

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Fort Detrick
Maryland

Information Date
March 31, 2000

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

Commander, U.S. Army Garrison ATTN: MCHD-CCS-AC, Fort Detrick, MD 21702

Location: Fort Detrick, Maryland

Major Command: U.S. Army Medical Command

Mission : The mission of the U. S. Army Garrison and Fort Detrick is to command, operate and administer the use of resources to provide installation support to on-post Department of Defense and non-Department of Defense tenant organizations; and to furnish automated data processing, financial management and logistical support as directed to selected Headquarters, Department of the Army staff and field operating agencies. Fort Detrick serves four Cabinet-Level agencies, which include: The Department of Defense, Department of Justice, Department of Agriculture and Department of Human Services. Fort Detrick's DoD support also includes elements of the U. S. Navy, U. S. Marine Corps, U. S. Air Force and the Joint Chiefs of Staff. Beyond that, Fort Detrick supports several Unified and Major Army Commands: Unified U. S. Army Forces Command, U. S. Army Space Command, U. S. Army Information Systems Command, and U. S. Army Health Services Command. Major tenants located on Fort Detrick are the U. S. Army Medical Research and Development Command, 1110th Signal Battalion, and the U. S. Army Medical Materiel Agency.

Population assigned-served... : 5677 (total), Active Duty Officer...: 285 Active Duty Enlisted...: 1048, Civilian Employees...: 2056 Contractors...: 2183, Others...: 105
Telephone Access..... : Autovahn information 8-231-1311,

History: On 10 April 1993, Fort Detrick celebrated fifty years as a contributing member of the National defense and the Frederick community. It is the largest employer in Frederick County with a workforce of 4,800 and injects more than \$220 million dollars into the local economy each year. Fort Detrick was converted in 1943 from a National Guard airfield into a world-renowned biomedical research and development center. The ensuing years have seen the former Camp Detrick and Fort Detrick play important roles in world events, including four

major military conflicts. Fort Detrick's impact is the result of each of the 25 tenant organizations' involvement in biomedical research and development, medical materiel management and long-haul communications capabilities for the White House, Department of Defense and other governmental agencies. Units have been deployed from Fort Detrick to Central America, Africa and Southwest Asia. Its organizations have been deeply involved in humanitarian efforts in Eastern Europe, in Panama as part of Operation Just Cause and Operations Desert Storm and Desert Shield. Fort Detrick welcomes visitors to its facilities each day. The closing of the former biological warfare laboratories in 1969 opened the door for opportunities to support U.S. Department of Defense missions and for other agencies of the government. Its safety systems provide the only opportunity for high hazard microbiological research in the nation. Its proximity to Washington, D. C. and co-location of units from all services provides an excellent opportunity to coordinate work in several disciplines. Fort Detrick traces its roots to the small municipal airport known as Detrick Field in the 1930s.

The first military presence on August 10, 1931 was an encampment by the 104th Aero Squadron of the Maryland National Guard. It was named Detrick Field to honor Squadron Surgeon Major Frederick L. Detrick, who served in France during World War I. Major Detrick died in June 1931, two months before the first encampment. Detrick Field became a cadet pilot training center until December 1941. The 2nd Bombardment squadron, U. S. Army Air Corps, was reconstituted at Detrick Field between March and September 1942, when it was deployed to England, forming the nucleus of the Eighth Air Force Headquarters. In 1943, the U.S. Army Biological Laboratories were established at Detrick Field, which was renamed Camp Detrick. The team of early scientists achieved pioneering efforts in decontamination, gaseous sterilization, and agent purification. Camp Detrick became Fort Detrick in 1956, continuing its mission of biomedical research and its reputation as the world's leading research campus for agents requiring specialty containment. Clearly, contributions by Fort Detrick scientists have dramatically increased the world's ability to deal with infectious disease. The offensive biological warfare program was established in 1969. President Richard Nixon subsequently set up the National Institutes of Health's Frederick Cancer Research Center in former Army laboratories. In 1973, Fort Detrick became one of three U. S. Army Health Services Command installations. It now encompasses 1,200 acres of land. Fort Detrick has four structures on the National

Historical Register, including the Nallin Farm house, The Bank Barn, Spring House and One million Liter Sphere, the Eight-Ball. Fort Detrick, with Fifty years of Excellence to its credit, boasts of state-of-the-art facilities, a newly installed expandable phone switch, post-wide fiber optics cable, up-to-date and expandable utilities, and a motivated workforce. Fort Detrick looks toward the 21st century and continuing the legacy of the Frederick County patriots who played major roles in the development of the nation.

Fort Detrick is responsible for the operation of the Alternate Joint Communications Center (AJCC), also called Site R, is located forty-five miles northeast of Fort Detrick. Facilities and services available at the site include a dining hall, cafeteria, snack bar, chapel, limited post office facilities and a barber shop.

Must Know Items

For more information on this subject:
<http://www.armymedicine.army.mil/detrick>

Fort Detrick is located in the Northwest section of the city of Frederick. From Dulles International Airport: Exit I495 to I270 North, to 15 North to Frederick and exit 7th Street and make right and keep straight to the Fort Detrick gate. From Baltimore Washington International take I695 North to I70 West to Frederick and take 15 North to 7th Street.

Driving to Fort Detrick: There are 5 major highways to use. I70, US40, US340, I270, and US 15 accessible to I95 and I81. More than 30 common carriers of general commodities. Two truck terminals. Cross-country bus service via local terminal. Railroad Service: Freight Service Chessie System; Maryland Midland Railroad; Passenger Service AMTRAK and MARC from Point of Rocks and Brunswick.

Frederick Municipal Airport is a fully equipped reliever airport, charter and scheduled freight, air taxi, bas for 325 aircraft.

MUST KNOW ITEMS FOR ARRIVALS

Upon Arrival Military personnel must report to their unit. Civilian personnel must report to Civilian Personnel Advisory Center (CPAC) room 120, bldg 810.

Newly arrived personnel are required to report to the Provost Marshal's Office, bldg 1504, to obtain a temporary pass for privately owned vehicles.

All incoming personnel, whether eligible or ineligible for assignment to government quarters or accompanied/unaccompanied by family members will report to the housing office located in room 200 of bldg 810.

There are 31 Officer quarters and 124 Enlisted quarters each furnished with a stove and refrigerator. Adequate housing can be found off-post but is very expensive due to the close proximity to Washington, DC and Baltimore, MD. Apartment prices range from \$550-\$600 a month for a one-bedroom and \$600-\$700 a month for a two-bedroom. Townhouse/single family houses rent from \$700-\$1000+ a month. Credit cards (American Express, Visa, Mastercard) are accepted at the housing office. Reservations for priority guests may be made up to 30 days in advance. Space-available reservations may be made one duty-day in advance. The number to make reservations is 1-800-GO-ARMY-1 (1-800-472-7691).

PCS families have priority for reservations in Fort Detrick's five large modernized guesthouse units. The units are made available to others on a space-available basis. The units have a living room, dining area, kitchen, at least two bedrooms and one and one-half baths. They are air-conditioned and have cable television. A laundry room is available free of charge.

There are also 16 visiting officer's quarters available for TDY personnel. These units are made available to others on a space-available basis, only if all guesthouse units are filled. There is one Distinguished Visitor Quarter used for officers and selected guests.

If you choose to come by bus, Greyhound Bus service has stops in Hagerstown and Frederick, MD. Again, public transportation is not available from these stops to the post, so you will need to contact your unit or your sponsor for a ride.

Frederick County boasts one of the best public school systems in the state of Maryland. The population of the county has increased to approximately 180,000. Student enrollment for 1998/1999 is 35,383. The School system includes 51 elementary, middle, high, special education, alternative education and career/technology facilities.

The following documents are needed for enrollment into school. a)Immunization Records b)Birth Certificate c)Transcripts for transferring students d)Letter or Bill showing proof of residency

High School Graduation Requirements: In order to graduate from a Maryland secondary school, student

must earn a minimum of 21 credits beyond the 11th grade and pass functional tests required by the Maryland State Board of Education.

Must Know Items

<i>--Installation--</i>	
Site Name	Fort Detrick
Last Updated	March 31, 2000
State/Territory	Maryland
County	Frederick
ZIP Code	21702
Service	USA
Host Command	US Army Medical Command
Physical Size	1200
<i>--Personnel--</i>	
FSC/ACS Director	Mrs. Stephanie Schultz
Relocation Assistance Manager	Mrs. Daphnie L. Freeman
Relocation Assistance Specialist	Mrs. Christina Cuyler-Wright
<i>--Phones--</i>	
DSN Country Code	
DSN Number	343-2208/2197
Commercial Country Code	
Commercial Area Code	301-
Commercial Number	619-2208/2197
FAX DSN Country Code	
FAX DSN Number	343-6288
FAX Commercial Country Code	
FAX Commercial Area Code	301-
FAX Commercial Number	619-6288
<i>--Official Mailing Address--</i>	
Street Line 1	COMMANDER, USAG, ATTN: MCHD-CSS-AC
Street Line 2	1520 FREEDMAN DRIVE
City	FREDERICK
State/Territory	MD
ZIP Code	21702-5016
<i>--Deliverable Address--</i>	
Street Line 1	
Street Line 2	
City	
State/Territory	
ZIP Code	
E-Mail	Daphnie.Freeman@Amedd.army.mil

Geographically Separated or Satellite Locations

Site R, also known as the Alternate Joint Communications Center (AJCC) is located approximately 45 miles from Fort Detrick. Site R

represents each of the military departments and the Joint Chiefs of Staff. Facilities and services available at the site include a dining hall, cafeteria, snack bar, chapel, limited post office facilities, and a barber shop.

Geographically Separated or Satellite Locations

<i>Satellite</i>	<i>Command</i>	<i>Distance</i>	<i>Associated Site Name</i>
Site R	Alternate Joint Communications Center	45 miles	Fort Detrick

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Maryland	Fort Meade	USA	50 miles

Regulations

Traffic: Driver's License: Valid state of domicile licenses for military members and dependent honored. Learner's permits available at age 16 (valid for 180 days). Wearing of Seat Belts is a Maryland State Law and is mandatory for on-post driving; Child safety seat for 4 year old child and under; helmets and protective clothing for motorcycle driver and complete motorcycle course. Maximum speed for the installation is 35 MPH (where posted): 15 MPH for housing area; 10 MPH for passing PT or troop formations; 25 MPH for most of the installation.

Access: Access to the installation is limited to personnel who have a need to be on the post. To enter the installation, you must have a valid post vehicle decal or must be issued a visitor's pass from the DoD police officer at the gate.

Vehicle Checks: State Requirement: (1) Active duty personnel arriving from overseas assignments must have their vehicles properly registered within 30 days of the arrival of their vehicles. (2) No need to pre-register active duty bearing current tags of member's state of domicile. (3) Vehicles registered in name of dependent must be registered within 30 days. **On-Post Requirement:** Vehicle liability insurance in the amount of \$20,000/\$40,000/\$10,000; Motorist insurance \$2,500.

