tr>
</tbody>
</table>
**Name:** The Open University-East Anglian Region  
**Address:** Cintra House, 12 Hills Road  
**City:** Cambridge CB2 1-PF  
**Phone:** 011-44-1223-64721 or 61650  
**FAX:** 011-44-1223-355207  
**Proximity to site:** approx. 25 miles away  
**Tuition:** contact POC for current prices  
**Comments:** Courses are offered in the following programs:

1. **BA/BS Degree Program**

The Open University BA or BS degree is built from a series of courses studied over a number of years. Each course runs from February to October, and entry to the program is offered on a first-come, first-served basis. Contact this office for the current "BA and B.Sc Degrees Guide".

2. **Continuing Education Program**

Offers a range of courses in: Community Education & Leisure, Health & Social Welfare, School of Management (Open Business School), Manufacturing: Management & Technology and Computing for Commerce & Industry, and The School of Education.

3. **Higher Degree Program**

If you already have a degree, the University offers opportunities for taught masters courses in education, Mathematics, Business Administration, Computing for Commerce & Industry, Humanities, and Manufacturing, as well as research-based higher degrees in various faculties.

---

**Name:** University of Cambridge - Board of Continuing Education  
**Address:** Madingley Hall  
**City:** Madingley, Cambridge CB3 8-AQ  
**Phone:** 011-44-1954-210636  
**FAX:** 011-44-1954-210677  
**Proximity to site:** approx. 25 miles away  
**Tuition:** #112 - # 390 per class  
**Comments:** The University's department specializing in the education of adults and all courses are open to anyone over 18. With very few exceptions no prior qualifications are required - only a desire to explore a new subject or deepen existing knowledge in the company of others and under the guidance of an expert tutor. Credit can be accumulated towards a range of awards, including the Certificate of Continuing Education. Topics include Archaeology & the Ancient World; Art, Architecture & Decorative Arts; History & Local History; Language; Literature; Music; Natural Sciences; Philosophy, Psychology & Religion; and Society & Civilization.

---

**Name:** University of Maryland  
**Address:** 100 MSS/DPE, Unit 4925 Box 275  
**City:** APO 09459  
**Phone:** 011-44-1638-542109/4173  
**DSN Phone:** 238-2109/4173  
**Proximity to site:** On-base - Bldg. 231  
**Tuition:** Undergrad. $128 S.H., Vo-tech $110 S.H., Graduate - Bowie $202 S.H., UMCP $2  
**Comments:** Hours: M-F, 0800-1700

Undergrad programs: liberal arts programs leading to certificates, associates and bachelor's degrees in areas such as Business & Mgmt, Mgmt Studies, Computer Studies, English, History, Government & Politics, Psychology & Sociology. Also available are programs leading to letters of recognition, certificates, and associate degrees awarded by Montgomery College and Charles County Community College in vocational/technical fields such as Criminal Justice, Paralegal, and Childhood Development.

Graduate programs: Bowie State University - Master of Arts in Administrative Management/Public Administration and Master of Science in Management Information Systems. UMCP - Master of Arts in Counseling and Personnel Services.
<table>
<thead>
<tr>
<th>Name: University of Oklahoma</th>
<th>Name: Wensum Lodge Centre for Adult &amp; Continuing Education</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 100 MSS/DPE, Unit 4925 Box 275</td>
<td><strong>Address:</strong> King Street</td>
</tr>
<tr>
<td><strong>City:</strong> APO 09459</td>
<td><strong>City:</strong> Norwich NR1 1-QW</td>
</tr>
<tr>
<td><strong>Phone:</strong> 011-44-1638-544172</td>
<td><strong>Phone:</strong> 011-44-1638-556021</td>
</tr>
<tr>
<td><strong>FAX:</strong> 011-44-1638-544172</td>
<td><strong>FAX:</strong> 011-44-1638-765633</td>
</tr>
<tr>
<td><strong>DSN Phone:</strong> 238-4172</td>
<td><strong>Proximity to site:</strong> approx. 45 miles away</td>
</tr>
<tr>
<td><strong>E-Mail:</strong> <a href="mailto:University.of.Oklahoma@mildenhall.af.mil">University.of.Oklahoma@mildenhall.af.mil</a></td>
<td><strong>Tuition:</strong> # 9.50 - # 121.95/course</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> On base - Bldg 231</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>Tuition:</strong> Graduate courses/$215 S.H.</td>
<td>Offers graduate programs in Master Of Business Administration, Master of Education with Emphasis on Teacher Education, Master of Human Relations and interdisciplinary master of Arts with Emphasis in International Relations.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name: Haverhill Adult Centre</th>
<th>Name: Mildenhall and Brandon Adult Education</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> Camps Road</td>
<td><strong>Address:</strong> Mildenhall Upper School, Bury Road,</td>
</tr>
<tr>
<td><strong>City:</strong> Haverhill CB 9 -8HB</td>
<td><strong>City:</strong> Mildenhall, Bury St. Edmunds, Suffolk</td>
</tr>
<tr>
<td><strong>Phone:</strong> 01440-712177</td>
<td><strong>Phone:</strong> 011-44-1638-715001</td>
</tr>
<tr>
<td><strong>FAX:</strong> 01440-712177</td>
<td><strong>Proximity to site:</strong> approx. 3 miles</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 3 miles</td>
<td><strong>Tuition:</strong> # 11 - # 99 per course</td>
</tr>
<tr>
<td><strong>Tuition:</strong> # 9 - # 99 per course</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Hours: 1200-1430. Offers courses in art and photography, cookery, crafts, keyboard, office skills, dance, language, yoga etc. Saturday workshops are available.</td>
</tr>
<tr>
<td>Offers day, evening and weekend courses in fitness, arts, crafts, dance and yoga.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name: Newmarket Adult Centre</th>
<th>Name: DODDS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> Foley House, Wellington Street</td>
<td><strong>Address:</strong> DODDS</td>
</tr>
<tr>
<td><strong>City:</strong> Newmarket CB8 0-HY</td>
<td><strong>City:</strong> RAF Lakenheath</td>
</tr>
<tr>
<td><strong>Phone:</strong> 011-44-1638-660703</td>
<td><strong>Phone:</strong> 011-44-1638-622925</td>
</tr>
<tr>
<td><strong>FAX:</strong> 011-44-1638-660703</td>
<td><strong>DSN Phone:</strong> 226-2925</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 10 miles away</td>
<td><strong>Proximity to site:</strong> approx. 5 miles away</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 5 miles away</td>
<td><strong>Tuition:</strong> free to Command Sponsored families</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 3 miles</td>
<td><strong>Tuition:</strong> free to Command Sponsored families</td>
</tr>
<tr>
<td><strong>Tuition:</strong> # 9 - L 99 per course</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Provides programs for any disabilities; emotionally impaired, communication impaired, health impaired, learning impaired. Medically related services (OT, PT, Psychologists, etc.) are provided through AFSEC.</td>
</tr>
</tbody>
</table>

**Adult or Continuing Education**
Community Education Classes are held in local schools, usually during the evenings, these are very low cost classes subsidized by the local council, and range from tap-dancing through dressmaking, golf, languages (French, German, Spanish, Russian, Dutch, Italian, Japanese, sign language, and English as a foreign language) plus upholstering, researching your family history, marine navigation, guitar, and so on. Fees start at around 3 pounds per class, and you generally sign on for a semester (term) at a time.

**Special Education**
See below.

<table>
<thead>
<tr>
<th>Name: DODDS</th>
<th><strong>Name:</strong> DODDS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>City:</strong> RAF Lakenheath</td>
<td><strong>City:</strong> RAF Lakenheath</td>
</tr>
<tr>
<td><strong>Phone:</strong> 011-44-1638-622925</td>
<td><strong>Phone:</strong> 011-44-1638-622925</td>
</tr>
<tr>
<td><strong>DSN Phone:</strong> 226-2925</td>
<td><strong>DSN Phone:</strong> 226-2925</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 5 miles away</td>
<td><strong>Proximity to site:</strong> approx. 5 miles away</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> approx. 5 miles away</td>
<td><strong>Tuition:</strong> free to Command Sponsored families</td>
</tr>
<tr>
<td><strong>Tuition:</strong> # 9 - L 99 per course</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Provides programs for any disabilities; emotionally impaired, communication impaired, health impaired, learning impaired. Medically related services (OT, PT, Psychologists, etc.) are provided through AFSEC.</td>
</tr>
</tbody>
</table>
Employment

Employment Overview
Good Prospects: Non-Appropriated Fund positions in Childcare & Food Service.

Fair Prospects: Clerical, administrative and technical positions.

Poor Prospects: Professional positions.

At present there are not many civil service jobs available. For information about civil service positions contact the Job Hotline Number for up to date job vacancies DSN 238-4138  CIV 01638-544138.

The above information applies to civil service jobs. There are jobs available on the English economy in many different areas. Spouses of active duty members and U.S. civil service (hired from the States) may work on the economy without a work permit. When they enter the country their passports will be stamped with a special stamp that shows they are here with a U.S. military or civil service member.

Federal Civilian Employment for Spouses
Military spouse preference provides priority in the employment selection process for military spouses who are relocating as a result of their military spouse's PCS.

When applying for US Civil Service (GS/WG) positions, a separate SF-171, Optional Form 612 or Resume is required for each position in which consideration for employment is desired. Applications are only accepted for "open" positions.

For information on government employment, see the Government Employment section of SITES.

Permanent Employment Resources
Other employment opportunities exist on base through local community banks, credit unions, and the concessionaires at RAF Lakenheath and RAF Mildenhall. The driving distance between RAF Lakenheath and RAF Mildenhall is approximately 10-15 minutes, depending on traffic conditions.

Name: Civilian Personnel Office
Address: 3 AF/DPC, Unit 4840 Box 35
City: APO 09459
Phone: 011-44-1638-543540
FAX: 011-44-1638-543077
DSN Phone: 238-3540
DSN FAX: 238-3077
Proximity to site: On base - Bldg 435
Comments: Hours: 0900-1300
Eligibility: American Citizens

Name: AAFES Employment
Address: Attn: People Resource, Unit 5280 Box 420
City: 09464-0420
Phone: 011-44-1638-532882
FAX: 011-44-1638-532843
Proximity to site: Approx. 5 miles away on RAF Lakenheath (Bldg. 975)
Comments: Hours: Mon-Fri 0730-1630
Applications accepted Mon-Thursday 0900-1500

Name: British Staff Office
Address: Bldg 447
City: RAF Mildenhall, Suffolk IP28 -8PN
Phone: 011-44-1638-542823
FAX: 238-2823
Proximity to site: On base - Bldg. 447
Comments: Eligibility: British Citizens
**Name:** Career Focus Program  
**Address:** 100 MSS/DPF, Unit 4925, Box 280  
**City:** APO 09459  
**Phone:** 011-44-1638-543406  
**FAX:** 011-44-1638-543514  
**DSN Phone:** 238-3406  
**DSN FAX:** 238-3514  
**Proximity to site:** On base - Bldg. 460  
**Comments:**  
Hours: 0730-1630  

An Employment resource program designed to assist military spouses and family members with obtaining and maintaining employment. The goals of this program are to assist each client with our most current resources available and to ensure the services offered are both professional and informative. Services provided include:

- Assistance with resumes/curriculum vitae (CV), the British style resume, job applications, on and off-base tax and National Insurance Numbers and UK employment guidance.

- Individual guidance with career decisions.

- Resource center with information on off and on-base jobs, careers, interviewing skills, resume/CV writing and federal employment.

- Access to SF-171 Program and MS Word 97 and professional results with a laser printer.

- Career development and assessment workshops.

- Information about educational opportunities.

- Classes are offered to assist with the following:  
  1. Looking for Employment Off-base
  2. Resume and CV Preparation
  3. Interviewing Skills
  4. Career Exploration
  5. Starting a Business in the UK (Small Business Development Seminar)
  6. On-Base Employment Opportunities
  7. How to be a Family Day Care Provider

The Family Support Center's Monthly Update outlines all classes offered with times and dates.

---

**Name:** Human Resources Office  
**Address:** 100 SVS/SVH, Unit 4905 Box 400  
**City:** 09459–5400  
**Phone:** 011-44-1638-543684  
**FAX:** 011-44-1638-545975  
**DSN Phone:** 238-3684  
**DSN FAX:** 238-3514  
**Proximity to site:** On base - Bldg. 450  
**Comments:**  
Offers a wide variety of Non-Appropriated Fund (NAF) positions from childcare providers to professional, both permanent and temporary.

---

**Temporary Employment Resources**  
See also, Related Subjects: "Federal Civilian Employment..", "Permanent Employment Resources" and "Private Sector Employment"

There are numerous agencies nearby. Please consult the yellow pages for your area, under "Employment Agencies". By law in the UK these agencies may not charge you to utilize their services. Several categories of temporary employment include secretarial, word processor or VDU operators, telephonist & general clerical assistants, warehouse, industrial-catering & cleaning staff and secretarial & computer training.

**Non-Paid or Volunteer Opportunities**  
See below.

---

**Name:** Family Services  
**Address:** 100 MSS/DPF, Unit 4925 Box 280  
**City:** APO 09459  
**Phone:** 011-44-1638-542032  
**FAX:** 011-44-1638-543514  
**DSN Phone:** 238-2032  
**DSN FAX:** 238-3514  
**Proximity to site:** On base - Bldg. 460  
**Comments:**  
Family Service volunteers with children ages 2-6 years, are offered childcare through a local Montessori School. What a Great Opportunity for the children to grow and learn! (Childcare is available for younger children through the use of certified Home Childcare Providers.)

You do not need experience and there is NO maximum age limit.
Name: Volunteer Resource Program  
Address: 100 MSS/DPF, Unit 4925 Box 280  
City: APO 09459  
Phone: 011-44-1638-543406  
FAX: 011-44-1638-543514  
DSN Phone: 238-3406  
DSN FAX: 238-3514  
Proximity to site: On base - Bldg. 460 (behind the Billeting Office)  
Comments:  
Hours: 0730-1630  
A detailed Volunteer Information Handbook is available at the Family Support Center reception desk. It includes all the on-base volunteer agencies and their volunteer position descriptions, as well as, "everything you wanted to know" about our volunteer program.  
FREE Childcare (up to 20 hours a week, maximum $2.50 per hour per child) is provided by Air Force Aid through use of certified Family Daycare Providers.