Accident: (1) All traffic accidents must be reported to the DoD police immediately, DoD Police Desk, (301) 619-7114. Vehicles involved in accidents should not be moved until the arrival of DoD police. (2) Fort Detrick has an administrative traffic point system not associated with points you get on the State license:

driving privileges is suspended when you get 12 points in a year/18 points in two years.

Crime Offenses: If you are witness or are a victim of a criminal offense, notify the DoD police, (301) 619-7114 immediately. Also if a crime has happened try not to disturb the crime scene, valuable evidence may be lost. The sooner the DoD police are aware of a crime, the better chances they may have of solving the crime.

Weapons: All military personnel and their family members who live on Fort Detrick must notify their commanders, and register their privately owned weapons with the Provost Marshal Office. Personnel living in the barracks must store their privately owned weapons at the PMO. Civilian employees may not bring privately owned weapons on to the installation.

Restricted Area: All areas posted as restricted are off limits to unauthorized personnel.

Crime Stop: Office of Provost Marshal, Fort Detrick, MD 21702. Telephone (301) 619-7114/7115.

Photography: Photography on the installation is prohibited unless approval is obtained by the Public Affairs Office.

Name: Boat Licenses (State)
POC: Department of Natural Resources
Address: 580 Taylor Ave
City: Annapolis, MD
Phone: (410) 974-3211

Name: Drivers License (State)
POC: Motor Vehicle Administration
Address: 1601 Bowmans Farm Road
City: Frederick, MD 21701
Phone: 800-950-1682
Comments: Newcomers have 30 days after establishing residency to obtain a license, however, valid state of domicile licenses for military members will be honored. Learner's permit can be obtained at age 16 (application can be accepted age 15 years 9 months) in Maryland. Cost is \$18.00. Examines and licenses drivers, conducts driver training program, titles/registers vehicles, issues identification cards to adult non-drivers. Inspection call: 1-800-638-8347. TDD for the Deaf, call: 1-800-492-4575. Motorcycle safety training program call: 1-800-638-1722. The registration fees in Maryland vary as follows: Class A passenger vehicles: \$27.00 for 3,700 lbs or less; \$40.50 for over 3,700. Class M: Multipurpose vehicles: \$27.00 for shipping weight up to 3,700 lbs; \$40.50 for over 3,700 lbs. Class D: Motorcycles, motor scooter and motor bicycles: \$18,50. Class E-Trucks (GVW or GCW in lbs)fee per 1,000 lbs: 10,000-18,000lbs: \$4.75; 18,000-26,000lbs: \$7.50; 26,000-40,000: \$8.50; 40,000-60,000lbs: \$10.50;60,000-80,000: \$11.75. When registering vehicle, bring (1) title, (2) mileage reading, (3) proof of insurance (4) vehicle inspection required from state licensed garage. On Post Registration: All POVs must be registered at PMO within 3 working days after arrival.

Name: Fishing License (State)
POC: Department of Natural Resources
Address: 580 Taylor Ave
City: Annapolis, MD
Phone: (401) 974-3211
Comments: Fishing is permitted at Nallin Farm Pond. A Maryland fishing license is required and state regulations are enforced. The pond is stocked regularly. Fishing is open to active duty and retired military personnel and federal civilian employees at Fort Detrick. A trout stamp is required whether the fish is kept or returned to the pond. Children under 16 are not required to have a Maryland fishing license, however,they must be accompanied be a licensed adult. Fort Detrick fishing permit (free) may be obtained at the PMO.

Name: Hunting License (State)
POC: Department of Natural Resources
Address: 580 Taylor Ave
City: Annapolis, MD
Phone: (401) 974-3211
Comments: Cost: \$24.00 *Fort Detrick: There is a sizeable deer herd located on Fort Detrick. Bow hunting is permitted and the season runs 15 Sep - 31 Jan. All hunters must go through a certification course before they are allowed to hunt. The cost of State Hunting License is \$24.50. The point of contact for deer hunting at Fort Detrick is Directorate of Community Services at (301) 619-2711.

Name: Vehicle Registration (State)
POC: Motor Vehicle Administration
Address: 1600 Bowmans Farm Road
City: Frederick, MD 21701
Phone: 800-950-1682 (Toll Free)
Comments: The registration fees in Maryland vary as follows: Class A passenger vehicles: \$27.00 for 3,700 lbs or less; \$40.50 for over 3,700. Class M: Multipurpose vehicles: \$27.00 for shipping weight up to 3,700 lbs; \$40.50 for over 3,700 lbs. Class D: Motorcycles, motor scooter and motor bicycles: \$18,50. Class E-Trucks (GVW or GCW in lbs)fee per 1,000 lbs: 10,000-18,000lbs: \$4.75; 18,000-26,000lbs: \$7.50; 26,000-40,000: \$8.50; 40,000-60,000lbs: \$10.50;60,000-80,000: \$11.75. When registering vehicle, bring (1) title, (2) mileage

reading, (3) proof of insurance (4) vehicle inspection required from state licensed garage.

On Post Registration:
All POVs must be registered at PMO within 3 working days after arrival.

Commonly Referenced Numbers

DSN Prefix: 343, Dial 8 when calling DSN from Fort Detrick. CML Prefix: 619, Area Code: 301, Dial 9 when calling off-post from Fort Detrick. DSN for SITE R is 988. CML prefix is 878 for SITE R.

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Alcohol Drug Prevention and Control	(301) 619-7171	343-7171
Ambulance	911	-
Army Community Service	(301) 619-2197	343-2197
Army Emergency Relief	(301) 619-3455	343-3455
Arts & Crafts	(301) 619-2920	343-2920
Auto Service Center	(301) 619-2266	343-2266
Automotive Skills and Development Center	(301) 619-2759	343-2759
Barber Shop	(301) 619-2345	343-2345
Billeting	(301) 619-2154	343-2154
Bowling Alley	(301) 619-2816	343-2816
CAFE FCRDC	(301) 846-1750	N/A
Center for Training and Education	(301) 619-2854	343-2854
Center for Training and Education/Site-R	(717) 878-2618	988-2618
Chambersburg, PA Hospital	(717) 267-7133	-
Chaplain	(301) 619-7371	343-7371
Child Development Center	(301) 619-3300	343-3300
Civilian Personnel Advisory Center	(301) 619-2007	343-2007
Civilian Personnel Officer	(301) 619-2465	343-2465
Command Judge Advocate	(301) 619-2065	343-2065
Commissary	(301) 619-2990	343-2990
Community Activities Center	(301) 619-2823	343-2823
Counselling Center	(301) 619-7171	343-7171
Credit Union	(301) 662-7711	N/A
Dental Clinic	(301) 619-7675	343-7675
DoD police	(301) 619-7114	343-7114
Dry Cleaner	(301) 694-3237	N/A
EEO Offcier	(301) 619-2224	343-2224
Emergency Operations Center	(301) 619-2793	343-2793
Equipment Issue	(301) 619-2759/2849	343-2759/2849
Family Child Care	(301) 619-7100	343-7100
Fitness Center	(301) 619-2374	343-2374
Fitness Center/Site-R	(717) 878-2765	988-2765
Fitness Center/Swimming Pool	(301) 619-2374	343-2374
Fort Detrick Customer Service Line	1-800-256-7621	-
Fort Detrick Staff Duty Office	(301)619-3626	343-3626
Franklin Co., PA Information & Referral	1-800-458-9800 or (717) 263-0848	-
Gym	(301) 619-2374	343-2374
Hagerstown Dept. of Social Services	(301) 791-4030	-
Hagerstown Hospital (Wash.Co.,)	(301) 790-8000	-
Health Clinic	(301) 619-7175	343-7175
Housing Office	(301) 619-2154	343-2154
ID Card Issue	(301) 619-7311	343-7311
ITR	(301) 631-2073	343-2073
Job Information (Recording)	(301) 619-2783	343-2783
Legal Office	(301) 619-2221	343-2221

Lending Closet	(301) 619-2208	343-2208
Library	(301) 619-7519	343-7519
MWR	(301) 619-2084	343-2084
Matting and Framing Center	(301) 619-2920	343-2920
Military Clothing Sale	(301) 619-3034	343-3034
Military Personnel Division	(301) 619-3381	343-3381
Non-Appropriated Fund	(301) 619-2760	343-2760
Office of the Day	(301) 619-7114	343-7114
Operator	(301) 619-8000	343-8000
Personal Property/Passenger	(301) 619-7179	343-7179
Post Billeting Facilities	(301) 619-2154	343-2154
Post Exchange	(301) 619-2262	343-2262
Post Exchange - SITE R	(717) 878-3214/7278	988-3214/7278
Provost Marshal Office	(301) 619-2652	343-2652
Public Affairs	(301) 619-2018	343-2018
Red Cross	(301) 662-5131	N/A
School Age Services	(301) 619-2585	343-2585
Skeet Range	(301) 619-2081	343-2081
Sports Center/Free Weight	(301) 619-2498	343-2498
Spouse/Child Abuse	(301) 619-2403	343-2403
Thrift Shop	(301) 619-2289	343-2289
Transportation Management	(301) 619-7177	343-7177
Travel Office	(301) 631-2073	N/A
WIC - FRANKLIN COUNTY, PA	(717) 263-0802	-
WIC - WASHINGTON COUNTY	(301) 791-3310	-
WIC-FREDERICK COUNTY	(301)694-2507	-
Waynesboro Hospital	(717) 765-3422	-
Waynesboro Human Services Center (food, shelter & Clothes)	(717) 762-6941	-
Waynesboro Welfare Association	(717) 762-3712	-
Waynesboro, Daycare Center	(717) 762-9711	-
Youth Center	(301) 619-2901	343-2901

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
1108th Sig Bde		Admin Division	(301) 619-6110/6115	343-6110/6115	343-6111
1111th Sig Bn		Orderly Room	(301) 878-3611	988-3611	988-3251
6th Theater Medical Material Management Center		Orderly Room	(301) 619-7770	343-7772	343-7768
A Co, 1st SatCon		Orderly Room	(301) 619-3660	343-3660	DSN 343-2303
A Co., 1110th Sig Bn		Orderly Room	(301) 619-2039	343-2039	343-3702
Air Force Medical Logistics Office			(301) 619-2005	DSN-2005	DSN 343-2557
Armed Forces Medical Intelligence Center			(301) 619-3804	343-7511	DSN 343-2409
Army Biomedical Research/Development Laboratory		Orderly Room	(301) 619-7685	343-7685	DSN 343-7606
Army Medical Materiel Development Activity		Orderly Room	(301) 619-7643	343-7643	DSN 343-2304
Army Medical Research Institute of Infectious Diseases		Orderly Room	(301) 619-2114	343-2114	
Army Medical Research and Materiel Command		Orderly Room	(301) 619-7268	343-7268	DSN 343-
Defense Medical Standardization Board			(301) 610-4410	343-4410	
Flair U. S. Army Reserve Center		Orderly Room	(301) 619-2923	343-2923	
HQS, 1110th Signal Battalion		Orderly Room	(301) 619-2601	343-2601	(301) 619-2655
Naval Fleet Hospital Program Office			(301) 619-4410	343-4410	DSN343-3054
Naval Medical Logistics			(301) 619-2047	343-2047	

Command					
U.S Army Medical Materiel Activity		Orderly Room	(301) 619-7477	343-7477	
U.S. Army Garrison		Orderly Room	(301) 619-2107	343-2107	DSN 343-2977
U.S. Army Medical Research Acquisition Activity		Orderly Room	(301) 619-2114	343-2114	
US Army Security Force Fort Detrick		Orderly Room	(301) 619-6204	343-6204	343-6930

Transportation

Bus, Taxi, County Trans-Service

A variety of transportation services are available to serve the Frederick County population. Taxi-cab service: (301)662-2250; Frederick Airport: (301)662-8156; City Bus service: (301)694-2065; Greyhound Bus Lines: (301)663-3311. The Transit Services of Frederick County provides Public Transit-Paratransit-Commuter Assistance; - Fixed route transit in Frederick County, - commuter shuttles between Frederick and Brunswick/Jefferson, Emmitsburg/Thurmont, Point of Rocks (Meet-the-MARC), Walkersville. Ridesharing, Mobility Impaired Transit and the County Shuttle. They can be reached at (301)694-2065. Local train service (MARC), can be reached by dialing 1-800-543-9809. The nearest station is located in Brunswick, 16 miles from Frederick.

Name: Carlson Wagonlit Travel
Address: Building 810, room 118, Fort Detrick
City: Frederick, MD
Phone: (301)631-2073/8173
Comments: Leisure and ITR (Information, Ticketing and Registration) Carlson Wagonlit Travel services have contracted with Fort Detrick to provide these services. They are located in Bldg 810 with hours of 0745-1630. The office can book all personal and official travel arrangements, including air, car, hotels, Amtrak, bus, cruises and tour packages. Tickets may be purchased by personal check or credit card. Also, it offers discount tickets to amusement parks, sporting events, concerts, Broadway plays and trips to historic sites, outlet shopping, and other places of interest.

Commissary and Exchange Operations

Fort Detrick has one Commissary and one PX/Shoppette combined.

Name: Aafes Service Station
Address: Bldg 950, Sultan Drive
City: Frederick, MD
Phone: (301) 662-7777
Comments: The Aafes Service Station is opened Monday-Saturday from 1000-1730, and closed on Sunday. In addition to selling gasoline, the service station has basic car parts and tires for sale.

Name: Barber Shop
Address: Bldg 701, Scott Street
City: Frederick, MD 21702
Phone: 619-2345
Comments: Barber Shop Only. The Barber Shop specializes in military haircuts as well as other styles. It offers mustache trims and style cuts. No appointment is necessary.

Name: Commissary
Address: Bldg 1520A, Porter Avenue
City: Frederick, MD 21702
Phone: (301) 619-2990
Comments: Meat Department: (301)619-2814, Produce: (301)619-2364 The Fort Detrick Commissary is conveniently located just a few hundred yards north of the main entrance in bldg 1520-A on Porter Avenue. It is a full service commissary, carrying over 6,500 line items for your shopping convenience. It offers a full selection of fresh meat items cut daily and will make special cuts with 24 hour notice. The produce department is fully stocked with a vast assortment of fresh fruits and vegetables. Having a special occasion? Call ahead and they will be glad to fix you a lovely fruit or vegetable tray.

Name: Laundry and Dry Cleaner
Address: Bldg 701, Scott Street
City: Frederick, MD 21702
Phone: (301) 694-3237
Comments: The Post Laundry and Dry Cleaners will clean, press, and alter clothing items. Normal turn-around time for most articles is three days. There is a 20% service charge for one day service. It also offers a tailoring service and will sew patches on military uniforms.

Name: Military Clothing Sales Store
Address: Bldg 713, Porter Avenue
City: Frederick, MD 21702
Phone: (301) 619-2262
Comments: The Military Clothing Sales Store has a variety of uniform items for all branches of service.

Name: Post Exchange
Address: Bldg 713, Porter Avenue
City: Frederick, MD 21702
Phone: (301) 619-2262
Comments: The Post Exchange (PX) is a modern self-service store that offers high quality merchandise to military personnel and their families. Ordering service is available for items not stocked in the store. A Class VI store is located in the PX, offering a complete line of "Military Specials" brand. The PX provides a check cashing service to customers and accepts major credit cards.

Local Community

Local Community Overview

Frederick, Maryland, the third largest city in the state is one of the fastest growing counties in the mid-Atlantic region. It is located conveniently near Baltimore and Washington, DC and accessible to Pennsylvania, Virginia, and West Virginia which also makes it an ideal spot for the commuter.

Frederick County, located in central Maryland is awash in historical and cultural attractions, diverse recreational offerings, first-class educational institutions, a vibrant business community, and civic pride. The day-to-day life of its citizens is nurture by friendly exchanges. Frederick County is only an hour or so from mountains, white water rivers, and the Chesapeake Bay.

Founded in 1745, the commercial and cultural hub of the county is Frederick City, featuring a 33 block historic district with noteworthy examples of architecture from the 18th and 19th centuries. Buckeystown, Brunswick, Burkittsville, Catocin Furnace, Emmitsburg and New Market are smaller but equally impressive gems and are listed on the National Register of Historic Towns.

Frederick has more than a fascinating history to offer. You'll find a variety of specialty shops, clothing, jewelry and gift shops, plus Frederick's famous antique dealers will satisfy the most discerning shopper.

Name: Walkersville
City: Walkersville, MD 21793
Phone: (301) 845-4500
Proximity to site: 5 miles

Name: Thurmont
City: Thurmont, MD 21788
Phone: (301) 271-7313
Proximity to site: 15 miles

Name: New Market
City: New Market, MD 21774
Phone: (301) 865-5544
Proximity to site: 15 miles

Name: Emmitsburg
City: Emmitsburg, MD 21727
Phone: (301) 447-2313
Proximity to site: 25 miles

Name: Town of Brunswick
City: Brunswick, MD 21716
Phone: (301) 834-7500

Name: Town of Middletown
City: Middletown, MD 21769
Phone: (301) 371-6171

Name: Town of Mt. Airy
City: Mt. Airy, MD 21771
Phone: (301) 829-1424

Name: Town of Myersville
City: Myersville, MD 21773
Phone: (301) 293-3954

Name: Town of Woodsboro
City: Woodsboro, MD 21798
Phone: (301) 898-3800

Time Zone Chart

Local time zone..... : Eastern

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

The area's climate allows many seasonal activities. Temperatures in winter usually range between the upper 20s to low 40s with night time temperatures occasionally dropping into the low teens. Summers are usually hot and humid with temperatures in the 80s or low 90s during the day and overnight lows in the upper 60s to lower 70s.

Climate..... : Variable Temperature
 Range..... : 35 to 75 degrees Fahrenheit

Annual precipitation..... : 40.85 inches

Temperature Range..... : 35-75 degrees Fahrenheit

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	28	12	unknown	4.24
February	38	20	unknown	3.38
March	48	30	unknown	6.35
April	68	46	unknown	3.09
May	71	48	unknown	.98
June	88	62	unknown	2.86
July	90	70	unknown	4.46
August	84	63	unknown	6.49
September	75	55	unknown	2.66
October	66	37	unknown	2.11
November	58	37	unknown	4.65
December	46	29	unknown	3.11

Events Calendar

Experience all that Frederick County has to offer. From festivals and concerts to exhibits and sporting events, each season offers an abundance of fun for all.

Name: 12th Night Madrigal Feast, Jan 4-5
Address: Coblentz hall, Hood College
City: Frederick, MD 21701
Phone: (301) 663-6899
Proximity to site: 2 miles
Comments: Step back in time to the days of Loards and Ladies and enjoy a meal in the Medieval style. The Frederick Chorale performs music from the Renaissance during the feast.

Name: BSO in Frederick, Jan 30
Address: Governor Thomas Johnson Highschool
City: Frederick, MD 21701
Phone: (301) 695-2633 code 6358
Proximity to site: 2 miles
Comments: Enjoy an all Tchaikovsky program featuring pianist Terrence Wilson, one of today's most gifted young instrumentalists. 8 p.m.

Name: Children's Concert, Feb 8
POC: Weinberg Center
Address: Weinberg Center
City: Frederick, MD 21701
Phone: (301) 694-8585
Proximity to site: 2 miles
Comments: Bring the kids for a fun-filled afternoon of song and dance as the Frederick Symphony Orchestra and dancers from Frederick County dance companies entertain young and old alike. 4 p.m.

Name: Cabin Fever Festival, 15-16 Feb
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (301) 898-5466
Proximity to site: 3 miles
Comments: Break out of the winter doldrums and head to the fairgrounds where professional artists and juried craft exhibitors offer traditional and contemporary works of art. Saturday 10 a.m. and Sunday 10 a.m. to 5 p.m.

Name: Wintersong Music Festival , Feb 22
POC: Adult Recreation Center
City: Frederick, MD 21701
Phone: (301) 696-0025
Proximity to site: 2 miles
Comments: Hear live traditional music, take a dance lesson, learn how to call a contra dance, and much more at this annual musical event. Begins at noon with an evening dance from 8 to 11 pm.

Name: 27th Annual maple Syrup Demonstration, 8-9, 15-16 Mar
Address: Cunningham Falls State Park
City: Thurmont, MD 21788
Proximity to site: 15 miles
Comments: Take the kids to our scenic state park for tree-tapping and sap-boiling demonstrations, pancakes, storytelling, and samples at this annual event. The fun lasts from 10 a.m. to 3:30 p.m each day.

Name: Home Show 97, Mar 15-16
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Proximity to site: 3 miles
Comments: The fairgrounds are bustling with displays, exhibits, demonstrations, and vendors at this yearly event dedicated to home building, remodeling, and home improvement. Stop by Saturday 9 a.m. to 5 p.m. and Sunday 10 a.m. to 4 p.m.

Name: BSO in Frederick, Mar 22
Address: Governor Thomas Johnson Highschool
City: Frederick, MD 21701
Phone: (301) 620-1798
Proximity to site: 2 miles
Comments: Enjoy works by Bach, Stravinsky, Haydn, Faure and Prokofiev. 8 p.m.

Name: Frederick Keys Opening Day, Apr 4
Address: Grove Stadium
City: Frederick, MD 21701
Phone: (301) 831-4200
Comments: Be a part of the enthusiastic crowd as the Frederick Keys start a new season of baseball.

Name: Fruhlings Fest, Apr 5-6
POC: Schifferstadt Architectural Museum
City: Frederick, MD 21701
Phone: (301) 663-1648
Comments: Celebrate the arrival of spring and start of a new season for the museum and gift shop. While there, tour the historic building, one of Frederick's oldest.