Chambers of Commerce  
The nearest Chambers are listed below.

Name: Forest Heath District Council  
Address: College Heath Road  
City: Mildenhall IP28 7EY  
Phone: 011-44-1638-719000  
Proximity to site: approx. 4 miles

Name: Ipswich and Suffolk Chamber of Commerce  
Address: Russell Road  
City: Ipswich IP1 2-DE  
Phone: 011-44-1473-210611  
Proximity to site: approx 45 miles

Private Sector Employment  
A self-directed job search utilizing the local want ads, networking and contacting local recruitment/employment agencies is the most popular approach individuals take when seeking employment. Finding employment is a foreign country, however, can be a little more challenging. There are many cultural and professional differences in applying for a position on the economy but the economy of the counties surrounding the base is very good and two out of three employers are looking for employees.

To assist you with your job search for employment you may want to set up an appointment with the Career Focus Advisor at the Family Support Center or attend the "Job Search Culture Shock" course offered at the Family Support Center. You may also contact one of the local British Job Centres or employment agencies. Job Centres can help explore many job options on the economy. They post a wide range of job vacancies daily. There are no fees associated with Job Centres or employment agencies to the job seeker. Each major community has a Job Centre. Local employment agencies can be found in the telephone book under "Employment Agencies". The following Job Centres are the nearest to the Mildenhall community:

- Bury St. Edmunds, 3 Cornhill, Bury St. Edmunds 01284-353000  
- Mildenhall, 8 Courtyard, Mildenhall 01638-716922  
- Newmarket, Wellington St., Newmarket 01638-665911  
- Thetford, Townsend House, Guildhall St., Thetford 01842-755536

Name: Department of Health and Social Security (DHSS)  
Address: St. Andrew House, St. Andrews Street North  
City: Bury St. Edmunds, Suffolk  
Phone: 011-44-1284-775500  
FAX: 011-44-1284-775656  
Proximity to site: approx. 13 miles away  
Comments:  
If working on the economy is an option, a National Insurance Number is required. This number can be obtained through the local Department of Health and Social Security Office. This number is similar to a Social Security Number in the United States. By law you can look for a position and even start work without a National Insurance Number but within a few weeks of employment on the economy you must have this number.

To apply for the number, you must take your passport, a copy of your birth certificate, your marriage certificate, your military ID card and copy of your spouse's with you to the local DHSS office. Complete application form CF88 and the number will be issued approximately twelve weeks later. A temporary number can be requested in the interim.
Government Employment
**********FOR STATESIDE HIRE
CIVILIANS****** Information for civilian employees who are PCSing to Mildenhall.

The initial tour of duty in England is 36 months. A two year extension may be requested, but is not guaranteed.

Civilians who PCS and live on the local economy will be entitled to Living Quarters Allowance (LQA) designed to offset or reimburse the employee for some or all of the cost of lodging, including rent and utilities. Check with the Civilian personnel Office for the current LQA rates.

Civilians who PCS may request Separate Maintenance Allowance (SMA) if dependents are unable to accompany sponsor. See your Civilian Personnel Office for details of this allowance.

British custom authorities make bringing pets into the UK impractical as there is a mandatory six months quarantine. Although costs vary with size of pet, it usually amounts to approximately $2,000 for the kennel stay in addition to the cost of shipping the pet from CONUS to Great Britain.

Locality pay is not authorized in the overseas area.

One round trip for educational travel is authorized each year until the child is 23 years old.

Maximum shipment of household goods (18,000 lbs), foreign transfer allowance and shipment of POV are authorized. Temporary Subsistence Quarters (TQSA) is authorized for 90 days upon arriving on station.

The use of the USAFE Regional Hospital facilities at RAF Lakenheath is authorized. Fees for visits to the hospital are set by AFR 168-7 and outpatient charges are approximately $100 per visit for treatment, evaluation or consultation. Cost of in-patient visits can range from at least $450 to $950 per day depending upon care required. These costs are generally covered by most government health benefit plans. Retired military may utilize the USAFE Hospital based on their retiree privileges.

Civilians who PCS, as well as dependent drivers, must have a current stateside driver's license to be issued 3AF driver's licenses (and other privileges associated with driving, i.e., gas ration card).

Employees recruited from outside the local area and who are entitled to a PCS move will be contacted by letter giving specific entitlements information.

See also "Permanent Employment Resources" for NAF and AAFES positions.

Professional or Occupational Licensing
The information below represents a sampling of professional or occupational licensing agencies in the area. For additional resources, contact the Family Support Center at ext 3406.

For information on having a Home Business, contact the Career Focus Manager at the FSC or attend the "Small Business Development Seminar" at the FSC.

<table>
<thead>
<tr>
<th>Name:</th>
<th>Child Development Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>100 SVS/SVYC, Unit 4905 Box 235</td>
</tr>
<tr>
<td>City:</td>
<td>APO 09459</td>
</tr>
<tr>
<td>Phone:</td>
<td>011-44-1638-542042/2405</td>
</tr>
<tr>
<td>FAX:</td>
<td>011-44-1638-712186</td>
</tr>
<tr>
<td>DSN Phone:</td>
<td>238-2042/2405</td>
</tr>
<tr>
<td>Proximity to site:</td>
<td>On base - Bldg 288</td>
</tr>
<tr>
<td>Comments:</td>
<td>For more information on requirements for Child Development Specialist positions contact the above.</td>
</tr>
<tr>
<td>Name: DODDS</td>
<td>Name: Family Child Care</td>
</tr>
<tr>
<td>-------------</td>
<td>-------------------------</td>
</tr>
<tr>
<td><strong>Address:</strong> 4040 North Fairfax Drive</td>
<td><strong>Address:</strong> 100 SVS/SVYD, Unit 4905 Box 235</td>
</tr>
<tr>
<td><strong>City:</strong> Arlington, VA 22203--1534</td>
<td><strong>City:</strong> APO 09459</td>
</tr>
<tr>
<td><strong>Phone:</strong> not available</td>
<td><strong>Phone:</strong> 011-44-1638-544040</td>
</tr>
<tr>
<td><strong>Proximity to site:</strong> Schools are 5-13 miles away</td>
<td><strong>FAX:</strong> 011-44-1638-545975</td>
</tr>
<tr>
<td><strong>Comments:</strong> Individuals wishing to apply for employment with the DODDS system must turn in a DODDS application form to the particular school where they wish to work or to the DODDS employment office at RAF Feltwell.</td>
<td><strong>DSN Phone:</strong> 238-4040</td>
</tr>
<tr>
<td>The school will provide all the instructions for completing the application form, as well as, information on necessary attachments. Schools will only accept applications for vacant positions that are open and advertised.</td>
<td><strong>Proximity to site:</strong> On base - Bldg 438</td>
</tr>
<tr>
<td>The individual must give the school a copy of her/his application and mail a signed and dated copy to the above address.</td>
<td><strong>Comments:</strong> Family Child Care offers an opportunity for professional development and training while earning income at home. The program offers free training, an equipment and resource lending library and referrals. Quality Family Child Care providers are needed in all housing areas. Training can begin while waiting for base housing. Contact above for information on how to become a Family Child Care Provider.</td>
</tr>
<tr>
<td>The area DODDS schools are housed at RAF Lakenheath and RAF Feltwell, there are two elementary schools (K-5), one intermediate school (4-5), one middle school (6-8) and one senior high school (9-12). The address for each school can be located under the category &quot;Education&quot; or look for the Career Focus Program information in your sponsor packet or if you have not received one, you can check one out at your nearest Family Support Center, through the Relocation Assistance Program.</td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Address:</strong> Willow House, 45 St. Andrews St.</td>
</tr>
<tr>
<td></td>
<td><strong>City:</strong> Mildenhall</td>
</tr>
<tr>
<td></td>
<td><strong>Phone:</strong> 011-44-1638-717006</td>
</tr>
<tr>
<td></td>
<td><strong>Proximity to site:</strong> approx. 4 miles</td>
</tr>
<tr>
<td></td>
<td><strong>Comments:</strong> If you are interested in providing &quot;off-base&quot; childcare contact the above. They provide a monthly listing of nurseries and child minders to the community.</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Name:** Department of Education
- **Address:** Sanctuary Bldg, Great Smith Street
- **City:** London SW1P -3BT
- **Phone:** 011-44-1202-715920
- **Proximity to site:** approx. 75 miles away
- **Comments:** Employment information and British licensing for U.S. trained teachers.

- **Name:** English National Board for Nursing
- **Address:** 170 Tottenham Court Road
- **City:** London W1N O-HA
- **Phone:** 011-44-1713-383131
- **Proximity to site:** approx. 75 miles away
- **Comments:** Write for information and documentation required for Nursing positions
Networking Opportunities

The military spouse who is seeking to develop a personal career must tackle the problems imposed by frequent moves. Networking before you move, as well as, after you arrive can sometimes be the key to a successful job search. Getting people involved in your search is called "networking."

Most jobs off base are generally not advertised. You need to become skilled in finding the "Hidden Job Market" in order to have access to as many jobs as possible. Regardless of the type of job you are looking for, building a network will help you tap into the "Hidden Job Market". You never know where the best job lead will come from.

The purpose of building a network is not to ask each person you contact for a job. The purpose is to get as much information as you can about the local job market and to get possible job leads.

Start building your network by making a list of all the people you know. Do not limit the list to people who know about the work you do. Use the information below to help you think of as many people as possible.

- Check to see if your present employer has a facility in the local area. A transfer may be possible.
- Talk about your move to friends, relatives or co-workers. They may have some ideas that can help.
- Subscribe to local area newspapers.
- Contact local Chambers of Commerce, County Councils or Business Links for business listings.
- Contact local chapters of professional organizations.
- Check with the governing offices for requirements on licensed or certified positions.
- Consider volunteering for the experience and/or contacts you can gain.
- Contact the Career Focus Program Manager, at the Family Support Center at DSN 238-3406 CIV 01638-543406 for an appointment (one-on-one assistance).

Remember that your primary contacts do not have to be people who know about a job opening, they might happen to know someone who knows about a possible job opening. Before you begin contacting the people on your list, decide what type of information you want from the contact. You may be looking for:

- information about a particular company, industry or line of work,
- a referral to someone who might be able to help you, or
- advice on conducting your job search.

In many cases, you will want to ask for a brief meeting with the person. This type of meeting is often called an informational interview. It is NOT a job interview...but it may bring you a job lead. If nothing else, it will give you practice in interviewing.

If you feel awkward or embarrassed contacting people (sometimes strangers) to ask for something, remember:

- most people like helping other people;
- many people have been in your shoes and remember how hard it was; and
- some people will have a job opening, or know of one, and feel that fate brought you to them!!

Begin your networking by calling people on your list who you can talk to most easily. Practice your calls with the easy ones and work up to making the calls that are more stressful. You may have to force yourself to make the first few calls, but it does get easier with each call!

<table>
<thead>
<tr>
<th>Name: Career Focus Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address: Bldg 460 Family Support Center</td>
</tr>
<tr>
<td>City: RAF Mildenhall</td>
</tr>
<tr>
<td>Phone: 011-44-1638-543406</td>
</tr>
<tr>
<td>FAX: 011-44-1638-543514</td>
</tr>
<tr>
<td>DSN Phone: 238-3406</td>
</tr>
<tr>
<td>DSN FAX: 238-3514</td>
</tr>
<tr>
<td>Proximity to site: on base, behind Billeting Office</td>
</tr>
<tr>
<td>Comments:</td>
</tr>
<tr>
<td>Hours: 0730-1630</td>
</tr>
</tbody>
</table>

Call for an appointment.
Medical And Dental

Medical and Dental Overview
The 48th Medical Group (48 MDG) at RAF Lakenheath provides general and specialized medical services to active duty and retired military, their family members and US civilians employed in the area. The 48 MDG is the referral medical facility for the US Air Force, Navy and Army personnel assigned to the United Kingdom, and is a referral facility for all of USAFE.

Flight Surgeons' offices are located at both RAF Mildenhall and RAF Lakenheath and provide limited care for flyers, active duty and some flyers' family members.

Dental Clinics are also located at both RAF Mildenhall and RAF Lakenheath. Family member services are provided at the RAF Lakenheath facility.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)- See this subject under "Relocation Services"

<table>
<thead>
<tr>
<th>Name:</th>
<th>48th Medical Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>Unit 5210 Box 230</td>
</tr>
<tr>
<td>City:</td>
<td>APO, AE 09464</td>
</tr>
</tbody>
</table>

Medical Services/Directory - on Installation
The 48th Medical Group Hospital (RAF Lakenheath) is currently undergoing some renovations to the main building. Some clinics have been temporarily relocated. Please check with outpatient records (which is located in bldg 959-Family Practice Bldg.) for information on new locations.

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs
The Health Benefits Advisor (HBA) administers the US Health Benefits Programs to include the Civilian Health and Medical Program (CHAMPUS), Supplemental Care, Cooperative Care, Partnership Program, and direct care referral services for all eligible beneficiaries. The HBA provides detailed information to all personnel on all aspects of these programs when requested. Assists patients with locating local providers who accept CHAMPUS. Assists beneficiaries with filling out and filing of CHAMPUS claim forms.

Arranges appointments with local providers for patients being referred off base for additional testing or an evaluation that will assist the referring physician with information to make a complete assessment of that patient's condition.

TRICARE EUROPE
TRICARE is the new DoD "managed-care" health program designed to improve access, ensure affordable and high-quality care, provide choice, and contain overall DoD cost. There are two TRICARE options available in Europe: Prime and Standard. Enrollment in TRICARE Prime is mandatory for active duty personnel. Immediately upon arrival to the United Kingdom active duty members should report to the TRICARE Service Center (TSC) located at the 48 MDG, RAF Lakenheath, to register their family members into the medical information system. At that time, members will be given the opportunity to enroll their family members into TRICARE Prime.