Name: Hearthside Sampler, 5-6 Apr
Address: Rose Hill Manor
City: Frederick, MD 21701
Phone: (301) 694-1648
Proximity to site: 2 miles
Comments: Celebrate Frederick's history as the children's museum marks the opening of the new season of exhibits and special events.

Name: Decorator's Showcase, Apr 25-May 25
Address: Carrolton Manor
City: Frederick, MD 21701
Phone: (301) 682-8252
Proximity to site: 2 MILES
Comments: A historic home is transformed by area decorators and designers.

Name: Family Fun Festival, May 10
Address: Baker Park
City: Frederick, MD 21701
Phone: (301) 662-0250
Proximity to site: 3 miles
Comments: Bring the whole family out for a fun filled day of old-fashioned games, free fishing and exploring antique fire engine.

Name: 23rd Annual Frederick Craft Fair, May 16-18
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (717) 369-4810
Proximity to site: 3 miles
Comments: Choose along original creations from more than 300 of the country's top professional craftspeople. Sample an array of gourmet foods and enjoy music from a nationally-known group.

Name: Fort Detrick Armed Forces Day, May 17
Address: Fort Detrick
City: Frederick, MD 21702
Phone: (301) 815-8007
Comments: Frederick honors local veterans at this annual event. Fireworks, food, and fun for the entire family.

Name: Maryland House & Garden Tour, May 17
Address: Middle Town Valley
City: Middle Town, MD 21769
Phone: (301) 371-7090
Proximity to site: 10 miles
Comments:
 Tour 12 beautiful homes and gardens in the Middletown Valley.

Name: Frederick Festival of the Arts, May 20-22
Address: Carroll Creek Linear Park
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 3 miles
Comments:
 Enjoy artisans from around the country and fabulous food along the scenic.

Name: Beyond the Garden Gates Tour, May 24-25
Address: Historic District
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 1 mile
Comments:
 Tour the showcase of beautiful, private gardens located right in the heart of Frederick's historic district.

Name: Summer Concert Series, Jun
Address: Bake Park Bandshell
City: Frederick, MD 21702
Phone: (301) 663-8687
Proximity to site: 2 miles
Comments:
 It's a local tradition to take a blanket and picnic to the Bandshell every Sun day evening during the summer months. There are musicians to satisfy a variety of tasters.

Name: Strawberry Festival, June 7-8
Address: Cozy Village, Thurmont
City: Thurmont, MD 21788
Proximity to site: 15 miles
Comments:
 Visit Frederick County's quaint mountain town for a fun-filled weekend of activities, including an antique car show, outdoor crafts, live entertainment, sandwiches, fresh strawberries, and strawberry treats.

Name: Lily Pons Days, June 14-15
Address: Lily Pons Water Gardens,
City: Buckeystown, MD 21717
Phone: (301) 662-2230
Proximity to site: 7 miles
Comments:
 Come celebrate the day Lily Pons, the Metropolitan Opera diva came to Lilypons, maryland to lend her name to the town, the road, and just about everything else in sight.

Name: Frederick's 4th Celebration, July 4
Address: Baker Park
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 2 miles
Comments:
 A full day of activities mark this annual event, including music, food, and demonstrations before the fireworks begin at dusk.

Name: Summerfest Family Theatre, Saturdays July-Aug
Address: Baker Park Bandshell
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 2 miles
Comments:
 Take the hole family to theatre productions geared toward children. Both local and national groups entertain with music, plays, and more.

Name: 7th Annual Hunting and Fishing Show, August 9-10
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (301) 865-3019
Proximity to site: 2 miles
Comments:
 More than 100 exhibits, including wildlife arts and crafts, hunting and fishing equipment, taxidermy, and much more.

Name: Peach Festival, Aug 9-10
Address: Cozy Village,
City: Thurmont, MD 21788
Proximity to site: 15 miles
Comments:
 Sample fresh peaches prepared in a variety of dishes. Also enjoy the farmers and flea market, crafts, country band, and other entertainment.

Name: Confederate Air Force Wings of Freedom Air show, Aug 23-24
Address: Frederick municipal Airport
City: Frederick, MD 21701
Phone: (301) 631-5357
Proximity to site: 5 miles
Comments: Trill to the sights and sounds of powerful aircraft flying over the Frederick Municipal Airport at this amazing show. Tour the numerous historic aircraft on display.

Name: The Great Frederick Fair, Sep 19-20
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (301) 663-5859
Proximity to site: 2 miles
Comments: the Frederick Fair is a definite stop for Frederick County residents. Kids and adults alike love taking rides on the midway, great country foods, concerts by national recording stars, the demolition derby, 4-H exhibits, and much more.

Name: Downtown New Market, Sep 26-28
Address: Downtown, Frederick
City: Frederick, MD 21701
Proximity to site: 1 mile
Comments: The antique capital of Maryland celebrates fall with this annual festival featuring antique shops, arts and crafts, a variety of food, and live entertainment.

Name: Home Improvement Show, Sep 27-28
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (301) 663-0903
Proximity to site: 2 miles
Comments: Thinking of remodeling? Then come see the displays of home improvement and remodeling, kitchen, baths, additions, home mortgage and financing, pools, and spas.

Name: Middletown Heritage Weekend, Sep 27-28
Address: Town Center,
City: Middletown, MD 21769
Proximity to site: 10 miles
Comments: Historical tours, parade, crafts, food, entertainment, Civil War reenactments, community show, and many other family activities provide a jam-packed weekend of fun.

Name: In the Street , Oct 4
Address: Downtown Frederick
City: Frederick, MD 21701
Proximity to site: 1 mile
Comments: Celebrate downtown Frederick with this annual street festival. North Market street is closed to traffic and filled with music, food, crafts, entertainment, children's activities, exhibits, and much more. In the street begins at noon and lasts until about 6 p.m.

Name: Brunswick Railroad Days, Oct 4-5
Address: Brunswick Railroad Museum
City: Brunswick, MD 21716
Proximity to site: 7 miles
Comments: The entire town celebrates with period dress, a river race, and special exhibits. Hour the museum to see how railroader lived at the turn of the century. The festival lasts from 10 a.m. to 6 p.m both days.

Name: Catoctin Colorfest, Oct 11-12
Address: Throughout Thurmont
City: Thurmont, MD 21788
Proximity to site: 15 miles
Comments: Don't miss this local favorite. The whole town of Thurmont welcomes visitors to enjoy the colorful foliage of the Catoctin Mountains with arts and crafts, musical entertainment, a variety of foods, and much more.

Name: Oktoberfest, Oct 18-19
POC: Schifferstadt Architectural Museum
City: Frederick, MD 21701
Proximity to site: 2 miles
Comments: Celebrate Frederick's Rich German heritage by sampling authentic food and drink in a colorful giegatten, enjoy traditional German music, and browse among arts and crafts.

Name: Kristkinderlsmarkt, Nov 28-30
Address: Schifferstadt Architectural Museum
City: Frederick, MD 21701
Proximity to site: 2 miles
Comments: Get in the Christmas spirit with the Christmas atmosphere, juried crafts, food, museum open house and special gift items.

Name: Maryland Christmas show, Nov 28-30 Dec 5-7
Address: Frederick Fairgrounds
City: Frederick, MD 21701
Phone: (301) 898-5466
Proximity to site: 2 miles
Comments: Do your holiday shopping at one of America's top arts and craftsmen provide an array of arts and crafts to choose from.

Name: Kris Kringle Procession, Dec 5
Address: Everyday Square to Baker Park
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 3 miles
Comments: the kids will love the traditional German procession culminating with the arrival of Kris Kringle.

Name: Candlelight House Tour, Dec 6-7
Address: Historic Downtown Frederick
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 2 miles
Comments: Local residents open their beautifully decorated homes to this annual tour.

Name: Christmas in New Market
Address: Downtown New Market
City: NewMarket, MD 21774
Phone: (301) 865-5656
Proximity to site: 10 miles
Comments: Enjoy an old-fashioned Christmas Celebration, strolling musicians and choirs, love nativity, tree lighting and antique shopping.

Name: Museum by Candlelight, Dec 13
Address: Various Museums
City: Frederick, MD 21701
Phone: (301) 663-8687
Comments: Interpretive tours, Yuletide decorations, hearth demonstration and holiday traditions of yesteryear at the historic sites make this a popular annual vent.

Name: Candlelight Tour of Historic Houses of Worship, Dec 26
Address: Downtown Frederick
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 1 mile
Comments: Frederick's historic houses of worship never look more beautiful than during the holiday season. Take a self-guided tour of the various churches and synagogues throughout downtown.

Cultural Attractions

A visit to any of the growing number of galleries and artisans' studios can spark your shopping imagination. Stroll Carroll Creek Linear Park to experience our nationally-known Carroll Creek Bridge Project mural on your way to enjoy the fine arts at the Delaplaine Visual Arts Center and the Weinberg Center for the performing Arts. Join Fredericktonians as we celebrate our city during a number of festivals and special events. Participate in the city's revitalization during October's downtown party called "In The Street." Throughout much of November and all of December, you can enjoy a variety of old fashioned holiday events. The free Summer Concerts Series runs each Sunday night from early June until the end of August, and features regionally and nationally-famous musical performers in the outdoor setting of the Baker Park Bandshell. The Frederick Festival of the Arts, held in June includes a weekend celebration of the visual and performing arts. The City of Frederick's Office of Special Events and Volunteerism coordinates these celebrations and many others.

Name: Barbara Fritchie Home and Museum
Address: 154W patrick Street at Carroll Creek
City: Frederick, MD 21701
Phone: (301) 698-0630
Proximity to site: 1 mile
Comments: Barbara Fritchie was immortalized in John Greenleaf Whittier's poem about her alleged confrontation with Stonewall Jackson during the Civil War. Her home has been restored and furnish do look as it did when Mrs. Fritchie lived her. Open weekdays and Saturdays from 10 a.m. to 4 p.m. (closed Tuesdays and Sundays from 1 p.m. to 4 p.m., the museum is closed December-March.)

Name: Catoctin Furnace
Address: U.s. 15 and Rout 86, Thurmont
City: Thurmont, MD 21788
Phone: (301) 271-7554
Proximity to site: 15 miles
Comments: Built in 1774 by Governor Thomas Johnson's family, the furnace produced iron for Revolutionary and Civil War arms. Now part of Cunningham Falls State Park.

Name: Gathland State Park
Address: 900 Arnoldstown Road, Burkittsville
City: Burkittsville, MD 21718
Phone: (301) 663-8687
Comments: A lesson on the life of war correspondent George Alfred "Gath" Townsend and the Battle of South Mountain as well as a view of the War Correspondents memorial Arch. The park is located next to the Appalachian Trail.

Name: The Delaphaine Visual Arts Center
Address: 40 South Carroll Street
City: Frederick, MD 21701
Phone: (301) 698-0656
Proximity to site: 1 mile
Comments: Frederick's art center was once a flour mill built in 1850. It has been renovated to create a modern gallery with a historic feel, and features national and regional exhibits as well as art classes and special events. Gallery hours are Thursdays from 10 a.m. to 8 p.m., Fridays and Saturdays from 10 a.m. to 5:30 p.m., and Sundays from 1 to 5 p.m.

Name: Hessian Barracks
Address: 101 Clark Place, Frederick
City: Frederick, MD 21701
Phone: (301) 663-8687
Proximity to site: 1 mile
Comments: Built to house soldiers in 1777, the historic structure later housed the first Maryland School for the Deaf. Only open for tours a few times during the year.

Name: Brunswick Railroad Museum
Address: 40 West Potomac Street, Brunswick
City: Brunswick, MD 21716
Phone: (301) 834-7100
Proximity to site: 1 mile
Comments: Built in 1910, this museum was once home to the laborers who worked in Brunswick's thriving railroad community. Open Saturday from 10 a.m. to 4 p.m. and Sunday from 1 to 4 p.m. with hours on Thursdays and Fridays during warmer months.

Name: The Historical Society of Frederick County
Address: 24 East Church Street
City: Frederick, MD 21701
Phone: (301) 663-1188
Comments: Built in 1820, this Federal-style mansion was once Loats Orphanage, and now houses a collection of Frederick County artifacts, offers guided tours, special exhibits, a reference library, and a genealogical research facility. Open for tours Monday through Saturday from 10 a.m. to 4 p.m. and Sunday from 1 to 4 p.m.

Name: Gambrill House/Monocacy National Battlefield
Address: Route 355, Frederick
City: Frederick, MD 21701
Phone: (301) 662-3515
Comments: James Gambrill, a successful miller in the Frederick area, built the Second Empire-style house in 1872. Now the administrative headquarters of the Historic Preservation Training Center, the home has been restored by the center's master carpenters and masons. Open 8 a.m. to 4:30 p.m. Wednesday through Sunday except major holidays.

Name: Middletown Valley Historical Society
Address: 305 West Main Street, Middletown
City: Middletown, MD 21769
Phone: This stone dwelling was built by Peter (301) 371-7582
Comments: This stone dwelling was built by Peter Young in the 1840s with stones quarried from his farm north of Middletown. The building now serves as the headquarters for information on the contribution of people of the Middletown Valley to history.

Name: Mount Olivet Cemetery
Address: 515 South Market Street
City: Frederick, MD 21701
Phone: (301) 662-1164
Comments: This historic cemetery, established in 1852, takes visitors past the grave sites of Francis Scott key, Governor Thomas Johnson, Barbara Fritchie, and more than 800 Civil War Soldiers. Peon from dawn to dust daily.

Name: National Museum of civil War Medicine
Address: 48 East Patrick Street
City: Frederick, MD 21701
Phone: (301) 695-1864
Comments: The museum focuses on the care, healing, courage, and devotion of soldiers fighting the Civil War.

Name: Roger Brooke Taney house/Francis Scott key museum
Address: 121 South Bentz Street
City: Frederick, MD 21701
Phone: (301) 663-8687
Comments: Chief Justice of the Supreme Court Roger Brook Taney and his wife Anne Key resided here from 1815 until 1823. Mrs. Taney's brother, Francis Scott key, was a frequent guest at their home. Open on weekends; closed during the winter months.

Name: Rose Hill Manor Children's Museum
Address: 1611 North Market Street
City: Frederick, MD 21701
Phone: (301) 694-1648
Comments: This stately Georgian-Style manor, built in 1792, was the retirement home of Maryland's first elected governor, Thomas Johnson. Open for tours Saturdays from 10 a.m. to 4 p.m. and Sunday from 1 to 4 p.m. The museum is closed down during the winter.

Name: Saint John's Cemetery
Address: East 3rd and East Street
City: Frederick, MD 21701
Phone: (301) 663-8687
Comments: Established in 1845, this historic cemetery is the final resting place of Reger Brooke Taney, Governor Enoch Lowe, soldiers from the Revolutionary and Civil Wars, and other prominent area residents. Open from dawn to dusk daily.

Name: Schifferstadt Architectural
Address: 1110 Rosemont Avenue
City: Frederick, MD 21701
Phone: (301) 663-3885
Comments: One of the country's best examples of German architecture, Schifferstadt is also Frederick City's oldest extant building, built in 1756. Open Tuesday through Saturday from 10 a.m. to 4 p.m., Sunday from noon to 4 p.m. and closed Mondays. The museum closes during the winter.

Name: Seton Shrine Center
Address: 333 South Seton Avenue
City: Emmitsburg, MD 21727
Phone: (301)447-6606
Comments: Learn about the life of Elizabeth Ann Seton, the first native-born American saint. Open to visitors Tuesday through Sunday from 10 a.m. to 4:30 p.m.

Recreation Opportunities

Name: Catoctin Mountain Zoological Park
Address: U.S. 15 Thurmont
City: Thurmont, MD 21788
Phone: (301) 271-7488/662-2579
Proximity to site: 15 miles
Comments: Lions, Tigers, & Bears. Endangered species. Petting area. Relax, under tress. Educational programs. Group rates, picnics and parties. yearly memberships available. Open March-December call for hours.

Name: Lilypons Water Gardens
Address: 6800 lilypons Road, Buckeystown
City: Buckeystown, MD 21717--0010
Phone: (301) 874-5133
Comments: Acres of water lily and goldfish filled ponds. Demonstration gardens, wild birds, lush wetlands. Gift shop plus entire line of water gardening products.

Name: Monocacy National Battlefield
Address: Route 355 South/Urbana Pike
City: Frederick, MD 21701
Phone: (301) 662-3515
Comments: On July 9, 1864, Union General Lew Wallace delayed Confederate General Jubal Early's advance on Washington, D.C. saving the capital from capture. View monuments located along Urbana Pike and Araby Church Rd. Visitor center open 8 a.m. - 4:30 p.m. Wednesday-Sunday except major holidays.

Name: Family Recreation Park
Address: 21036 National Pike
City: Boonesboro, MD 21713
Phone: (301) 733-2333/4105
Comments: Family Recreation is a family park offering fun for all ages. New for "95" -Batting Cages. We offer Miniature Golf, Go-Karts, Kiddie Rides, Driving Range, Snack Bar, Game room, Playground & Picnic Area. Birthday parties are our specialty. Call to confirm hours. Pavilion rentals for your group company outing.

Name: Antietam Battlefield
Address: Route 65, Sharpsburg
City: Sharpsburg, MD 21782
Phone: (301) 432-5124
Comments: Considered one of America's best preserved battlefields, this was the site of the bloodiest one day battle in U. S. history. On September 17, 1862, more than 23,000 men on both sides were killed, wounded, captured or missing in General Lee's first invasion of the North. Visitor's Center - Panoramic battle paintings, 26 minute film. Driving tours. Over 350 monuments, tablets and markers.

Name: Auto Service Center and Self-Help Shop
POC: Mr. Ernest Gelwicks
Address: Bldg 921/1431, Ft Detrick
City: Frederick, MD 21702
Phone: 619-2759
Comments: The Auto Service Center offers on-duty mechanics to service patron's vehicles. Basic repair jobs include: oil changes, tune-ups, brake and exhaust work. There is also a Self Help Shop located in building 1431. Work bays are available for a nominal fee. Telephone number for the Self Help Shop is 2759. Hours are as follows: Tues & Thurs 0800-2100; Fri & Sat 0900-1700. Mechanic for Hire Program: Fort Detrick operates a full service Auto Care Center to provide a service to those patrons who would rather not perform their own maintenance. the mechanics provide basic maintenance to include: lube and oil changes, tire rotation, turn ups, brake repair, to name a few. The facility operates Monday through Friday and is located in Bldg 917.

Name: Harpers Ferry National Historical Park
Address: Rt 340 South , Harpers Ferry
City: Harpers Ferry, WV 25425
Phone: (304) 535-6298
Comments: Site of John Brown's Raid in 1859. Living history interpretive programs and variety of private shops. Open year round. Admission. Group tours.

Name: Gettysburg National Military Park/National Ceremony
Address: Rt 15 North, Gettysburg, PA
City: Gettysburg, PA 17325
Phone: (717) 334-6274
Proximity to site: 34 miles
Comments: Visitors Center and Cyclorama Center. Admission charged to map program. Eisenhower Farm visits are limited each day and are conducted via a reservation/shuttlebus system. Tickets are distributed at the Tour Information Center.

Name: Matting and Framing Shop
POC: Mr. Ernest Gelwicks
Address: Bldg 830, Ft Detrick
City: Frederick, MD 21702
Phone: 619-2920
Comments: Hours are Tues-Sat; 1400-2000. The shop has an extensive selection of matting colors available as well as a variety of frames and other supplies for self help projects. the shop also offers a matting and framing service to those who would like someone else' expertise, this service is offered for a nominal fee.

Name: Community Activities Center
POC: Andrew Jahn
Address: Bldg 718 Porter St
City: Frederick, MD
Phone: (301) 619-2823
Comments: The Community Activities Center, (CAC) contains a multi-purpose room which is available for private parties, classes, wedding receptions, promotion parties, and special events. The CAC is available to anyone working at Fort Detrick. The CAC serves lunch Mon-Friday only from 1100-1300.

Name: Bowling Center
Address: Bldg 915, Gardner St
City: Frederick, MD
Phone: (301) 619-2816
Comments: Military personnel, civilian employees, contract employees, and their family members are invited to use the Bowling Center. The facility has four ten-pin lanes and is equipped with automatic scoring systems. Bowling balls are available for use as well as lockers for persons who use their own equipment. Shoe rental is 55 cents. A nominal lineage fee is charged: \$1.60 for children under age 16; \$2.00 for all others. Men's League - Monday & Tuesday evenings and Mixed League - Wednesday, Thursday & Friday evenings from September through April. Youth League - Saturday morning from October through March. The Bowling Center is opened for lunch Monday-Friday from 1100-1300. Bowl for a \$1.00 a game during lunch time. Hours of operation: Monday-Friday - 1100-2130, Saturday - 1100-2000, Sunday - 1300-1800.

Military Related and Civic Organizations

Name: Kiwanis
POC: Info for Frederick Area Clubs
Address: Capital District Office
Phone: (301) 371-4650
Comments: The Frederick club meets Tuesdays at Erni's Restaurant at 12:15 p.m. Mount Airy Kiwanis meet at the Mount Airy Calvary Methodist Church on Wednesdays at 6:30 p.m. Suburban Frederick Kiwanis meet at the Dan Dee Restaurant on Thursdays at 6:30 p.m. Taneytown meets Wednesdays at Havilah Restaurant at 6:30 p.m., and the Walkersville club meets Thursdays at the Fire Hall at 7:30 p.m.