TRICARE Specifics:
(1) TRICARE Europe Prime The only option that requires enrollment. If you opt not to enroll your family members, they will default to the STANDARD option. A Primary Care Manager (PCM) will serve as the medical manager for all of your routine health care needs. The PCM will always be your point of contact when you need medical care. If your PCM cannot meet your specific health care need, he or she will coordinate a specialty appointment with the appropriate physician. The specialist will notify your PCM of his or her findings so that your PCM can continue to manage your care.

Benefits to active duty and their family members under Prime:
- No cost (For authorized civilian health care while in Europe)
- Priority access to military treatment facilities
- TRICARE Europe Health care Passport which describes your Prime benefits, including how to access out-of-area care

(2) TRICARE Europe Standard This is the traditional CHAMPUS benefit and is not an option for active duty personnel. You can seek care from any civilian health care provider who accepts CHAMPUS, preferably a "participating preferred provider" to minimize your cost share. See the Health Benefits Advisor located at the TRICARE office for complete details prior to seeking civilian health care.
Facts about Standard
- Annual deductible (amount based on grade, required each fiscal year)
- Cost shares associated with civilian medical appointments
- Seen on a space-available basis in military treatment facilities

It is important for you to understand and decide which TRICARE program choice is right for you. For more information on TRICARE Europe, please visit or call the TRICARE Service Center at the RAF Lakenheath Hospital, Bldg 954, Room 3, extension 8688/8989 or (01638) 52-8688/8689. For Health Beneficiary Services please call extension 8705/8694 or (01638) 52-8688/8689.

The Health Benefits Advisor (HBA), located in the TRICARE office, administers the US Health Benefits Programs to include TRICARE Prime and Standard, Supplemental Care, and direct care referral services for all eligible beneficiaries. The HBA provides detailed information to all personnel on all aspects of these programs when requested. The HBA assists patients with locating local providers participating in the local Preferred Provider Network (PPN). The HBA assists beneficiaries with filling out and filing of TRICARE claim forms.

The HBA arranges appointments with local PPN providers for patients being referred off base for additional testing or an evaluation that will assist the referring physician with information to make a complete assessment of that patient's condition.

National Health Service (NHS)

Under the NATO Status of Forces Agreement (SOFA), all US military or DoD members and family members residing in the UK are entitled to care through the National Health Service, free of charge. In general, if services cannot be provided to you through the resources of the 48th Medical Group then you may be referred (or refer yourself) to NHS resources. Active personnel are reminded that if civilian health care (care obtained without a referral from your PCM) is provided, they are to inform their PCM of the care provided within three duty days. Although services are generally provided free of charge under the NHS, for purely elective evaluations or procedures you may be placed on a long waiting list for services. If you desire to be seen privately for healthcare, and you wish the cost to be covered by TRICARE, you will have to be referred by your PCM.

Community Hospitals

See Related Subject, "Health Benefits..." regarding use of the National Health Service (NHS).

See below for the larger hospitals in the area.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>Proximity to site</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addenbrooks General Hospital</td>
<td>Hills Road</td>
<td>Cambridge</td>
<td>011-44-1223-245151</td>
<td>Approximately 25 miles away</td>
<td></td>
</tr>
<tr>
<td>Papworth Hospital</td>
<td>Papworth Everard, Cambridgeshire CB3 8-RE</td>
<td>Bury St. Edmunds</td>
<td>011-44-1480-830541</td>
<td>Approximately 25 miles away</td>
<td></td>
</tr>
<tr>
<td>West Suffolk Hospital</td>
<td>Hardwick Lane</td>
<td>Bury St. Edmunds</td>
<td>011-44-1284-713000</td>
<td>Approximately 15 miles away</td>
<td></td>
</tr>
</tbody>
</table>
Dental Services/Directory - on Installation

The primary mission of the 48th Dental Squadron is to maintain active duty members in optimal dental health.

We will attempt to provide as much routine treatment as possible to family members of active duty. Retirees and all other categories of patients are eligible to receive care on a space available basis. All dental care for nonactive duty patients is provided at the RAF Lakenheath dental clinic. The duty hours for the clinic are 7:00 a.m. to 7:00 p.m., Monday-Friday.

We will make every effort to provide an annual dental examination/cleaning appointment for each family member. Appointments can be made by calling Lakenheath Ext. 3722 from 7:30 a.m. to 7:00 p.m. on Monday-Friday.

Appointments in the specialty areas of dentistry are limited depending on the active duty workload of that department. In addition to our local workload, the dental specialists at our facility are responsible for referrals from all other bases located in the United Kingdom. Orthodontic care is offered, with priority given to those military members and dependents who had active treatment (fixed braces) started prior to notification of assignment here. Due to our heavy caseload, those who elected to have braces placed after receiving notification of assignment may be referred to a civilian orthodontist for completion of treatment at the member's expense.

Emergency dental care is available to all categories of beneficiaries to relieve swelling, trauma, bleeding, or severe pain. After duty hours, a dental officer is on call and patients should report to the RAF Lakenheath hospital emergency room. During normal duty hours, dental sick call is held at 7:30 a.m. and 1:00 p.m.

Dental Services/Directory - on Installation

<table>
<thead>
<tr>
<th>Clinic</th>
<th>POC</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lakenheath Dental Clinic</td>
<td></td>
<td>DSN 226-8795/96</td>
</tr>
<tr>
<td>Mildenhall Dental Clinic</td>
<td></td>
<td>DSN 238-2273</td>
</tr>
</tbody>
</table>

Family Member Dental Plan

For more information on this subject:
Air Force Personnel Center
http://www.afpc.randolph.af.mil/deers/

Effective 1 October 1999, family members enrolled in the Family Member Dental Plan (FMDP) may receive OCONUS dental care by host-nation providers for covered services. If the Overseas Dental Treatment Facility (ODTF) is unable to provide specific services, enrolled family members must obtain a Non-Availability and Referral Form from their servicing ODTF and be treated by a dentist on the OCONUS provider listing. The FMDP contractor, UCCI, will then process their claims for services.

Family members should be advised that not all services may be available or accessible in all OCONUS locations. Furthermore, different policies exist if family members receive dental care in CONUS or OCONUS areas. Sponsors and family members should review the appropriate sections of the revised Benefit Booklet provided by the dental contractor.

For additional information, sponsors and family members in the OCONUS service area can call UCCI at (717) 975-5017 between 3 a.m. - 8 p.m. EST; e-mail fmdpoconus@ucci.com; or browse the Air Force Personnel Center web site located at the beginning of this section.

Questions may also be directed to the servicing Military Personnel Flight (MPF) customer service or the Military Treatment Facility Health Benefits Advisor (HBA).

See previous section - "Dental Services/Directory - On Installation".

Alternative dental services exist through the local economy and use of the National Health Service (NHS). See Related Subject, "Health Benefits ..." for more information regarding use of NHS.

Housing

Housing Overview

Finding a place to live and getting settled will be the highest priority once you have arrived. There are
several agencies at RAF Mildenhall and RAF Lakenheath to make settling in a lot easier. The Main Housing Office is located in Bldg 965 at RAF Lakenheath. RAF Mildenhall does have a Housing Support Office (Bldg 440). Opening hours for both housing offices is 0800-1600 Monday thru Thursday and 0800-1530 Friday. They are closed on Weekends and Federal holidays.

Expect an average of twenty days to find housing.

Housing rentals go very quickly, so trying to find a house prior to your arrival is not feasible. We recommend waiting until your arrival, as a temporary living allowance is authorized for all members authorized to live off base and their command sponsored family members.

On-base housing waits can take as long as 18-48 months.

All Military personnel are required to process through the housing office prior to making any commitment to rent or buy housing on the local economy. This also applies to those who relocate from their first quarters to another subsequent house.

RENTING OFF BASE: A wide variety of adequate housing is available in the local community and is affordable with your Overseas Housing Allowance (OHA). If you are in the process of house hunting, it might help to have a translation of the terminology used by the estate agents (Realtors) in Britain. A bedsit is usually a one room apartment, sometimes with cooking and washing facilities, but more often these have to be shared with other tenants. A "flat" is the word used for an apartment, while a "maisonette" is a flat on two or more levels. A semi-detached house is a duplex -- a two family home attached by a joint party wall. A detached house stands alone in its own yard. A mews house is one that has been converted from a stable. A terraced house is a town house. A bungalow is a single story dwelling with all accommodation on one floor. A freehold is one where the house-holder has absolute ownership of the land or building. Leasehold means that there is a right to occupy the house or land without title of ownership. Ground rent is a rent you pay to the owner of the land if you buy leasehold.

Some of the most common abbreviations used by estate agents are as follows: C/H - Central Heat C&C incl. - Carpet and Curtains included in the price EN/S - En Suite, as in en suite bathroom leads directly off the bedroom CLKS - Cloakroom - powder room, half bathroom, usually downstairs DBL/G - Double glazing (double paned window) GND Fl - Ground floor (US first floor). Beware, GRN Fl., can mean basement. Rec Rm - Reception room, meaning a living room, dining room or study WC - Water Closet, or toilet S/D - Semi detached, a duplex Terr. - Terrace house, (townhouse) Robes - Wardrobes, meaning moveable closets Built-in wardrobes - built-in closet GCH - Gas Central Heating OCH - Oil Central Heating

BUYING A HOUSE: There are several differences in house buying in the United States and Great Britain. In Britain a buyer can put in a verbal offer whereas in the USA it is more common to put an offer in writing which can be a binding offer. In Great Britain a person may practice as an estate agent without legal or technical qualifications. However, the majority of estate agents are members of a professional association. The three main societies are: The Royal Institute of Chartered Surveyors, the Incorporated Society of Valuers and Auctioneers, and the National Association of Estate Agents. The agents in Britain rely on printed descriptions and may send you alone to see a vendor. Buyers in Britain are free to visit any agent they choose. Multiple listings used by US agents to expose buyers to many properties in the area are not used. In Great Britain total fees for the transfer of property are much lower than in the US, but transfers take longer (could take up to 3 months). A verbal offer made in the UK is subject to contract so that the buyer and seller can both withdraw without obligation. This means that a seller can be offered more money by a third party and he can accept. This is called gazumping.

HOME UTILITIES: There are nearly as many changes to adapt to in England's houses as there are on its roads. In the US household electricity is 110 volt's ac (vac), 60 Hertz (Hz). In the UK it's 240 vac, 50 Hz. The houses are wired differently, making self help wiring projects something to be avoided. Most American appliances can be used here with a transformer to reduce the voltage to 110 vac. However, that does not change the Hertz. Some things, like air popcorn poppers and electric clock radios may not work properly. The transformers are heavy and when operating they produce a lot of heat. Some base housing is equipped for 110 vac electricity. If you decide to rent or buy a house on the economy, you will find a wide range of heating systems, including electric, natural gas, oil, diesel, and solid fuels such as coal, wood, straw, and peat burners. Fireplaces are also common in England. Most of these heating systems require a chimney. Depending on what type of fuel is being burned, your chimney may require sweeping once or twice a year.
**Housing Allowances**

**COLA Questions & Answers:**

Q. What is COLA?

A. The Cost of Living Allowance, or COLA is an allowance paid to members stationed in high-cost areas overseas. COLA helps maintain the purchasing power so you can purchase about the same goods and services overseas as in the United States.

Q. Does everyone assigned overseas receive COLA?

A. No. If the cost of living in the overseas area where you are assigned is the same as, or lower than it would be in an average area in the United States, you do not receive COLA.

Q. Does the type of housing I occupy affect my COLA?

A. Yes, if you live in the barracks, you will receive less COLA to reflect your lower living expenses.

Q. I have heard that there is also an overseas housing allowance, or OHA. Does the amount of COLA I receive affect my OHA?

A. No. COLA and OHA are separate allowances.

Q. Is COLA affected by changes in the foreign exchange rate?

A. Yes. The per diem committee monitors foreign exchange rates throughout the year. As the amount of foreign currency your dollar "buys" changes, the per diem committee increases or decreases COLA to maintain your purchasing power.

Q. How often is COLA adjusted?

A. The committee can adjust COLA as often as every payday. Of course, just as it takes time to process an allotment change, it takes a while for the change in COLA to show up in your pay.

**Housing Allowances**

<table>
<thead>
<tr>
<th>Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee’s Web Site:</th>
</tr>
</thead>
</table>

**Government Housing**

When PCS orders are received you may submit an advanced housing application to RAF Lakenheath Housing Office through your losing base. The housing office at Lakenheath will process the application within 3-5 days of receipt and return a copy of the DD Form 1747 advising you of your waiting status. Ensure that you retain the carbon copy of the advanced application you submitted since it may be needed to show proof that an application was submitted.

There are 2,286 military family housing units at 11 different locations that are available for assignment to active-duty military who have command sponsored dependents.

All military family housing is supplied with a refrigerator, stove, washer and dryer. In addition,
most of the houses have 110 volt electrical outlets. Waterbeds are forbidden.

Waiting Lists: (except for "key & essential")

Sr. Officer  12 months 4 Bdrm
Field Grade  11 months 4 Bdrm
  "  15 months 3 Bdrm
Company Grade  24 months 4 Bdrm
  "  10 months 3 Bdrm
  "  10 months 2 Bdrm
Senior Enlisted 18 months 4 Bdrm
  "  18 months 3 Bdrm
Enlisted  30 months 4 Bdrm
  "  20 months 3 Bdrm
  "  18 months 2 Bdrm

Community Housing

BRITISH HOMES-British houses are generally smaller than American houses. Oversized furniture such as an 8 foot sofa, a large triple dresser, king or queen size bed should be given careful thought. Narrow staircases, passageways and doors may prevent you from getting the oversized furniture into the homes. Please be aware of possible limited closet space in many British homes.

The average cost for housing off-base is:

1BR: $550
2BR: $690
3BR: $940
4BR: $1070

Rent will vary based on how far from the base you are living. The further away the cheaper it will be.

Please check with the Housing Office for purchase costs.

Estate Agents (Realtors) deal in rental properties and sales. A list of area agents is available at the Housing Office or can be found in the Yellow Pages or through local newspapers. The average cost for an agent is 60 and is payable once you have an accepted rental contract.

Utilities

All utility companies will automatically bill you quarterly, unless you make other arrangements. You do have the option to ask for a monthly billing, which will require you to pay by an automatic debit to your sterling (pound) account. This monthly basis is called a "Budget Plan", where you and the company will estimate your annual usage and you will be billed 1/12th of the estimate. Please be aware that if your usage is higher, you could owe a sizeable amount at the end of the year. It would be wise to read your meter periodically and compare it with the original estimate. Adjustments can be made, as needed. The Budget Plan is offered by British Gas, British Telecom, Eastern Electric, and the TV Licensing Board.

A third option is to buy "pre-paid" utility cards, which are inserted in your electric meter and you can see the number of "units" remaining as they click down. There is an "emergency button" on these meters, should your card run out and you need heat. These cards can be purchased from local British Post Offices.

Name: Eastern Electric
Address: Caxton Road
City: Bedford
Phone: 01582-498888
Comments:
Hook-up Fee: 50-120 pounds
Deposit: 90-250 pounds

Name: British Telecom
Address: 1 Regent Street
City: Cambridge
Phone: 0800-872-872
Comments:
Rate-Cost: Billed quarterly 23.69 pounds
If renting a phone, add 5.25 pounds quarterly.
Hook-up Fee: 25 pounds if there was service before; if not, hook up cost will be 116.33 pounds
Name: British Gas  
Address: Customer Service Center, Roundtree Way  
City: Norwich  
Phone: 0645-555700  
Comments:  
Rate-Cost: 10.3 pence per day standing charge + 1.566 pence per kilowatt  
Hook-up Fee: None (if already installed)  
Deposit: None (if already installed)

Name: Cable Television  
City: Mildenhall Village  
Phone: 01638-711345  
Comments:  
Rate-Cost: AFN is free. Various cable packages are available. Full cable $35.00 package includes Country Music, Sky One, Sky Movies Plus, TNT cartoon, UK Gold, Nickelodeon, AFN, AFN radio, MTV, children channel, discover, CNN news. The $47.00 package includes the $35.00 package plus a Sky Movies Gold, Sky Sports, and the Movie Channel. AFN is only available in on-base housing.

Name: Anglian Water  
Phone: 0800-919155

Relocation Services

Relocation Services Overview
As a new arrival, you may feel like you're in limbo while awaiting your household goods. The Family Support Center is here to help make things easier.

We have classes, a newcomer's bus tour and you can make individual appointments as needed at the Family Support Center.

Your INTRO appointment will be at the Family Support Center so you can ask to see someone from the Relo Team if you have any specific questions or need help in a particular area.

See also, related subject: "Must Know Items" under "Installation" and "Survival Tips...".

Relocation Assistance
Relocation is a challenge! It's never easy to leave family and friends behind. While no move is without its difficulties and annoyances, careful planning can often be the big difference between a routine relocation and financial/emotional hardship. Contact the Relocation Assistance Program, at the base nearest you, as soon as you receive notice of your PCS, for more information on your new duty station.

The Relocation Program at the Family Support Center offers classes such as "Welcome to Britain", which will introduce you to the culture of Great Britain and where to go and what to do. We also have a Newcomer's Bus Tour which takes you to the county town of Norwich, full of history and shops. At the Base Overseas Orientation you will be introduced to the Wing Commander and will receive several informative briefings, including information from our British Community Relations Advisor about cultural differences.
While you wait for your household goods shipment, Family Services will loan a variety of items to you. Pots, pans, dishes, silverware, linens, irons, cribs, car seats, strollers and other selected items are available FREE OF CHARGE for an initial period of two months, which can be extended if your goods are delayed. Just stop by Family Services, Bldg 460 (in the Family Support Center) with a copy of your orders between 0900-1500.

Please note that pillows and towels ARE NOT available for loan, due to hygiene reasons. Keep this in mind when packing your "unaccompanied baggage".

ARE YOU READY TO LEAVE?

1. Passports in hand?
2. Certificates of Vaccination in hand? (required for Service Member only)
3. Phone numbers left with someone in the States, and carried with you?
4. Insurance on household effects secured?
5. All other insurance in order?
6. Paid up or made arrangements to pay up all local bills?
7. Post Office and regular correspondents notified of Change of Address?
8. Travel claim readily available?
9. Travelers' Checks purchased? (Keep receipts)
10. Travel tickets in order? (Keep tickets including any unused portions)
11. Baggage properly tagged? (Remove all tags/stickers which identify you as a member of the military when traveling other than via DOD)
12. Arrangements completed for pets?
13. Reading material - magazines organized?
14. School records packed in accompanied baggage?
15. Family members Medical and Dental records packed in accompanied baggage? 16. Current state driver's license and instructions for renewal during tour? (if necessary)
17. Statement from insurance company regarding your accident-free driving record for up to seven years?
18. Registration and other documents concerning automobile shipment?
19. Bank arrangements completed?
20. ID cards current?
21. Several ID Card and Passport Photos on hand for each member of your family? 22. International Driver's License for all licensed drivers?
23. All unaccompanied baggage shipped?
24. Household Goods papers packed?
25. Have you kept your sponsor informed and up-to-date?
26. Have you drawn all necessary advances?
27. Snacks/Entertainment for children?

In Transit Emergencies

Call TMO Passenger Section if you miss the shuttle (the plane was delayed) or your requested taxi fails to meet you upon arrival at the airport at 01638-542061 (duty hours) or 01638-542339 (non-duty hours). If you need British change to use the pay phone, there is a foreign cash exchange at each airport.

Before you leave make sure you have all important papers with you - not packed with your household goods.

Make sure you have important phone numbers (your new squadron orderly room, TMO taxi, your sponsor, etc.). Your sponsor can be invaluable in case of an emergency while in transit.

The American Red Cross is a great resource and can be located in most major towns. Contact the nearest chapter listed in the local phone directory.

The Air Force Aid Society (AFAS) is a non-profit organization that helps the Air Force take care of its own in emergencies through interest-free loans or grants for basic needs. They may be able to help with unforeseen required travel, emergency car repair, lodging, or food; when applicable due to extraordinary costs involved with a PCS. There should be an AFAS office at any Air Force base you may be near. If you are not near an Air Force base, the American Red Cross and other Department of Defense “Aid Societies” can contact HQ Air Force Aid and receive approval to provide assistance for them (Air Force Aid will reimburse them).

Bring your SITES booklet with you so you’ll have first hand information about RAF Mildenhall.

Financial Preparedness

For more information on this subject: http://www.dtic.mil/perdiem/

The following Web site is available for you to calculate your own COLA (Cost of Living Allowance) & OHA (Overseas Housing Allowance) the code for RAF Mildenhall is UK352.

The moment you receive your PCS orders, you and your family become eligible for a whole range of special pays, allowances and reimbursements. Not every PCS carries the same entitlements and not all categories of expenses are reimbursable. Be sure to
keep all receipts and maintain accurate records in a notebook or ledger (this could help for tax purposes as well).

Advance Pay, Travel Funds and Allowances - The final word has to come from your Finance office, here are some of the categories of assistance related to a PCS:

ADVANCE PAY: You are eligible for advance pay once you have your orders - an interest free loan of up to three months base pay to help with moving expenses. Advance pay is not automatic - you must apply at the Finance Office. It is normally repaid in 12 monthly installments as a deduction from your paycheck. Exercise extreme caution when taking advantage of advanced pay. Repayment requirements could put you in a financial bind. [Advance pay is authorized to purchase a right hand drive car.]

MOVING IN HOUSING ALLOWANCE (MIHA): Available exclusively to those moving overseas, where homes may not include the usual amenities (medicine chests and light fixtures, for example) that we take for granted in the States. A MIHA is a one-time payment intended specifically for the purchase of such items. See "Housing Allowances" for current rate - subject to change based on the fluctuation of the exchange rate.

TEMPORARY LODGING ALLOWANCE: New arrivals at overseas bases qualify for this allowance. TLA is authorized to partially reimburse a member for the more than normal expenses incurred during occupancy of temporary lodgings including expenses of meals when residing in lodgings which do not have facilities for preparing and consuming meals. Payments are based on rank, family size and other factors, and need not be repaid. ***The member must take billeting receipts and orders to the Housing Office to file for payment.***

Stop by your Finance Office soon regarding these and other possible entitlements. (Also, see "Housing" for information on COLA and Overseas Housing Allowances.)

ECONOMIC REALITIES - Life overseas can prove to be a financial hardship for some, due to limited employment and transportation, increased costs and being so far from home. It is important to plan, save and be aware that many resources you have come to expect in the U.S. are NOT available overseas. They include unemployment, and ....
on local costs and you can call USAA or GEICO while stateside to get a quote for overseas coverage.

*******************************************
Bring a "no claims" statement letter from your previous insurance company(ies) covering the last five years, including number of vehicles insured and individuals covered. Each year you have been "claim free" equates to a discount from your insurance premium, up to 60%.

*******************************************
See also "Support Services" related subject "Family Centers" and "Tips for First Termers" related subject "Money Matters".

Exceptional Family Member Program (EFMP)
The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personal services to families with special needs.

An exceptional family member is a family member (child or adult) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training or counseling.

**Exceptional Family Member Program (EFMP)**

<table>
<thead>
<tr>
<th>Name: EFMP Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address: Bldg 914</td>
</tr>
<tr>
<td>City: RAF Lakenheath</td>
</tr>
<tr>
<td>Phone: 011-44-1638-528067</td>
</tr>
<tr>
<td>DSN Phone: 226-8067</td>
</tr>
<tr>
<td>Comments: Hours: 0730-1630 Mon-Fri</td>
</tr>
<tr>
<td>All incoming EFMP families are encouraged to contact the EFMP Officer shortly after arriving.</td>
</tr>
</tbody>
</table>

Household Goods In-Bound Shipments

Feltwell furnishings will provide you with a washer, dryer, and refrigerator for the duration of your tour.

<table>
<thead>
<tr>
<th>Name: Traffic Management Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address: Bldg 426</td>
</tr>
<tr>
<td>City: RAF Mildenhall</td>
</tr>
<tr>
<td>Phone: 011-44-1638-542927</td>
</tr>
<tr>
<td>FAX: 011-44-1638-542646</td>
</tr>
<tr>
<td>DSN Phone: 238-2927</td>
</tr>
<tr>
<td>DSN FAX: 238-2646</td>
</tr>
</tbody>
</table>

Household Goods Out-Bound Shipments

Attend a Smooth Move briefing at your current Family Support Center to get all the information needed to make this a successful move.

Stop at TMO to pick up the booklet, "It's Your Move," which will assist you in preparing your household goods for shipment.

Household Goods Claims

The United States government may reimburse individuals for several types of losses provided no negligence exists on the part of the claimant. You may obtain claims information by calling the claims office listed below. The majority of claims filed against the government and the type of interest to most personnel are claims during PCS or TDY shipments.

Household Goods In-Bound Shipments

****There is NO nontemporary storage in the United Kingdom****

Therefore, it is very important that you only ship those items that you absolutely need. If, at the time of delivery you discover that your house will not accommodate all of your property there are NO PROVISIONS to ship that property back to the United States or as mentioned above into nontemporary storage.
Claim briefings are held Wednesdays at 0830 and 1500.

The following tips will help you ensure that if any of your property is lost or damaged in shipment, you can file a well-documented claim and be paid what you deserve.

1. The inventory is the most crucial step in the process. You simply must control the packing and inventory of your household goods. If items are not listed on the inventory, you may not be paid for them when you file a claim.

   * Common Complaints - Too many packers and it was too hard to watch everything. If you are so overwhelmed that you cannot observe your property being packed/listed on the inventory, call TMO and complain. If you cannot be present, make sure your spouse or agent knows what to do. If all else fails, make a statement on the inventory describing the problem.

   * Make sure that the packers write adequate descriptions of the contents on the boxes and on the inventory. They do not have to list every item, but should write the general category of the items on the outside of the boxes and on the inventory.

   * Make sure that items that would not logically be packed in a certain box are specifically listed. Examples: tools packed in a box marked clothes; a lamp packed in a box marked garage items. If you later claim for an item that would not reasonably be expected to be found in a certain box, you may not be paid for it.

   * Make sure the carrier employee describes the condition of your property correctly. If you disagree with his notations on pre-existing damage, write your exceptions at the bottom of each inventory sheet.

   * High-value items absolutely must be listed on the inventory.

2. Prepare your own personal inventory and gather substantiation of your major items. Make a list of the major items you own such as furniture, electronic equipment and art objects. List the purchase prices and dates and collect the documentation to prove it; paid bills, credit card slips, canceled checks, pre-shipment appraisals, etc. Take photographs (or a video tape) to show the condition of the property. Keep this information separate from your household goods.

3. With good personal and movers' inventories and substantiation of ownership and value, you will be in good shape. After delivery you still must fill out the DD Form 1840/1840R to report any loss or damage.

**Household Goods Weight Allowances**

Entitlements are always dependent on the authorization that the military personnel flight has assigned to you in your particular situation.

Single members PCSing are authorized 10 percent or 700 lbs of the above weight, whichever is greater, unless otherwise stated on your orders.

Note: Members serving an unaccompanied tour who do not have the full Joint Federal Travel Regulation (JFTR) weight authorized to them are limited to the 10 percent option or an unaccompanied baggage shipment, they will not be able to make a split shipment (part by air part via surface).