Name: Veterans Hotline
Address: 22 Light Street
City: Baltimore, MD
Phone: 1-800-492-0618
Proximity to site: 50 miles
Comments: There are several veteran's organizations located in the Frederick County area, to include the American Legion, AMVETS, Veterans of Foreign Wars and the Vietnam Veterans of America. These organizations are extremely active and provide a wide range of community counseling services to area veterans and their families.

Name: Frederick Jaycees
City: Frederick, MD 21703
Comments: There are several Jaycees chapters in the Frederick County area. These include: Glade Valley Jaycees, Box 455, Walkersville; Mount Airy Jaycees, Box 82, Mount Airy, Maryland; Frederick Junior Women's Club, Box 3287, Frederick, MD.

Name: Lions Club
Address: Frederick County Clubs
Comments: There are numerous Lion's clubs in the area to include most communities in Frederick County and the surrounding area. These include: Frederick City, Brunswick, Buckeystown, Emmitsburg, Walkersville, and Middletown.

Name: Optimist Clubs
City: Frederick, MD 21702
Comments: There are a couple of chapters in Frederick County to include Braddock Heights and Myersville.

Name: Rotary Clubs
City: Frederick, MD 21702
Comments: Meetings are Wednesdays at the FSK Holiday Inn, at 12:15. Frederick Town meets Tuesdays at the Holiday Inn at 6:30p.m. Downtown Frederick meets Wednesdays at the City Room at 12:00 p.m. Mt. Airy meets Tuesdays at the Four Seasons Restaurant at 6:30 p.m. Brunswick meets Thursdays at the YMCA at 6:00 p.m.

Name: Ruritan Clubs
Address: 5849 Burkittsville
City: Broad Run, Jefferson, MD
Comments: There are several in Frederick County. They include the following, Creagerstown, 12510 Creagerstown Rd., Thurmont, Md; Jefferson, 44017 Mountville Rd., Jefferson, Md; Johnsonville, 10038 Green Valley Rd., Union Bridge, Md; Lewistown, 10535 Powell Rd, Thurmont, Md; Mt. Pleasant, 11 Kenneth Dr., Walkersville, Md; Petersville, 834-9083; Wolfsville, 13478 Wolfsville Rd, Smithburg, Md.

Name: Sertoma Clubs
Address: Frederick County
Comments: Frederick Eventing, 7000 Runny Ct., Frederick, Md; Frederick Noon, Rt. 40 , Holiday Inn at 1:15 p.m.; Frederick Sunrise, P.O. Box 1213, Frederick, Md; Middletown, Middletown Valley, Box 172, Green Street, Middletown, Md.

Name: Soroptomists Club
Address: P.O. Box 1513
City: Frederick, MD 21702

Name: Zonta Club
Phone: (301) 371-6267

Name: Fort Detrick Farmers' Market
POC: The NCI-Frederick Cancer Research and Development Center (FCRDC)
Address: BLDG 350 Parking Lot
City: Frederick, MD
Phone: (301) 846-1874/5800
Comments: The Fort Detrick Farmers' Market is a "producers only" market with the seafood vendor being the sole exception. That is, only those agricultural products grown by the vendors may be offered for sale. This means the highest possible level of freshness. It also affords you the opportunity to meet the growers and "your neighbors." The market is opened Tuesdays only from 1100-1400.

Shopping

Frederick has emerged into a thriving, growing city; it is becoming a shopper's paradise. The Francis Scott Key Mall has new stores such as Hecht's, Sears, Ethan Allen, and Value City. There's a sale practically every weekend.

If you purchase an item and it goes on sale within 30 days, you get the difference if you can show your receipt. (Save your receipt.)

Chain stores such as K-Mart, WalMart, and Ames not only provide good prices, but also added convenience.

There are local stores/specialty shopper throughout downtown Frederick that offers more unique items.

Name: Francis Scott Key Mall
Address: I-270, exit 31A
City: Frederick, MD
Phone: (301) 662-5151
Proximity to site: 5 miles
Comments: The Francis Scott Key Mall (FSK)has something for everyone with 75 fine stores to serve you. Open seven days a week. Mon-Thursday-1000-2100; Friday & Saturday-1000-2130; Sunday 1200-1700.

Name: Fredericktowne Mall
Address: US Route 40 West
City: Frederick, MD
Phone: 662-9300
Proximity to site: 3 miles
Comments: We're right here! Over 60 fine stores and specialty shops. Shopping prizes and more! Your Frequent Shopper Mall. Located on the "Golden Mile." J. C. Penny's, Bon-Ton, Montgomery Ward. Mon Thur 1000 - 2100; Fri & Sat 1000- 2130; Sun 1200 - 1700 hrs.

Name: Everedy Square and Shab Row
Address: 8 East Street
City: Frederick, MD
Phone: 662-4140
Proximity to site: 2 miles
Comments: Tauraso's for fine Italian dining. Revitalized former 19th Century factory housing 35 specialty shops--antiques, clothing, general merchandise, home furnishings, gifts and fine dining. Located on Frederick's historic Eastside. Flights of Fancy is Frederick's most unusual store. Wonderful gifts, toys, home accessories, paper weights, pewter, American crafts, handcrafted jewelry. Cornerstone of renovated Everedy Square. Open nightly until 2100 hrs; Sunday 1200-1700 hrs.

Name: Golden Mile
Address: Route 40 West
City: Frederick, MD
Comments: The "Golden Mile" has the Frederick area's highest concentration of shopping centers, retailers, and fast food and other restaurants.

Name: New Market
City: New Market, MD
Comments: The self-proclaimed Antiques Capital of Maryland, New Market has more than 30 antiques shops and dealers. In addition, each of Frederick county's incorporated cities and many of its smaller towns have their own unique shopping districts.

Name: Carmack Jay's
City: Frederick, MD
Comments: Two locations to serve you. Located on Route 40 West, (301) 663-8611, and 331 N. Market Street, 663-6441.

Name: Common Market Food Co-op
Address: Buckeystown Pike
City: Frederick, MD
Phone: (301) 663-3416

Name: Food Lion (three locations)
Comments: Food Lion stores are located at the following locations: 8425 Woodsboro Pike, Walkersville; Yellow Springs Road, in Frederick, and off Route 15 in Thurmont.

Name: Giant Food
Address: 1063 West Patrick St.
Phone: (301) 695-4420
Comments: Located in the Westridge Shopping Center.

Name: George's IGA
City: Woodsboro, MD
Comments: A full service store located at 3 North Main Street in Woodsboro.

Name: Martin's Food Store
Address: 66 Waverly Dr
City: Frederick, MD
Phone: (301) 694-8695

Name: Middletown Apple Valley Supermarket
Address: 815 E. Main Street
City: Middletown, MD
Phone: (301) 371-4045

Name: Safeway Stores, (two locations)
Address: Frederick/Walkersville
Comments: The Frederick store is located at 927 W. 7th street, and Walkersville location is at 151 Walkers Way.

Name: Shopper's Food Warehouse
Address: Hillcrest Plaza Shopping Center
City: Frederick, MD

Name: Weis Market (two locations)
City: Frederick, MD
Comments: Weis Markets are located on Alternate Route 40 and Old Camp Road and Opposumtown Pike in the Amber Meadows shopping area.

State and Community Social Service Agencies

Name: Advocates For the Homeless
City: Frederick
Phone: 662-2003

Name: Alzheimer's Association of Frederick County
Address: 1730 N. Market Street
City: Frederick
Phone: 696-0315

Name: Arthritis Foundation
Address: 22 S. Market St
City: Frederick
Phone: 633-0303

Name: Birthright
Address: 218 W. Patrick St
City: Frederick
Phone: 663-0111

Name: Frederick County Dept of Social Services
Address: 118 N. Market St
City: Frederick, MD
Phone: General Info, 694-4555
Comments: 0800-1630, M-F

Name: Frederick County Health Department
Address: 350 Montevue Ave
City: Frederick, MD 21702
Phone: (301)694 2507
Proximity to site: 1 mile
Comments: Women, Infant, and Children (WIC); A special Supplemental Food and Nutrition Education Program; Who may apply-Pregnant women, postpartum women, breast-feeding women, infants and children under 5.

Name: Washington County Dept of Social Services
Address: 122 N Potomac St
City: Hagerstown, MD
Phone: (240) 420-2100

Non-Profit Social Service Agencies

Name: American Cancer Society
POC: Ms. Debbie Douglas, Director
Address: 1110 E. Patrick St
City: Frederick, MD
Phone: 662-2357
Comments: 0830-1630, M-F

Religious Activities

Name: Fort Detrick Chapel Activities Center
Address: Bldg 1776, Intersection of Ditto Ave and Stark St
City: Frederick, MD
Phone: 619-7371
Proximity to site: Located on Post
Comments: A complete worship and individual family activities program is offered by the Post Chaplain. The new Chapel/Child Development Center, located on Stark Street, was dedicated in March of 1993 and includes chapel and child care facilities. The former Post Chapel, located on Doughten Avenue was constructed early in 1944 as a railroad switch engine repair house, and converted into a chapel in 1962. It now serves as a training center.
1. Worship Services: Saturday 1730: Catholic Mass Sunday 0915: Catholic Mass 1100: Protestant Service 1230: Gospel Service
2. Religious Education: CCD: Meets every Monday evening. Preschool through Grade 8: 6 PM-7:30 PM High School: 8 PM-9:30 PM Gospel Sunday School every Sunday at 1030
3. Congregational groups are active. Many bible studies and prayer services are held each week. There are also opportunities for service in any of the choirs, Sunday School programs, summer VBS program or bible studies. For more information on our programs or services, please call the Chapel office at 619-7371 or come by and visit. Area Denominations Catholic Methodist Jewish Muslim Baptist

Name: St. Joseph's on Carrollton Manor (1820)
Address: 5843 Woods Road
City: Frederick, MD
Phone: (301) 663-0907

Name: Church Women United in Frederick County
Address: 4 East Church St
City: Frederick, MD
Phone: (301) 698-0397

Name: National Council of Jewish Women
Address: 248 Dill Avenue
City: Frederick, MD

Name: Frederick Union Rescue Mission
Address: 419 W. South St
City: Frederick, MD
Phone: (301) 695-6633

Name: Salvation Army
Address: 223 W. 5th Street
City: Frederick, MD
Phone: (301) 662-2311

Name: Grotto of Lourdes National Shrine
Address: Mount Saint Mary's College
City: Emmitsburg, MD
Phone: (301) 447-5318

Name: Nation Shrine Saint Elizabeth Ann Seton
Address: 333 South Seton Ave
City: Emmitsburg, MD
Phone: (301) 447-6606

Community Transportation

Name: Dulles International Airport
City: Chantilly, VA
Proximity to site: 45 miles

Name: Baltimore-Washington International Airport
City: Baltimore, MD
Phone: (410) 859-7111 (general info)
Proximity to site: 56 miles

Name: AMTRAK
Phone: 1-800-872-7245
Comments: AMTRAK service is available from Washington D. C., and Baltimore, Maryland. Connecting train service is available in Brunswick, located approximately sixteen miles from Frederick.