Also, unaccompanied members who are authorized to ship the full JFTR weight will be limited to 400 lbs of unaccompanied baggage.
### Household Goods Weight Allowances

<table>
<thead>
<tr>
<th>Grade</th>
<th>Allowance w/Dependents</th>
<th>Allowance wo/Dependents</th>
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<tbody>
<tr>
<td>E1</td>
<td>5,000</td>
<td>2,000</td>
</tr>
<tr>
<td>E2</td>
<td>5,000</td>
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</tr>
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<td>E3</td>
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<td>E6</td>
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<td>E9</td>
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</tr>
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</tr>
<tr>
<td>W-2</td>
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<td>N/A</td>
</tr>
<tr>
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<tr>
<td>W-4</td>
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<tr>
<td>O-1</td>
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</tr>
<tr>
<td>O-5</td>
<td>17,500</td>
<td>16,000</td>
</tr>
<tr>
<td>O-6+</td>
<td>18,000</td>
<td>18,000</td>
</tr>
</tbody>
</table>

### POV In-Bound Shipments

Brandon: Map & directions available from TMO

Please take the following documents when picking up your POV: Valid ID card, proof of UK car insurance, 3rd AF driver's permit, DD Form 788 (POV shipping document), PCS orders, power of attorney (If someone other than military member picks up vehicle, British Sterling for gasoline and a set of keys. **Please note any damages to your POV while still at the port, on form DD788 during inspection and take to the legal office-claims section. All inquiries on inbound POVs should be routed through TMO Inbound Section.

Name: Transcar UK Brandon Vehicle Processing Center (VPC)
City: Brandon
Phone: 00800-87267227
FAX: 01842-813051
Comments: Hours: 0800-1630 (Mon- Fri) by appointment only.

### POV Out-Bound Shipments

You must have a confirmed appointment with Transcar and a Request for Transportation Services form from TMO prior to turning in your vehicle.

See "POV In-Bound Shipments" above.

### POV Claims

See "Details" below.

Name: Claims Office
Address: Bldg 428 (Legal Office)
City: RAF Mildenhall
Phone: 01638-542953
DSN Phone: 238-2953
Comments:
Hours: 0730-1630 Mon-Fri

### Pet Boarding/Kennels

Numerous kennels and catteries exist in the area. Since your pet will be in quarantine for the six months, that will give you time to shop around and find one that meets your needs and/or is close to where you live. You can find them listed in the Yellow Pages (for your area) under "Boarding Kennels", "Catteries", and "Pet Services".
The Quarantine facilities listed under "Pet Quarantine" in this section also provide boarding services.

**Pet Licensing**

An import license is required for all animals entering the United Kingdom. To obtain an application for this license contact:

Ministry of Agriculture, Fisheries and Food  
(Animal Health Division-C)  
Hook Rise, Tolworth, Surbiton,  
Surrey KT 67NF  
Hours: 0900-1700  
Phone: 0181-330-4411   Fax: 0181-337-3640

Application for an import license should be made at least 8 weeks in advance of the proposed date of importation.

According to the Rabies Order 1974 (Importation of Dogs, Cats, & other mammals), any animal landed without a license to be either directed to quarantine, re-exported or destroyed and its owners prosecuted. Serious offenses may be tried on indictment at a Crown Court where offenders are liable to penalties of up to a year's imprisonment, an unlimited fine or both. It is thus important to ensure that all licensing requirements are met.

**Pet Quarantines**

For more information on this subject:
U.K. Ministry of Agriculture, Fisheries and Food  
http://www.maff.gov.uk/animalh/quarantine/

New rules established by the British government will let some U.S. service members and Department of Defense employees avoid the standard six-month quarantine for pets when they arrive in the United Kingdom.

The new rules, which fall under a pilot program called the "Pet Travel Scheme," allow pet owners to bypass the country's quarantine law and save the related costs, provided they meet the strict requirements. The program is set to begin in April 1, 2000.

The estimated cost of complying with the PETS program is about $340.00 per pet. However, pet quarantine costs average $2,500.00 per pet.

In order to qualify for the PETS program:
- Pet owners must be arriving to the UK from an authorized country. Germany, Belgium, Norway, Italy and most European Union member countries are the only authorized countries. The plan does not currently apply to pets arriving from North America.
- The plan only applies to cats and dogs. The pets must have lived in an authorized country at least six months before their arrival in the U.K.
- Pets must arrive via specific sea, air and rail routes to the U.K. Information about these routes is available on the U.K. Ministry of Agriculture, Fisheries and Food Web site (web link located above).
- Pets must have an identification microchip implant. After receiving the implant, pets must also be vaccinated for rabies with an inactivated vaccine. Regular rabies booster vaccinations must be administered.
- Six months before entering the U.K., the pet's blood must be tested by a laboratory recognized by the MAFF. A list of authorized laboratories is available on the MAFF Web site (web link located in Detail/Record Listing).
- Pets must be treated for certain parasites and ticks within 48 hours of arriving in the U.K.

For more information, contact your local veterinarian or call the United Kingdom's PETS Hotline at 44(181)330-6835.

It is essential that you contact the Ministry of Agriculture, Fisheries and Food to obtain a current application form and information packet regarding quarantine and importing your pet. For your convenience authorized quarantine sites convenient to the RAF Mildenhall area, compiled by the Ministry of Agriculture, Fisheries and Food, are included below. A more thorough list will be included in your information packet from the Ministry of Agriculture. See "Pet Licensing above for their address.

Bringing pets to Britain is an expensive proposition. Please check the laws of importing animals into the country: Cats and dogs must be quarantined for six months after arrival, if they do not fall under the rules above.

PLEASE NOTE: There are a few exceptions to this quarantine. (Please see above for valid countries).

The owner pays for the cost of quarantining the animal with prices ranging from approximately 148-171.85 pounds a month for dogs and 122.20 pounds a month for cats. In addition, there is a collection and handling fee (ranging 50-150 pounds). (You must have a formal agreement with an authorized carrying agent to have them meet your pet at the airport and transport it to quarantine. It is generally easier to deal with just one kennel to pick up, transport and
quarantine your pet.) Check with the prospective kennel regarding rules on visitation. Also, ask if their quarantine fee includes medical insurance, if not figure an additional 2/week cost for medical insurance. The owner is also responsible for obtaining an Import license. See "Pet Licensing".

Application for an import license should be made at least 8 weeks in advance of the proposed date of importation.

While the rabies vaccination is critical to the importation of your pet, please do not forget to ensure that their normal vaccinations are current as well. It is crucial to their health and welfare. Check and see what your vet recommends.

Please be aware that the British government has placed a ban on the importation into the UK of certain breeds of dogs. The ban covers Pit Bull Terriers, Japanese Tosas, Dogo Argentinos, Fila Brazilieros and any other type of dog which appears to have been bred for fighting.

When you receive the quarantine paperwork, please read carefully the section dealing with endangered species. If you own one of these, for example an African Grey Parrot, you will not be allowed to bring it into the country. Reason: The purchasing of such creatures is deemed to encourage their capture and removal from the wild.

When shopping for the best quarantine for your pet, please remember that price has nothing to do with the "quality" of care and service you can expect. Your sponsor can prove to be a great advocate for your pet, ask for their help.

<table>
<thead>
<tr>
<th>Name: Kat’nKitten Country Cottages</th>
<th>Address: Bulls Cross Wood</th>
<th>City: Edwardstone, Sudbury CO10 -5PS</th>
<th>Phone: 011-44-1787-210644</th>
<th>FAX: 011-44-1787-210063</th>
<th>Comments: Only cats accepted.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name: Little Acre Quarantine Centre</td>
<td>Address: 50 Duncombes Road</td>
<td>City: Turves, Nr Whittlesey, Cambridgeshire PE7 2-DS</td>
<td>Phone: 011-44-1733-840291</td>
<td>FAX: 011-44-1733-840348</td>
<td>Accepts dogs &amp; cats. Authorized carrying agent.</td>
</tr>
<tr>
<td>Name: Millview Kennels</td>
<td>Address: Rosemary Lane</td>
<td>City: Kelsale, Saxmundham IP17 -2QT</td>
<td>Phone: 011-44-1728-602254</td>
<td>FAX: same as phone #</td>
<td>Comments: Cats and dogs accepted. Authorized carrying agent.</td>
</tr>
<tr>
<td>Name: UK Quarantine Kennels</td>
<td>Address: Worlington</td>
<td>City: Mildenhall, Bury St Edmunds</td>
<td>Phone: 011-44-1638-780480</td>
<td>Comments: Accepts dogs and cats. Authorized carrying agent.</td>
<td></td>
</tr>
</tbody>
</table>

**Veterinary Services**

The U.S. Army Veterinary Clinic Provides routine immunizations, health certificates, routine examinations, fecal examinations, deworming, neutering surgery and treatment of minor illnesses. Most other surgery referred out. A variety of flea control and health care products are also available.

Emergency treatment is not generally handled at the base clinic due to the limited facilities and personnel. If you have a true emergency, you should contact a local British veterinary surgeon. A listing of local veterinary surgeons follows. It is recommended you
call first to ensure a veterinary surgeon is immediately available.

| Name: US ARMY Veterinary Clinic |
| Address: Bldg 56 |
| City: RAF Feltwell |
| Phone: 01638-527097 |
| DSN Phone: 226-7097 |
| Comments: |
| Hours: M-F, 0800-1400 |

**Pet Transportation**

- You must pay for the shipment of your pet. Only two pets per family are authorized (without a waiver).

- Airlines (including AMC flights) do not sell, lend or rent pet shipping containers.

- Owners are responsible for immunizations, clearances, ground transportation and quarantine costs.

- Owners must have a DD Form 2208 (AMC flights), rabies vaccination certificate or equivalent, when making reservations.

- Make pet reservations when you make your own travel arrangements. Pets are boarded as excess baggage (AMC flights).

- Reserve space early. Spaces for pet travel are limited.

A list of near-by authorized carrying agents is included in the related subject in the section called "Pet Quarantines".

**PCS Reporting Procedures**

**PCS REPORTING PROCEDURES**

On arrival at RAF Mildenhall you should report to your unit orderly room as soon after arrival as possible. Once you have inprocessed at your squadron, call 01638-543406/5294 for an appointment at the Base INTRO Office, located at the Family Support Center (BLDG 460). INTRO will arrange all base inprocessing for you and will collect your unit personnel record (UPRG) from you.

If you are arriving during non-duty hours, you should make sure that your sponsor is aware and on arrival you should report to the Billeting Office (BLDG 459). Billeting will ensure that you are accommodated and will contact a unit point of contact if required.

See also "Installation" related subject "Must Know" at the beginning of this SITES database.

| Name: INTRO Manager |
| Address: Family Support Center - Bldg 460 |
| City: RAF Mildenhall |
| Phone: 01638-543406 / 5294 |
| FAX: 01638-543514 |
| DSN Phone: 238-3406 / 5294 |
| DSN FAX: 238-3514 |
| Comments: |
| Hours: 0820-1420  Mon-Fri |

All new arrivals to the base, AFTER checking in to their Orderly Room, must make an appointment with the INTRO Manager, located in the Family Support Center, to be scheduled for inprocessing. The newcomer should bring the following information and articles to their appointment:
- UPRG
- Endorsed copy of PCS orders
- Duty phone number
- Post office box number
- Office symbol
- Date + time arrived on station
- Date departed last duty station (if last duty station was outside U.S., also required is start date of last tour)

**Separation Procedures**

Transition Services are available at the Family Support Center. This includes a four day workshop, separate classes on career planning and individual appointments to review resumes and receive benefits information.

| Name: Transition Program |
| Address: Bldg 460 |
| City: RAF Mildenhall |
| Phone: 01638-543406 |
| FAX: 01638-543514 |
| DSN Phone: 238-3406 |
| DSN FAX: 238-3514 |
| E-Mail: fsc@mildenhall.af.mil |
| Comments: |
| Hours are 0730-1630, M-F. |
Support Services

Support Services Overview
A range of support services can be found on base or in the local community. Please contact the Family Support Center (ask for Information & Referral) for help with finding a specific support group or service.

Family Centers
"Family" means the whole Air Force "Family", we serve single and married members, retirees, civilians and their families at the Family Support Center. Check out the wide variety of services available to you during your tour at RAF Mildenhall. Call 01638-543406 for an appointment or more information on the following:

INFORMATION AND REFERRAL PROGRAM
(I&R): If you have any general questions about services available to you that may not be covered by any of our other programs please contact the I&R Manager.

PERSONAL FINANCIAL MANAGEMENT
PROGRAM (PFMP): For more details on this program and helpful financial tips for living in England see category "Survival Tips for First Termers", subcategory, "Money Matters".

The AIR FORCE AID SOCIETY (AFAS) is the official charity of the Air Force. AFAS assists the Air Force in taking care of its own in emergencies through interest-free loans or in some cases grants for basic needs. Types of assistance include: Emergency travel assistance, funeral expenses, rent, food, utilities, car repairs for an essential vehicle, and medical costs not covered by insurance. The Air Force Aid Society also funds community enhancement programs such as Give Parents a Break, Spouse Tuition Assistance (available overseas only), and volunteer childcare.

The CAREER FOCUS PROGRAM can help Air Force family members find employment. This program offers one-on-one assistance and workshops to help you learn the skills and techniques required for a successful job search. (See also - "Employment" related topic: "Employment resources")

FAMILY LIFE SKILLS is a proactive, practical approach to building and maintaining healthy relationships. This program provides assessments, referrals, short-term skills building counseling and
A wide variety of classes are offered on a monthly basis including marriage/relationship classes, parenting classes, and personal skills development (anger management, assertiveness, self-esteem).

The FAMILY READINESS PROGRAM offers a wide array of support services to military members and their families throughout the entire deployment process. A Pre-Deployment briefing is conducted on a monthly basis for military members and their spouses to help prepare for deployments (funding for childcare is available). Each attendee/family receives a Deployment Resource Guide for ongoing reference. Support Packets are available for families presenting TDY orders and contain valuable coupons, along with information on morale calls, child care, space-A travel and other deployment related services. Readiness classes are held on such topics as stress management, parenting during deployments and the Reunion process. The Family Readiness Program also provides assistance and support services during times of crisis response and family evacuations. For more information contact the Program Manager or Readiness NCO.

TRANSITION ASSISTANCE is available for active duty members, civil service employees and their family members who are separating from military or civil service after their tour at RAF Mildenhall. One-on-one assistance, a computer resource room, a monthly transition workshop and other classes are offered to transitioning members and their families. With the help of the Transition Assistance Program, you can acquire the skills and knowledge needed to make a successful transition to another career or retirement.

The RELOCATION ASSISTANCE PROGRAM is here to help your move to RAF Mildenhall be as smooth as possible. Right now check out the SITES package, the base video, your sponsor package and base brochure at your nearest Family Support Center. If you still have questions after reviewing this information and the package you receive from your sponsor ask the Relocation staff at your nearest installation to contact us electronically with your specific questions. (See also, "Relocation Services" related subject: "Relocation Assistance").

FAMILY SERVICES assists relocating families and single service members through its worldwide military base brochure/video library and household item loan closet. It also offers a layette gift package for all newborns of RAF Mildenhall members. Family Services gladly welcomes new volunteers.

Looking for an interesting and rewarding experience? Become a volunteer! The Volunteer Resource Program functions as the military community's resource for base-wide volunteer activity.

| Name: Family Support Center |
| Address: Bldg 460 (behind Billeting office) |
| City: RAF Mildenhall |
| Phone: 01638-543406 |
| FAX: 01638-543514 |
| DSN Phone: 238-3406 |
| DSN FAX: 238-3514 |
| E-Mail: fsc@mildenhall.af.mil |
| Comments: |
| Hours: 0730 - 1630 Mon-Fri |

**Information and Referral**

See "Family Centers", I&R Program.

| Name: Community Relations Advisor |
| Address: Bldg 442 |
| City: RAF Mildenhall |
| Phone: 01638-2254 |
| DSN Phone: 238-2254 |
| Comments: |
| Hours: 0900-1700 |

The advisor can assist with any question regarding local schools, living in Britain and Pet Advisory.

**Financial Assistance Programs**

See "Family Center", a related subject under "Support Services" for more information on the Air Force Aid Society and Personal Financial Management Program.
**Name:** Air Force Aid Society (AFAS)  
**Address:** Bldg 460, Family Support Center  
**City:** RAF Mildenhall  
**Phone:** 01638-543406  
**FAX:** 01638-543514  
**DSN Phone:** 238-3406  
**DSN FAX:** 238-3514  
**E-Mail:** fsc@mildenhall.af.mil  

**Comments:**  
The Air Force Aid Society (AFAS) is the official charity of the Air Force. AFAS assists the Air Force in taking care of its own in emergencies through interest-free loans or in some cases grants for basic needs. Types of assistance include: Rent, food, funeral expenses, utilities, insurance, car repair for an essential vehicle and medical costs not covered by insurance.

### Emergency Assistance

The RAF Mildenhall Red Cross office is accessible 24 hours a day, 7 days a week to assist in family communications and emergencies. Services such as verification of death or sudden illness, birth announcements, and health and welfare reports due to lack of communication over a long period of time are a few of their services.

The RAF Mildenhall Red Cross offers various volunteer programs and training in conjunction with the Lakenheath Red Cross due to geographical proximity. These programs include services to the hospital, dental clinics through the Dental Assistance Program, disaster services and youth activities. Health and safety courses are also available. Courses offered include babysitting, CPR, emergency response and basic first aid.

### Family Advocacy

The Family Advocacy Program is a community resource that advocates for healthy families, serving military members and eligible beneficiaries. Family Advocacy supports Air Force readiness by providing crisis intervention, counseling, and educational services in an effort to prevent family violence. Family Advocacy has four components: Treatment, outreach, Exceptional Family Member Program (EFMP) and New Parents Support Program (NPSP). Treatment provides proactive programs, intervention and treatment services to families who have had an incident or may be prone to having an incident of family violence or neglect. Outreach builds community resources for the prevention of family violence and advertises prevention programs available in the community. The EFMP assists families with special medical or educational needs in obtaining required services. The NPSP provides education in classes, office visits, and home visits, before and after delivery, on pregnancy changes, infant growth and development, relationship issues and infant & baby care. Services are provided to active duty members and their families.

### Single Member Services

If you are single sometimes it seems easier for families to make friends and be a part of a community than for single people. This does not have to be true for you. The key to being a part of the RAF Mildenhall community is getting involved. Join a church or synagogue group, sign up for educational courses, recreational program, volunteer as a coach, or take part in a special interest group such as a health club.

Make a list of all the activities you participated in before your move: Bowling, bridge club, Big Brothers/Sisters, softball, etc...
Add some other activities you would like to try: Amateur theater, International Toastmasters, computer courses...

Then find out how to find these activities through such sources as the Family Support Center, the Recreation Center, the West Suffolk College-Adult Education Course Guide, or your units' bulletin board.

So what are you waiting for? Get involved today!

Support Groups
See below.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>DSN Phone</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous</td>
<td>Alcoholics Anonymous</td>
<td>RAF Mildenhall</td>
<td>0171-352 3001</td>
<td>238-4371</td>
<td>Hours: Wed &amp; Sat at 1900</td>
</tr>
<tr>
<td>Alcohol Rehab Ctr</td>
<td>Bldg 938</td>
<td>RAF Lakenheath</td>
<td>01638-525110</td>
<td>226-5110</td>
<td>Hours: 0730-1630, Mon-Fri</td>
</tr>
<tr>
<td>Hearts Apart</td>
<td>Family Support Center, Bldg 460</td>
<td>RAF Mildenhall</td>
<td>01638-543406</td>
<td>238-3406</td>
<td>Support group for spouses while military members are deployed or on long TDYs.</td>
</tr>
</tbody>
</table>

Morale, Welfare, and Recreation
See below for RAF Mildenhall facilities.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
<th>DSN Phone</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;Designer&quot; Print Shop</td>
<td>Bldg 438</td>
<td>RAF Mildenhall</td>
<td>01638-544371</td>
<td>238-4371</td>
<td>Provides printing services such as color and B&amp;W photocopies, business cards, certificates, invitations and custom designs.</td>
</tr>
<tr>
<td>Auto Skills Center</td>
<td>Bldg 240</td>
<td>RAF Mildenhall</td>
<td>01638-542480</td>
<td>238-2480</td>
<td>Hours: 0800-2100 Mon-Fri, 0900-2000 Sat-Sun</td>
</tr>
<tr>
<td>Bowling Center</td>
<td>Bldg 400</td>
<td>RAF Mildenhall</td>
<td>01638-542098</td>
<td>238-2098</td>
<td>Has twelve lanes for open and league bowling, automatic Brunswick scoring, video games.</td>
</tr>
<tr>
<td>Community Activities Center</td>
<td>Bldg 404</td>
<td>RAF Mildenhall</td>
<td>01638-542579</td>
<td>238-2579</td>
<td>Hours: Mon-Thu 0900-2300, Fri 0900-0100, Sat-Sun 1000-2400, Holidays 1100-Marauder closing. The Marauder Sports Lounge is currently located within the building. The Community Center still provides a variety of off duty activities including pool, ping-pong, and video games. Programs are still being held in other facilities, as advertised on base and in the Marauder (base newspaper). Has worldwide fax &amp; telephone service - pay and collect calls. Offers balloons and gifts for all occasions.</td>
</tr>
<tr>
<td>Name</td>
<td>Address</td>
<td>City</td>
<td>Phone</td>
<td>DSN Phone</td>
<td>Comments</td>
</tr>
<tr>
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<td>------------------------------</td>
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<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Galaxy Club         | Bldg 437        | RAF Mildenhall | 01638-542683                 | 238-2683  | Club hours are Sun-Thur 1100-2400, Fri-Sat 1100-0200  
                  |                 |                 |                              |           | American Cafe - Dinner 1700-2100  
                  |                 |                 |                              |           | New York Pizza and Deli Sun-Thur 1100-2100, Fri-Sat 1100-2300  
                  |                 |                 |                              |           | Popo Loco's Sun-Thur 1100-2000, Fri-Sat 1100-2100  
                  |                 |                 |                              |           | The new facility offers a ballroom, function room, lounge, slot machines, two person basketball court, video games, and several bar areas for your convenience. |
| Officers' Club      | Bldg 464        | RAF Mildenhall | 01638-542606                 | 238-2606  | Lunch 1100-1300 (Mon-Fri)  
                  |                 |                 |                              |           | Sunday Brunch 1000-1400  
                  |                 |                 |                              |           | Dinner 1800-2100 Thur-Sat  
                  |                 |                 |                              |           | Tudor Lounge 1700-2100 Mon, Tues & Thurs.  
                  |                 |                 |                              |           | (Closes at 2200 on Wed)  
| Golf Course         | Bldg 1320       | RAF Lakenheath | 01638-522223                 |           | Hours: Summer Hours 0700-1900 Winter  
                  |                 |                 |                              |           | Hours 0800-1600  
                  |                 |                 |                              |           | Features a nine hole course, eighteen tee boxes, driving range, lessons, monthly tournament and a wide range of golf equipment and accessories. |
| Library             | Bldg 425        | RAF Mildenhall | 01638-542352                 | 238-2352  | Hours: Mon-Thur 1000-2100; Fri 1000-1900  
                  |                 |                 |                              |           | Sat-Sun 1200-1800; Holidays 1200-1700  
                  |                 |                 |                              |           | Multi-media library of 16,000 volumes covering adult and juvenile subjects. Facility includes two reading areas, a children's room, quiet study area, conference room and two computer rooms for library research and word processing. Internet is available. |
| Outdoor Recreation  | pB09 located next to the Community Center | RAF Mildenhall | 01638-544283/5982 | 238-4283/5982 | Hours: Summer Hours: M-F, 1000-1730  
                  |                 |                 |                              |           | Winter Hours: M-T-F, 1100-1800  
                  |                 |                 |                              |           | Adventure, organized trips and outdoor fun. Activities include cycling, camping, golf, go karting, rock climbing and much more. |
| Outdoor Recreation Supply | located next to Ford Park on secured side of base | RAF Mildenhall | 01638-542694/7151 | 238-2694/7151 | Summer Hours: M-F, 1000 - 1800, Sat 1000 - 1600  
                  |                 |                 |                              |           | Winter Hours: M-T-F, 1100-1800  
                  |                 |                 |                              |           | Rentals: Camping, sports, tools, lawn & garden, TVs, VCRs, camcorders, bouncy castles, group items (ie. canopies), trailers, carpet cleaners, and much more. |
| Pizza Cove          | Bldg 168        | RAF Mildenhall | 01638-542795                 | 238-2795  | Hours: Mon-Thur 1030-2230  
                  |                 |                 |                              |           | Fri 1030-0030  
                  |                 |                 |                              |           | Sat 1200-0030  
                  |                 |                 |                              |           | Sun 1200-2130  

### Skills Development Center

**Name:** Skills Development Center  
**Address:** Bldg 644 (Secured side)  
**City:** RAF Mildenhall  
**Phone:** 01638-542882  
**DSN Phone:** 238-2822  
**Comments:**  
- Hours: Mon-Fri 1000-1800  
- Facilities include matting, framing, and engraving services for base personnel and their families.

### Sports & Fitness Center

**Name:** Sports & Fitness Center  
**Address:** Bldg 463  
**City:** RAF Mildenhall  
**Phone:** 01638-542041/2349  
**DSN Phone:** 238-2041/2349  
**Comments:**  
- Hours: Mon-Fri 0500-2400 Sat/Sun/Holiday 0930-2000  
- Services: Sauna, basketball court, weight room outfitted with free weights and universal gym set, racquetball, handball, and tennis courts, cycling machines, treadmill and other sports equipment, a wet sauna and two racquetball courts.

### Sports Store

**Name:** Sports Store  
**Address:** Bldg 442 (Same Bldg as Post Office)  
**City:** RAF Mildenhall  
**Phone:** 01638-542644  
**DSN Phone:** 238-2644  
**Comments:**  
- Hours: Mon-Fri 1000-1730  
  Sat 1030-1630

### Travel Office - Leisure Travel Office - SATO

**Name:** Travel Office - Leisure Travel Office - SATO  
**Address:** Bldg 404 (Bob Hope Community Center)  
**City:** RAF Mildenhall  
**Phone:** 01638-544708  
**DSN Phone:** 238-2822  
**Comments:**  
- Hours: 0900-1700 Mon-Fri  
- Make reservations on commercial airlines and ferries for personal travel as well as assisting with car hire and hotel bookings.

### Travel Office - Soham Travel

**Name:** Travel Office - Soham Travel  
**Address:** Bldg 404 (Bob Hope Community Center)  
**City:** RAF Mildenhall  
**Phone:** 01638-713977  
**Comments:**  
- Hours: 0900-1700 Mon-Fri  
- Commercial travel agency offering a full range of travel services.

### Travel Office - Tickets and Tours (ITT)

**Name:** Travel Office - Tickets and Tours (ITT)  
**Address:** Bldg 404 (Bob Hope Community Center)  
**City:** RAF Mildenhall  
**Phone:** 01638-544103  
**DSN Phone:** 238-4103  
**Comments:**  
- Hours: 0800-1730 Mon-Fri, 0800-1200 Sat  
- Offers full commercial travel services to include air fares, overseas travel, package tours, theater tickets, travel brochures and general information.

### Chapel Services and Programs

See below for more information.

### Roman Catholic Mass

**Name:** Roman Catholic Mass  
**Address:** Chapel, Bldg 474  
**City:** RAF Mildenhall  
**Phone:** 01638-542822  
**DSN Phone:** 238-2822  
**Comments:**  
- Hours: Reconciliation/Confessions Sat 1645-1715  
- Mass: Sat 1730; Sun 1100, Holy Days 1200 & 1700  
- Please contact the Chapel staff for more information regarding the Catholic services.

### Protestant Services

**Name:** Protestant Services  
**Address:** Chapel, Bldg 474  
**City:** RAF Mildenhall  
**Phone:** 01638-542822  
**DSN Phone:** 238-2822  
**Comments:**  
- Hours: Sundays - Liturgical 0800  
  Traditional 0930  
  Gospel 1230  
- Please contact the Chapel staff for more information regarding the Protestant services.
See also the major section "Local Community" related subject "Non-Profit Social Service Agencies" record listing sections, for information on free nursery schooling for 4 year olds and other services.

**New Parent Program**

The RAF Lakenheath 48th Medical Group (only 5 miles from RAF Mildenhall) offers a program for new parents called New Parent Support Program which includes home visits by Family Advocacy nurses. Their primary focus is for "new" parents regardless of rank. Education is provided before and after delivery on Pregnancy changes, infant growth and development, relationship issues and Infant & Baby Care. After the baby is born, home visits are performed to provide emotional support and education. (Program is totally voluntary and well received by all participants.) This program is also available for single parents.