Name: Frederick City Bus Service
Address: 33 Hamilton Ave
City: Frederick, MD
Phone: 694-1166
Comments: The city bus service provides city-wide transportation to include all the major shopping areas. A bus stop is conveniently located outside the main gate at the corner of 7th Street and Military Road.

Name: City Cab Company
Address: 801 Highland St
City: Frederick, MD
Phone: (301) 662-2250

Name: Henry's Door to Door Airport Limo Service
City: Frederick, MD
Phone: (301) 663-6310

Name: TRISTATE Transportation
City: Hagerstown, VA
Phone: (301) 791-3838

Education

Education Overview

Frederick County boasts one of the best public school systems in the state of Maryland. The population of the county has increased to approximately 180,000. Student enrollment for 1998/1999 is 35,383. The School system includes 51 elementary, middle, high, special education, alternative education and career/technology facilities.

The following documents are needed for enrollment into school. a)Immunization Records b)Birth Certificate c)Transcripts for transferring students d)Letter or Bill showing proof of residency

High School Graduation Requirements: In order to graduate from a Maryland secondary school, student must earn a minimum of 21 credits beyond the 11th grade and pass functional tests required by the Maryland State Board of Education.

Name: Detrick Center for Training and Education Excellence
POC: Ms. Terri Neufeglise
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301) 619-2854
Comments: Education Center hours are 0800-1800 - Monday-Thursday; 0800-1700 - Friday Learning Center 0800-2000 (Monday-Thursday); 0800-1700 (Friday); 0900-1530 (Saturday) The Detrick Center for Training and Education Excellence offers educational and training opportunities for military members of all services stationed at Fort Detrick, Federal employees and contractors, family members, and retirees. The TERC is a facility using technology in application to learning and training. Programs and offerings in traditional and nontraditional formats provide expanded opportunities. Counselors are available to assist you with career development, obtaining information on colleges and degree completion, financial aid, etc. An important adjunct is the Learning Center which has state-of-the-art technology and a great variety of instructional resources in a multitude of media. Network access is available for research and college courses on an individual basis. Computer based tutorials and on-line instruction support training and educational goals for the unit and the individual. A Functional Academic Skill Training (FAST) program is provided to help improve reading and math skills. An English writing class is available for improved grammar and writing skills. Soldiers who need to study in preparation for MOS or boards utilize the military publications library. DANTES program is available to earn undergraduate and graduate college admission and credit. A testing program offers college level exams, entrance exams, and professional certification. A variety of college courses are offered through local colleges in undergraduate and graduate programs. The Army Tuition Assistance Program pays 75% of tuition for active duty military. The Detrick Center for Training and Education Excellence supports the training and education of the Fort Detrick community. Technology and distance leaning makes education and training available no matter "when or where," we'll figure out the "how." Visit the Detrick Center for Training and Education Excellence for details on the many programs and services.

Public and DODDS Schools

Frederick County Public Schools (FCPS)

29 Elementary schools 10 Middle schools 8 High schools 1 Special Education Center 1 Alternative Education Center 1 Career and Technology Center (CTE) 1 Outdoor School Facility

Admission

Maryland State law states that eligible persons between the ages of five and 21 shall be admitted free of charge to the public schools. Attendance in a school program for those five to 16 years of age is compulsory. State law requires all students to enroll in a kindergarten or approved alternative program.

Parents who do not wish to enroll a five-year-old in a kindergarten or other approved program may request a one year waiver. At the end of the year the student will enter kindergarten, not the first grade. A child must observe the fifth birthday on or before December 31, 1999, to enter kindergarten in September 1999. Likewise, a child must observe the sixth birthday on or before December 31, 1999, in order to enter the first grade in September 1999.

In an effort to maintain the neighborhood and community school concept, pupils attend schools according to the location of their homes. However, reassignments may be made in times of large enrollment fluctuations.

Graduation Requirements:

In order to graduate from a Maryland secondary school, a student must earn a minimum of 21 credits beyond the eighth grade and pass functional tests required by the Maryland State Board of Education. Four of the 21 credits must be earned after completion of the eleventh grade.

School entry requirements:

Maryland state law requires that students enrolling in public school for the first time have a physical examination. Student Record Card 6 (Health Inventory MSDE/Frederick County Public Schools), which is available in local schools and physicians' offices, should be used to document this exam.

Immunizations:

Parent/guardian(s) must furnish proof of their child's immunization against diphtheria, tetanus, pertussis, poliomyelitis, mumps, measles, and rubella in order to enroll the child in the FCPS.

Relocating service members must pick up their children's school records before they PCS.

Name: Ballenger Creek Elementary
Address: 5250 Kingsbrook Dr
City: Frederick, MD 21703
Phone: (301) 694-4637

Name: Ballenger Creek Middle
Address: 5525 Ballenger Creek Pk
City: Frederick, MD 21702
Phone: (301) 698-2410

Name: Brook Hill Weekday School
Address: 8946 Indian Springs Rd
City: Yellow Springs, MD
Phone: (301) 662-2232

Name: Brunswick Elementary
Address: 400 Central Ave
City: Brunswick, MD 21716
Phone: (301) 834-9161

Name: Brunswick High School
Address: 101 Cummings Dr.
City: Brunswick, MD 21716
Phone: (301) 834-9133

Name: Brunswick Middle
Address: 301 Cummings Dr
City: Brunswick, MD 21716
Phone: (301) 834-7723

Name: Cabbage Patch Nursery (Pre-School)
Address: Gillis Falls Rd
City: Mt. Airy, MD 21771
Phone: (301) 829-5213

Name: Calvary Methodist Weekday School
Address: 133 W. 2nd St.
City: Frederick, MD
Phone: (301) 662-1464

Name: Career and Technology School
Address: 7922 Opposumtown Pk
City: Frederick, MD 21702
Phone: (301)694-1658

Name: Carroll Creek (Head Start)
Address: 410 Sagner Ave
City: Frederick, MD 21701
Phone: (301) 694-1024

Name: Carroll Manor Elementary
Address: 5624 Adamstown Rd
City: Adamstown, MD 21710
Phone: (301) 874-5546

Name: Carroll Manor Elementary (Head Start)
City: Adamstown, MD 21710
Phone: (301) 874-5546

Name: Carver Center (Head Start)
Address: Madison St
City: Frederick, MD 21702
Phone: (301) 663-1980

Name: Cascade Elementary School
Address: 14519 Pennersville Road
City: Cascade, MD 21719
Phone: (301) 766-8066
Comments:
After school care provided by School Age Child Care. Hours of operations are from 1100 - 1800. For more information, please call the school.

Name: Catocin High School
Address: 14745 Sabillasville Rd.
City: Thurmont, MD
Phone: (301) 271-7406

Name: Church of the Brethren Learning Center
Address: 201 Fairview Ave
City: Frederick, MD
Phone: (301) 662-4730

Name: Dandelion Christian Child Care (Pre-School)
Address: 3837 Jefferson Pd
City: Jefferson, MD 21755
Phone: (301) 473-5808

Name: Emmitsburg Elementary
Address: 300 S. Seton Ave
City: Emmitsburg, MD 21727
Phone: (301) 447-6169

Name: Evangelical Lutheran Church Wee Folks School
Address: 35 E. Church St.
City: Frederick, MD
Phone: (301) 663-5117

Name: Frederick Christian Academy (Pre-School)
Address: 6707 Carpenter Rd
City: Frederick, MD 21701
Phone: (301) 473-8990

Name: Frederick County Public Schools (FCPS)
Address: 15 East Church Street
City: Frederick, MD 21701
Phone: (301) 694-1000/1441
WWW Link: <http://www.co.frederick.md.us/fcps/>

Name: Frederick High School
Address: 650 Carroll Pkwy
City: Frederick, MD 21702
Phone: (301) 694-1367

Name: Frederick Montessori School
Address: 6707 Jefferson Blvd
City: Braddock Heights, MD
Phone: (301) 371-9639

Name: Glade Elementary
Address: 9525 Glade Rd
City: Walkersville, MD 21793
Phone: (301) 845-7014

Name: Glade Valley Pre-School
Address: 2 Chapel Pl.
City: Walkersville, MD
Phone: (301) 845-4152

Name: Golden Rule School
Address: 6707 Jefferson Blvd
City: Braddock Heights, MD
Phone: (301) 371-9639

Name: Good Shepard Nursery/Kindergarten School
Address: 1415 W. 7th St.
City: Frederick, MD
Phone: (301) 695-5855

Name: Governor Thomas Johnson High School
Address: 1501 North Market St
City: Frederick, MD 21702
Phone: (301) 694-1412

Name: Governor Thomas Johnson Middle
Address: 1501 N. Market St
City: Frederick, MD 21701
Phone: (301) 694-1433

Name: Green Valley Elementary
Address: 11501 Fingerboard Rd
City: Monrovia, MD 21770
Phone: (301) 865-5511

Name: Green World Nursery School
Address: 7210 James Harris Memorial Dr.
City: Frederick, MD
Phone: (301) 865-0911

Name: Head Start Base Office
Address: 23 W. Sixth St.
City: Frederick, MD
Phone: (301) 695-1375

Name: Hillcrest Elementary
Address: 1285 Hillcrest Dr
City: Frederick, MD 21702
Phone: (301) 694-1579

Name: Kemptown Elementary
Address: 3456 Kemptown Church Rd
City: Monrovia, MD 21770
Phone: (301) 253-6858

Name: KinderCare Learning Centers
Comments:
Locations: 1420 Taney Ave., Frederick, (301) 694-7544;
110 Willowdale Drive, (301) 695-9088.

Name: La Petite Child Care
Comments:
Locations: 650 Himes Ave, Frederick, Maryland (301) 695-7227;
2150 Old Farm Road, Frederick, (301) 694-2322;
185 Thomas Johnson Dr., Frederick, (301) 662-4991.

Name: Lewistown Elementary
Address: 11119 Hessong Bridge Rd
City: Frederick, MD 21701
Phone: (301) 845-2333

Name: Liberty Elementary
Address: 11820 Liberty Rd
City: Libertytown, MD 21762
Phone: (301) 898-5616

Name: Linganore High School
Address: 12013 Old Annapolis Rd
City: Frederick, MD 21702
Phone: (301) 865-5555

Name: Middletown Elementary
Address: 201 E. Green St
City: Middletown, MD 21769
Phone: (301) 371-5700

Name: Middletown High School
Address: 200 High St.
City: Middletown, MD 21769
Phone: (301) 371-5000

Name: Middletown Middle
Address: 100 High St
City: Middletown, MD 21769
Phone: (301) 371-4300

Name: Middletown United Methodist Church
Preschool and Kindergarten
Address: 7108 Fern Circle
City: Middletown, MD
Phone: (301) 371-5550

Name: Monocacy Elementary
Address: 7421 Hayward Rd
City: Frederick, MD 21702
Phone: (301) 694-2514

Name: Monocacy Middle
Address: 8009 Opossumtown Pike
City: Frederick, MD 21702
Phone: (301) 694-1189

Name: Myersville Elementary
City: Myersville, MD 21773
Phone: (301) 293-2382

Name: Myersville Elementary (Headstart)
City: Myersville, MD 21773
Phone: (301) 293-2820

Name: New Life Christian School
Address: 5913 Jefferson Pike
City: Frederick, MD
Phone: (301) 663-8418

Name: New Market Elementary
Address: Old National Pike
City: New Market, MD 21774
Phone: (301) 865-5407

Name: New Market Middle
Address: Old National Pike, P.O. Box 58
City: New Market, MD 21774
Phone: (301) 865-3434

Name: New Midway Elementary
Address: 12226 Woodsboro Pike
City: Keymar, MD 21757
Phone: (301) 845-2707
Comments:
Only for pre-K, 4th and 5th grades.