The Family Services Program provides special FREE gift layette sets (sweater and blanket set) for ALL newborns of RAF Mildenhall members. Bring proof of birth or the baby to Bldg. 460. To volunteer to knit or crochet or for more information call Civ 01638-542032 DSN 238-2032.

**Child Care Programs - on Installation**

Waiting lists exist for all ages, averaging 12-24 months. Priority is given to single parents and dual military families. An advance application for care (DD Form 2606) can be submitted through your losing base's Child Development Program, once you have orders. Applications can be faxed.
<table>
<thead>
<tr>
<th>Name: Child Development Center</th>
<th>Name: Youth Center</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> Bldg. 288</td>
<td><strong>Address:</strong> Bldg. 287</td>
</tr>
<tr>
<td><strong>City:</strong> RAF Mildenhall</td>
<td><strong>City:</strong> RAF Mildenhall</td>
</tr>
<tr>
<td><strong>Phone:</strong> 01638-542042</td>
<td><strong>Phone:</strong> DSN 238-2990/2831  Civ 01638-542990/2831</td>
</tr>
<tr>
<td><strong>FAX:</strong> (Civ only) 01638-712186</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>DSN Phone:</strong> 238-2042</td>
<td><strong>Hours:</strong> 1500-2000 M-F, 1400-2000 Sat.</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Before &amp; after school program is available, M-F 0630-0830/1515-1800. Call for information on special School-break and Summer-break camps. Lots of special programs are offered on an on-going basis to include gymnastics, karate, ballet, drill team, performing arts, tennis, and a very active sports program (basketball, soccer, in-line hockey, baseball, etc.). (Helium balloons are offered for sale, for special occasions.) Fees are on a sliding scale.</td>
</tr>
<tr>
<td>Hours: 0630-1800 Mon-Fri</td>
<td><strong>RegistrationFee:</strong> $15</td>
</tr>
<tr>
<td>Registration Fee: $15</td>
<td><strong>Hours:</strong> 0645-1800 Mon-Fri</td>
</tr>
<tr>
<td><strong>The Mildenhall Child Development Program provides weekly care for children ages six weeks to five years of age. Hourly care is available on a limited basis. Reservations can be made up to one week in advance by calling the Center. PCS families receive priority for hourly care 14 days in/outbound. All CDC rooms are staffed according to managed Air Force child care regulations. Their care givers are trained in early childhood education and in-service training is conducted to ensure that quality programming is maintained.Menus are approved by the base dietician and follow the USDA Child Care Food Preparation Standards.</strong></td>
<td></td>
</tr>
<tr>
<td>A new child development center has recently been completed. This increases the capacity from 64 children to over 200.</td>
<td><strong>Across from the base shoppette and barber shop.</strong></td>
</tr>
<tr>
<td><strong>Name:</strong> Child Development Center</td>
<td><strong>Name:</strong> Youth Center</td>
</tr>
<tr>
<td><strong>Address:</strong> Bldg 37</td>
<td><strong>Address:</strong> Bldg 37</td>
</tr>
<tr>
<td><strong>City:</strong> RAF Feltwell</td>
<td><strong>City:</strong> RAF Mildenhall</td>
</tr>
<tr>
<td><strong>Phone:</strong> 01638-527020</td>
<td><strong>Phone:</strong> DSN 238-2990/2831  Civ 01638-542990/2831</td>
</tr>
<tr>
<td><strong>DSN Phone:</strong> 236-7020</td>
<td><strong>Comments:</strong></td>
</tr>
<tr>
<td><strong>Hours:</strong> 0645-1800, Mon-Fri</td>
<td><strong>Hours:</strong> 0645-1800 Mon-Fri</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td><strong>Located across from the base theater and directly across from the Craft Center.</strong></td>
</tr>
</tbody>
</table>

Across from the base shoppette and barber shop.
Family Child Care is the regular care of a child, for more than ten hours per week in the on-base home of another family. Persons who want to operate a Family Child Care home must meet certain Air Force requirements (to include licensing) before offering care to children. A cooperative program between the AF Family Child Care and British Social Services offers those in housing off base the opportunity to become a licensed Childminder. There can be no more than six children receiving care in the home (including the provider's children) under the age of eight, and only two of the children can be under two years of age. Parents are still responsible for evaluating the home before placing their child and should continuously monitor the care provided.

To be eligible for care, children must be two weeks through 12 years of age. Parents must be active duty, retired military, employed civilians, or Department of Defense employees. Children are required to have current, updated immunizations, medical power of attorney and a Dependent Care form (in single/dual military).

Hours of operation and fees charged are a matter of private negotiation between the provider and the parents. Parents are required to fill out a contract prior to beginning care. For more information, contact the Family Child Care Coordinator at the number listed above.

Alternatively, the Lakenheath POC can be reached at Bldg 640, Civ 01638-523718 or DSN 236-3718.

Child Care Programs - Community

A child care resource pamphlet (for the local area) is available through the Child Development Center, Family Child Care Office, and Family Support Center. This resource guide includes on-base, family day care homes, childcare in the local community, and lots more.

The following numbers are for British agencies that can provide child care information.

### Suffolk County Council
- **Name:** Suffolk County Council
- **Phone:** Civ 01284-763141
- **Comments:** Covers the areas of Mildenhall, Newmarket, Red Lodge, Bury St. Edmunds and surrounding areas.

### Norfolk County Council
- **Name:** Norfolk County Council
- **Phone:** Civ 01842-754484

### Cambridge County Council
- **Name:** Cambridge County Council
- **Phone:** Civ 01353-667911
- **Comments:** Ely office, covering Ely, Littleport and area.

### Things To Do - Clubs and Social

Most towns in the UK have their own public library or access via a mobile van. In addition to supplying the public with books, videos, cassettes and CD's they also keep extensive listings of local clubs on computer.

You don't have to be a member of a library to look at the lists; simply ask at the enquiries desk which is a feature of each library, being sure to take a notepad and pencil with you. Although the information you need on clubs can be printed out for you, the library does charge for the service, whereas you can scroll through the information and copy down as much as you like, for no cost at all.

**JOINING THE LIBRARY**

If you'd like to become a member, take two official documents that clearly show your name and address - utility bills, a rent book, a housing contract or the like - to the enquiries desk in your local library. It's as simple as that. There's no charge for joining. They'll also give you an information leaflet showing the service provided and hours of opening.

### Bury Christian Youth
- **Name:** Bury Christian Youth
- **Address:** Pump Lane
- **City:** Bury St Edmunds
- **Phone:** 01284-701326

### Cambridge Arts Cinema
- **Name:** Cambridge Arts Cinema
- **Address:** 8 Market Passage
- **City:** Cambridge
- **Phone:** Civ 01223-504444
**Things To Do - Recreation and Sports**

The library in each community has a computerized resource listing of children’s programs many of which are free or low cost.

Numerous choices exist on the local economy, check the Yellow Pages for additional resources, under "Leisure Centres", "Sports Training", "Stables", "Sports Clubs & Associations", "Recreation", to name a few...

**Schools**

See major topic "Education" for information on DODDS, British public schools and private schools.

**School Age Care**

RAF MILDENHALL:
The Youth Center’s "School Age Program" is located in Building 293 (AYA). It operates from 0630 until school bus pick-up times and again from around 1500 until 1800. All staff members are well-trained and offer a developmentally structured supervised program featuring 100 percent accountability at all times.

RAF LAKENHEATH:

The School Age Program is offered in the morning, before school starts, and in the afternoon, after school ends. The program also provides care during school breaks and in the summer, in the form of summer day camp. All activities are planned as an addition to the child's education, with an emphasis on enhancing social, academic and leisure time skills. Currently, the School Age Program is offered in the Lakenheath Elementary School and an associated program is conducted at Feltwell in conjunction with the Feltwell Child Development Program (CDP). Hours of operation are as follows: Regular School Hours, M-F 0630-0830 (includes breakfast), 1500-1730 (includes snack), school closures and vacations, M-F 0630-1730. For more information call Youth Activities at Civ 01638-523953.

Heath Club: Great Heath CP
St Johns Close
Mildenhall
Tel: 01638 713430 After School

Brandon After School Club
(Forest CP and Glade CP)
Forest CP School, Brandon
Tel: 01284 750987 After School Club

Orniston Trust After School Club
The Family Centre
68 Mill Hill, Newmarket
Tel: 01638 560936 After School

All staff are First Aid and CPR certified and must complete an additional 20 hours of training per year to remain current in their field.

See also "Child Care Programs - On Installation/In Community."

Religious Programs

Various programs exist at the RAF Mildenhall Chapel. They include Jewish, Protestant and Catholic Sunday School programs, Confirmation classes, Protestant Youth of the Chapel (PYOC) for Jr/Sr High School students, and a handbell ringers program.

POC: DSN 238-2822 (0730-1630, M-F).

Special Events

The Youth Center offers special events throughout the year, they include:

Easter Egg hunts, bike rodeo (Sept), talent shows, lots of trips, Halloween Party (lock-in), Valentine lock-in, End-of-School & Schools-in locking, and Christmas Party, Teen Bash, to name a few. Stop by the center to get the current schedule.

See related subject, "Youth Centers".

Sponsorship and Support

The youth center offers a "Pen Pal" program for "in-coming" youth. Send your name, address, interests, age and other information about yourself to:

Attn: AYA Director 100 SVS/SVYY APO AE 09459

or e-mail: goodej@mildenhall.af.mil

Youth Employment

Currently RAFs Mildenhall and Lakenheath have a Summer Hire program that runs during the summer for 6 weeks. Family Members (students) must be at least 14 years old to participate.

The American Red Cross also sponsors a volunteer program for the summer months. The minimum age to take part in this program is 12.

| Name: | American Red Cross |
| Address: | B460 |
| City: | RAF Mildenhall |
| Phone: | 01638-542113 |
| DSN Phone: | 238-2113 |

| Name: | Civilian Personnel Office |
| Address: | Bldg 435 |
| City: | RAF Mildenhall |
| Phone: | 01638-543540 |
| DSN Phone: | 238-3540 |
Survival Tips For First Termers

Survival Tips for First Termers Overview
Being in the Air Force presents many challenges for single and married members. It is not always easy to juggle military duties, personal and financial obligations, while attending to the needs and wants of immediate and extended family. Past experience has proven that the more planning and preparation you do, the better "life" goes. In keeping with this idea, we have included some "Survival Tips" to help you face the challenges and opportunities of the mobile military lifestyle you have chosen, in the next few sections.

ECONOMIC REALITIES - Life overseas can prove to be a financial hardship for some, due to limited employment and transportation, increased costs and being so far from home. It is important to plan, save and be aware that many resources you have come to expect in the U.S. are NOT available overseas. They include unemployment compensation, and ....

For Teens Only
The Youth Center offers the following for teens: Teen Summer Bash, Commander for the Day program, special teen specific trips, RAF Mildenhall Youth Sports Day, shopping trips, all-night lock-ins, and more. Stop by the Center for the current schedule.
If you get married before you PCS, you MUST inform your losing unit commander and follow the procedures exactly as you are given them. The military WILL NOT PAY for travel and housing of your spouse if you do not follow proper procedures.

Contact the Family Support Center (or its equivalent) at your losing base, they have several programs available to help you make your move smoother. The Relocation Assistance Program (where you probably got this SITES package) also has a copy of our base brochure and video (for loan out), as well as, numerous other services they can tailor to your needs. The Personal Financial Management Program can help you look at you finances and plan for this move. The Career Focus Program can help spouses get a "headstart" on preparing a resume and/or SF171 for employment and also help with "Interviewing Techniques". Don't let the movers pack this vital information, bring it with you!

Start a special folder or bag for all of the important papers and records you will carry with you and don't leave it in the house while the movers are there.

Make reservations with the RAF Mildenhall Billeting office as soon as possible and confirm them just prior to the start of your travel. (See "Must Know" info and tips in the "Installation" portion of this SITES package.)

Once you have a copy of your orders, you can have your sponsor or unit get you a post office box for forwarding your mail, before you leave.

Send out change of address letters (creditors, magazines, banks, insurance companies, family, etc.). Go through your address book, bills and financial papers from the past couple of months. Make out a list of company addresses, telephone and account numbers, etc. Put this in your "carry it with me" bag. Leave a forwarding address with the post office and your old unit.

Talk to the staff at your finance office. They can figure out how much travel pay you will receive, including dislocation and temporary allowances.

Talk with your TMO to get current info on overseas weight allowances, packing & shipping schedules and to have up to date info on items you cannot ship. They can also discuss the requirements to ship your POV and your pet.

Talk to the Housing Office about temporary lodging after you clear your current quarters and before you actually depart for your new duty station. You can also submit an advanced application for base housing through the Housing Office and reduce your waiting time by 30 days.

Childcare waiting lists can be 18-24 months. Send an advance application for the waiting list through your base Child Development Center as soon as you get orders.

Get your children's school records or arrange for them to be sent to their new school.

Get family medical records (dental, too) that may be held by military or civilian doctors. You will need to "hand carry" all of your medical records with you.

If you are renting an apartment or house off-base, arrange for an inspection after your household goods are removed. If the landlord is unable to refund your deposit before you leave, get a written agreement of any damage and the amount of deposit you can expect to be refunded. This can prevent problems later.

After You Arrive
Your sponsor should meet you at the terminal and can transport you to your squadron orderly room and then the INTRO program for inprocessing.

See "Must Know Items" under "Installation" heading for directions on how to get to RAF Mildenhall.

If you are staying in Billeting (on-base) your room number (4-digits) is your phone number.
You will be scheduled to attend Overseas Orientation, to become familiar with programs and services available to you and your family. (Held every other Tuesday.)

Attend the 3rd Air Force Driving Orientation class to obtain a 3rd AF driving permit. (Held every Friday–for more details see "Must Know" & "Regulations" related subjects under "Installation".)

If you need cooking utensils, linens, dishes, stroller, high chair, crib, etc., go to Family Services, located in the Family Support Center, Bldg. 460.

Go by the Housing Office annex (Bldg 440) (ext. 3438/2808) for assistance in finding off-base housing and to get on the base housing list. (Tip: The more "base" housing areas you select to live in, the better your chances of getting base housing sooner.)

Notify TMO Inbound (ext. 2927) of your arrival, so they can notify you when your "hold baggage" and household goods arrive.

Contact your loved ones (by letter or phone) to notify them that you have arrived at your new duty station. (Don't forget international calls can be expensive!) If you are going to make many international calls, consider checking into one of the "long distance" services that offer state-side calls for less than 30 cents a minute.

Check out the next dates for classes at the Family Support Center (FSC) by picking up an "Update" from the Post Office, Shoppette or the FSC, bldg 460, or calling ext. 3406.

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**Name:** Relocation Assistance Program  
**Address:** Bldg. 460  
**City:** RAF Mildenhall  
**Phone:** 01638-543406  
**FAX:** 01638-543514  
**DSN Phone:** 238-3406  
**DSN FAX:** 238-3514  
**Comments:**  
The Relocation Assistance staff offer a wide variety of classes to help you adjust and make the most of your tour, using transformers safely, about the cultural differences and "touring" the U.K. and the European continent, as well as, everything you wanted to know about being a military spouse.

"Give Parents A Break" is a program funded by the Air Force Aid Society and provides 5 hour blocks of free childcare, a week, for PCSing parents to give them a break. Stop by or call for more information.

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**Reporting Procedures**

Report to your Unit Orderly Room and then the INTRO Program at bldg 460. After hours arrivals: Report to Billeting front desk, they will brief you on what you need to do.

**Name:** INTRO Program  
**Address:** Bldg. 460  
**City:** RAF Mildenhall  
**Phone:** 01638-545294  
**FAX:** 01638-5435294  
**DSN Phone:** 238-5294  
**DSN FAX:** 238-3514

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**Travel Planning**

Concurrent travel, meaning your family travels with you, is approved for RAF Mildenhall.

SATO (official travel) will make flight arrangements for you and any family members authorized on your orders.

Military Personnel Flight (MPF) will assist you in obtaining official passports for anyone authorized to travel with you (on your orders). If you can afford it, tourist passports are preferred by most for personal traveling overseas. You can always wait until after you arrive to get the tourist passports.

Keep receipts for any lodging or transportation so you can file them with your travel voucher.
Reservations should be made with Billeting as soon as possible, you or your sponsor can do this, but don't forget to confirm these reservations three days before your expected arrival.

| Name: The Gateway Inn - RAF Mildenhall |
| Address: Unit 4905, Box 400 |
| City: APO, AE 09459 |
| Phone: In UK 01638-54-6001; International 44-1638-54-6001 |
| Comments: E-mail: lodgemhz@mildenhall.af.mil |

**Vehicle Ownership**

Any motorized vehicle being imported into the United Kingdom, including motorcycles shipped in household goods, are considered to be concession (tax free) vehicles. Concession vehicles are any vehicles imported or purchased free of VAT (value added tax, car tax, and duty/excise tax).

Only military members and DOD civilian components are authorized to own a concession vehicle and there's a limit on how many concession vehicles a person may own. Individuals on an accompanied tour may own two concession vehicles. (The government will only pay to ship one vehicle.)

You must complete four copies of Customs and Excise Form 941 at Pass & Registration before your vehicle will be cleared into the United Kingdom by Her Majesty's Customs & Excise.

Vehicles imported into the country must be registered with the British authorities at Pass and Registration within three working days after picking up the vehicle from port. You must have a stateside license plate attached to the vehicle when picking it up at the port.

Vehicles three years or older must have a Ministry of Transport (MOT) certificate. A new requirement for vehicles less than three years old is the Single Vehicle Approval (SVA). The MOT and SVA are similar safety inspections. However, the MOT is an annual requirement for all vehicles over three years old being operated in the United Kingdom; and the SVA is a one time requirement on concession vehicles imported into the United Kingdom less than three years old. (See your Sponsor Packet for more details on MOT requirements.)

Whenever conducting or participating in a transaction involving a concession vehicle, call Pass and Registration.

| Name: Pass and Registration |
| Address: Bldg. 440, ground floor |
| City: RAF Mildenhall |
| Phone: 01638-542876 |
| DSN Phone: 238-2876 |

**Housing and Billeting**

A listing of local motels, Bed & Breakfasts, and Inns is available at the Family Support Center.

Getting settled and finding a place to live will be the highest priority once you've arrived. There are several agencies at RAF's Mildenhall and Lakenheath to make settling in a lot easier and help you find just the right place to live.

The Area Family Housing Office serves military and U.S. civilian personnel assigned to Mildenhall and Lakenheath. It's located in Bldg 965, RAF Lakenheath, and can be reached by calling DSN 236-1840 or Civ 01638-521840. A Mildenhall annex office is located in Bldg 440 (across the street from the Post Office) and can be reached at DSN 238-2726/3438 or Civ 01638-542726/3438.

Once PCS orders are received you may submit an advanced housing application to RAF Lakenheath through your closing base. (Fax: DSN 236-2723 Civ 011-44-01638-522723) The housing office at Lakenheath will process the application within 24 hours of receipt and return a copy of the DD Form 1747 advising you of your waiting list status. Be sure you retain the carbon copy of the advanced application, since it may be needed to show proof an application was submitted.

There are 2,286 military family housing units and 11 different locations available for assignment to military with command-sponsored dependents. Civilian employees are not authorized base housing.

**DORMITORIES:**

There are eight dormitories on RAF Mildenhall with a total of 694 rooms. Wing officials are working toward single occupancy in all dormitories, but currently only some are set up, and all others have been renovated to the room-bath-room configuration.
Current policy for single people to receive basic allowance for quarters and live off base is: E-6s and above are automatically given the entitlement, and E-5s and career E4s have the option to put themselves on a waiting list to receive the entitlement and permission to live off base.

OFF-BASE HOUSING

All military and DOD civilian personnel must process through the housing office and attend a housing briefing prior to making any commitment to rent or buy economy housing.

When a house is found, contracts are completed and returned to the housing office for review. Upon moving in, the housing office completes all paperwork necessary to start your OHA and utilities allowance. Private rental housing is limited in the vicinity of RAFs Mildenhall and Lakenheath.

LOANER APPLIANCES (& temporary loaner furniture)

Due to limited space and voltage/cycle differences, it is NOT recommended that you ship your major appliances. RAF Feltwell Housing Supply Office, Bldg 49, DSN 226-7029/7030, will provide you a washer/dryer, refrigerator, stove, two transformers and one wardrobe for the duration of your tour. Due to delays in most household goods shipments, temporary loaner furniture is provided until your household goods arrive, it consists of dining table & chairs, sofa/easy chair, coffee/end tables, beds, and dressers. Family Services offers temporary loan of linen (sheets/pillow case/covers) [No Pillows], dishes, cutlery, pots/pans, irons & ironing boards, small electrical appliances, cribs, highchairs, strollers, and car seat. So plan your "unaccompanied" shipment accordingly.

(See also major topic "Housing").

Money Matters

Relocation is expensive. The average military member loses $2 for every $3 they spend due to poor planning!!! Be prepared. Develop a financial plan for your next move. For assistance contact the Personal Financial Management Program Manager, at your losing Family Support Center.

If you are an E-4 or below you will attend a mandatory financial briefing shortly after your arrival. This class covers dealing in local currency, special local bills and payments, maintaining a budget, savings programs, and money management. Spouses are also welcome to attend.

Banking long distance is fraught with potential disasters. Setting up a new banking account locally is recommended. There is a bank and credit union on base. You could use your old bank for savings or investment accounts, but you should maintain your household budget locally so you can take care of any problems with pay, bills, account status, etc. by sitting down and talking to someone who can help solve your problems.

Before you move, make a general review of your entire financial situation and project your future expenses so you can prepare for all anticipated contingencies. If you are married, your spouse needs to be included in this preparation. If you'd like help, contact your Family Support Center's Personal Financial Program Manager.

Moving to the UK can require a cash reserve of as much as $5000, to insure all associated relocation expenses after your arrival can be met. First:

-Prepare a family balance sheet. List your assets & liabilities

Assets: Cash in checking & savings
Cash value of life insurance policy
Market Value (MV) of stocks, bonds & mutual funds
MV of home, cars, boat, furniture, etc.

Liabilities:
Loans on home, autos, furniture, etc.
Credit Card Balances
Taxes owed

Subtract your liabilities from your assets to get your Net Worth.

This list can be used for accountability of household items when movers arrive, ie. furniture, household goods.

Develop a comprehensive projected budget, until you move, that establishes living expenses: enabling you to cut down expenses and make monetary adjustments until you leave.

Many of today's families rely on two incomes to make ends meet. If a second income is needed, visit the Career Focus Manager at the Family Support Center for help in your job search. (Do Not count on having a job immediately upon arrival. Most jobs are low paying and there are many applications for each vacancy.)
Also see "Financial Preparedness" related subject under major topic "Relocation Services"; "Family Center" related subject under major topic "Support Services"; and "Must Know" related subject of "Installation".

Name: Personal Financial Management Program (PFMP)
Address: Bldg 460 (Family Support Center)
City: RAF Mildenhall
Phone: 01638-543406
FAX: 01638-543514
DSN Phone: 238-3406
DSN FAX: 238-3514
Comments:
The PFMP offers information, education, and personal financial counseling to help every family and/or military member meet their financial obligations and goals. Counseling is available, by appointment, to assist with budgeting, checkbook maintenance, and credit management. This program offers long-term solutions to financial problems.

At A Glance

Facility/Services Summary

<table>
<thead>
<tr>
<th>--Officer and Enlisted Population--</th>
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</thead>
<tbody>
<tr>
<td>Active Duty Officer</td>
</tr>
<tr>
<td>Guard Reserve Officer</td>
</tr>
<tr>
<td>Retired (Officer and Enlisted)</td>
</tr>
<tr>
<td>Active Duty Enlisted</td>
</tr>
<tr>
<td>Foreign Service Enlisted</td>
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<table>
<thead>
<tr>
<th>--Civilians--</th>
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<tbody>
<tr>
<td>Civil Service</td>
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<tr>
<td>Non-Appropriated Funds</td>
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<table>
<thead>
<tr>
<th>--Family Services--</th>
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<tbody>
<tr>
<td>Family Centers</td>
</tr>
<tr>
<td>Child Day Care</td>
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<tr>
<td>Total Child Capacity</td>
</tr>
<tr>
<td>Average Waiting List Time -Months-</td>
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</table>

<table>
<thead>
<tr>
<th>--Other Services--</th>
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</thead>
<tbody>
<tr>
<td>Commissary</td>
</tr>
<tr>
<td>Shoppettes</td>
</tr>
<tr>
<td>Movie Theaters</td>
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<tr>
<td>McDonalds/Burger King</td>
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Housing Summary

<table>
<thead>
<tr>
<th>Name</th>
<th>Avg</th>
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<th>High</th>
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<tbody>
<tr>
<td>Senior Officer Waiting</td>
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<tr>
<td>Senior Officer 4 Bed Room</td>
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<tr>
<td>Company Grade Officer Waiting</td>
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<tr>
<td>Company Grade Officer 3 Bed Room</td>
<td>73</td>
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<tr>
<td>BOQ</td>
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**Officer Housing**

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<tr>
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<th>Avg</th>
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<tbody>
<tr>
<td>Senior Enlisted Waiting</td>
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<tr>
<td>Senior Enlisted 4 Bed Room</td>
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<tr>
<td>Enlisted Waiting</td>
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<td>Enlisted 3 Bed Room</td>
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<td>BEQ</td>
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**Enlisted Housing**

Education Summary

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<tr>
<td>Jr High/Middle School</td>
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<tr>
<td>High School</td>
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Local Community Summary

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<tr>
<th>Type of Housing</th>
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<td>Apartment Rent</td>
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<tr>
<td>House Rent</td>
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<td>House Price - Single Family</td>
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<td>Townhouse/Condominium Price</td>
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## Medical and Dental Summary

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<tr>
<td>Medical Treatment Facilities</td>
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<tr>
<td>Alcohol</td>
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<td>Cardiology</td>
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<tr>
<td>Dietary</td>
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<td>Family Practice</td>
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<tr>
<td>HIV Unit</td>
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<td>Infect Disease</td>
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<td>Mental Health</td>
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<tr>
<td>Nephrology</td>
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<td>Obstetrics</td>
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<tr>
<td>Podiatry</td>
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<tr>
<td>Rheumatology</td>
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<tr>
<td>Dental Clinics</td>
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<tr>
<td>General Dentistry</td>
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<tr>
<td>Pedodontist</td>
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### Relocation and Support Services Summary

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<th>--Military Clubs--</th>
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<tbody>
<tr>
<td>Officers Club</td>
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<tr>
<td>Non-Commissioned Officers Club</td>
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<tr>
<td>Enlisted Club</td>
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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Arts and Crafts</td>
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<tr>
<td>Automobile Hobby Centers</td>
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<tr>
<td>Bowling Centers</td>
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<tr>
<td>Recreational Centers</td>
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<tr>
<td>Libraries</td>
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<tr>
<td>Music and Theater Locations</td>
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<table>
<thead>
<tr>
<th>--Physical Fitness/Sports--</th>
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<tr>
<td>9 Hole Golf Courses</td>
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<td>18 Hole Golf Courses</td>
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<tr>
<td>Gyms/Physical Fitness Centers</td>
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<tr>
<td>Jogging Paths</td>
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<tr>
<td>Tennis Clubs/Courts</td>
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<tr>
<td>Tennis Courts - Lighted</td>
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<table>
<thead>
<tr>
<th>--Nature/Outdoor Activities--</th>
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<tbody>
<tr>
<td>Outdoor Recreation Centers</td>
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<td>Campgrounds</td>
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<tr>
<td>Fishing Areas</td>
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<tr>
<td>Horse Stables</td>
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APPENDIX

Disclaimer
Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.