Name: North Frederick Elementary
Address: 1001 Motter Ave
City: Frederick, MD 21701
Phone: (301) 694-1401

Name: Parkway Elementary
Address: 300 Carroll Pkwy
City: Frederick, MD 21701
Phone: (301) 694-1407

Name: Sabillasville Elementary
Address: 16210-B, Sabillasville Rd
City: Sabillasville, MD 21780
Phone: (301) 271-4005

Name: Smithsburg Middle and High School
Address: 68 Main Street
City: Smithsburg, MD
Phone: 301.766.8337

Name: South Frederick Elementary
Address: 250 Madison Dr
City: Frederick, MD 21701
Phone: (301) 694-1466

Name: Spring Ridge Elementary
Address: 9051 Ridgefield Dr
City: Frederick, MD 21701
Phone: (301) 694-4627

Name: St. Paul's Learning Center
Address: Main Street, Myersville
City: Myersville, MD
Phone: (301) 3293-1980

Name: Stepping Stone (Headstart)
Address: Old Armory on Bentz St
City: Frederick, MD 21701
Phone: (301) 694-1260

Name: Stepping Stones Centers
Comments:
Locations: Parkside, Bentz, and Second St.,
Frederick, MD (301) 663-1320;
Frederick Heights, 1070 Greenwall Court,
Frederick, MD
(301) 662-4242.

Name: The Banner School (Pre-school)
Address: 1730 N. Market St
City: Frederick, MD
Phone: (301) 695-9320

Name: The Barnesville School (Pre-School)
Address: 21830 Peach Tree Rd.
City: Barnesville, MD
Phone: (301) 253-4893

Name: Thurmont Elementary
Address: 805 E. Main St
City: Thurmont, MD 21788
Phone: (301) 271-7088

Name: Thurmont Middle
Address: 408 East Main St
City: Thurmont, MD 21788
Phone: (301) 271-7355

Name: Trinity United Methodist Church
Address: 703 W. Patrick St
City: Frederick, MD
Phone: (301) 662-4159

Name: Twin Ridge Elementary
Address: 1106 Leafy Hollow Circle
City: Mt. Airy, MD 21771
Phone: (301) 829-5301

Name: Urbana Elementary
Address: 3554 Urbana Pike
City: Frederick, MD 21701
Phone: (301) 874-5105

Name: Urbana High School
Address: 3471 Campus Dr.
City: Ijamsville, MD 21754
Phone: (301) 874-6180 or 898-4129

Name: Valley Elementary
Address: 3519 Jefferson Pike
City: Jefferson, MD 21755
Phone: (301) 473-5775

Name: Walkersville Elementary
Address: 83 Frederick St
City: Walkersville, MD 21793
Phone: (301) 845-8001

Name: Woodsboro Elementary
Address: 101 Liberty Rd
City: Woodsboro, MD 21798
Phone: (301) 845-2001

Name: Walkersville High School
Address: 81 Frederick St
City: Walkersville, MD 21793
Phone: (301) 845-2711

Name: Yellow Springs Elementary
Address: 8717 Yellow Springs Rd
City: Frederick, MD 21702
Phone: (301) 694-1475

Name: Walkersville Methodist Church Weekday School
Address: 22 Main St.
City: Walkersville, MD
Phone: (301) 845-4282

Name: Yes I Can Children's Center
Address: 4748 Mussetter Rd
City: Ijamsville, MD
Phone: (301) 831-6166

Name: Walkersville Middle
Address: 55 Frederick St
City: Walkersville, MD 21793
Phone: (301) 845-2515

Private Schools

There are outstanding educational facilities available for Frederick County students in the private sector. These include, Catholic, Christian, and non-denominational schools, from Kindergarten to High School.

Name: Washington County Public Schools
Address: 820 Commonwealth Avenue
City: Hagerstown, MD
Phone: 301.766.2800
Comments: Hours: 0830 - 1530 Mon - Fri

Frederick County also has a number of private and parochial schools in area.

Name: Waverly Elementary
Address: 201 Waverly Dr
City: Frederick, MD 21701
Phone: (301) 694-1496

Name: Frederick Christian Academy
Address: 6642 Carpenter Rd
City: Frederick, MD
Phone: (301) 473-8990

Name: West Frederick Middle
Address: 515 W. Patrick St
City: Frederick, MD 21701
Phone: (301) 694-1389

Name: Mother Seton School
Address: 100 Creamery Rd
City: Emmithburg, MD
Phone: (301) 447-3161 or (301) 447.3162

Name: Whittier Elementary
Address: 2400 Whittier Drive
City: Frederick, MD
Phone: (301) 360-3939

Name: New Life Christian School
Address: 5913 Jefferson Pike
City: Fredreick, MD
Phone: (301) 663-8418

Name: Windsor Knolls Middle
Address: 1150 Windsor Rd
City: Ijamsville, MD 21754
Phone: (301) 831-3465

Name: Puritan Christian School
Address: 6325 Griffith Rd
Phone: (301) 253-4357

Name: Wolfsville Elementary
Address: 12520 Wolfsville Rd
City: Smithsburg, MD 21783
Phone: (301) 293-2939

Name: Saint John Regional Catholic School
Address: 114 East Second St
City: Frederick, MD
Phone: (301) 662-6722

Name: Seventh Day Adventist School
Address: 80 A Adventist Dr
City: Frederick, MD
Phone: (301) 663-0363

Name: St James School
Address: South Hagerstown
City: St. James, MD
Phone: (301) 733-9330

Name: St Timothy's School
Address: Beltway Exit 22, 1 mile North on Greenspring Ave.
Phone: (410) 486-7400

Name: St. John's Literary Institute at Prospect Hall
Address: 889 Butterfly Lane
City: Frederick, MD
Phone: (301) 662-4210

Name: The Banner School
Address: 1730 N. Market St, Frederick
City: Frederick, MD 21702
Phone: (301) 695-9320

Name: The Barnesville School
City: Barnesville, MD
Phone: (301) 253-4893

Name: Visitation Academy
Address: 200E 2nd St
City: Frederick, MD
Phone: (301) 662-2814

Name: Walkersville Christian Family Schools
Address: 1 W 2nd St
City: Frederick, MD
Phone: (301) 662-0022

Colleges and Universities

Name: Frederick Community College
POC: Admissions Office
Address: 7992 Opossumtown Pike
City: Frederick, MD
Phone: (301) 694-5240
Tuition: \$60/res; \$120/non-res
Comments: Frederick Community College awards Associate degrees in a number of disciplines. Credit is fully transferable to most institutions of higher learning in the state. The college provides a continuing education curriculum and free vocational testing and job listings. Project Forward Step is another program provided by the college. Information is available by calling (301) 846-2485. Tuition Assistance for single parents/ homemakers is available.

Name: Frostburg State University
Address: 20 Public Square
City: Hagerstown, MD
Phone: (301) 791-4020
Comments: Centered in Hagerstown. Undergraduate-Business Admin, Accounting, Sociology & Justice Studies, Graduate MBA, MED. General info: (301) 791-4020. Frederick location - call for Masters of Business Administration information.

Name: Hagerstown Business College
Address: 18618 Crestwood Dr
City: Hagerstown, MD
Phone: (301) 739-2670

Name: Hood College
POC: Ms Dixie Miller
Address: 401 Rosemont Avenue
City: Fredreick, MD
Phone: (301) 663-3131
Tuition: \$395/credit hour
Comments: Ranked as one of the best small colleges in the nation by U. S. News and World Report. Bachelors degrees in 31 majors; Masters degrees in 12 fields including the M.B.A. Cost per credit hour for undergraduates is \$385. For graduate study the cost is \$210. For students in Computer Science and Math programs the cost is \$230.

Name: Mount St Mary's College and Seminary
POC: Office of Admissions
City: Emmitsburg, MD
Phone: (301) 447-6122
Comments: One of the oldest Catholic Co-educational schools in the country, Mount Saint Mary's is recognized for its freshman core curriculum. Internationally known, draws its students from 51 countries and throughout the United States. Comprehensive freshman programs and has an outstanding M.B.A. program. Cost per undergraduate credit hour is \$390. Graduate credit hour is \$185.

Name: Literacy Council of Frederick County
Address: 110 East Patrick Street
City: Frederick, MD
Phone: (301) 694-2066

Special Education

Personnel arriving with an Exceptional Family Member should contact the EFMP office upon arrival. The office is located in bldg 810, rm 158, telephone (301) 619-3385. At your initial appointment you will learn the medical appointment system, the community referral process and be offered supportive counseling.

Adult or Continuing Education

Name: Frederick County Public Schools - Adult Education
POC: Mr. Richard Remsburg
Address: Gov. Thomas Johnson High School - 1501 N. Market Street
City: Frederick, MD
Phone: (301) 694-1829
Comments: The Adult Continuing Education Service provides G. E. D. classes as well as an External Diploma Program.

Name: Department of Vocational Rehabilitation.
POC: Ms. Mary Dudderar, Supervisor
Address: 100 West Patrick St
City: Frederick, MD
Phone: (301) 694-2170
Comments: Assists disabled persons (physical/mental) in acquiring employment by providing vocational training and counseling.

Name: Frederick Vocational and Technology Center
POC: Ms. Terry Best (Counselor)
Address: 7922 Opossumtown Pike
City: Frederick, MD
Phone: (301) 694-1658
Comments: The Frederick Vocational and Technology Center is in effect another county high school. Training is offered in a wide variety of areas, to include Computer Assisted Drawing (CAD), Landscape Engineering, Information Management Systems, and Welding. There are no tuition fees for high school students. Frederick Community College provides tuition based classes during the evening hours as part of their continuing education curriculum. For more information on tuition based classes call 846-2426.

Name: Marshall Street Education Center
Address: 1350 Marshall Street
City: Hagerstown, MD
Phone: (301) 791-4319

Name: Maryland School for the Deaf
Address: 101 Clarke Place
City: Frederick, MD
Phone: (301) 662-4159
Comments: The Maryland School for the Deaf in Frederick is one of two residential schools in the Maryland system that offer free public education to persons up to age 21 with severe to profound hearing impairment. MSD offers academic programs that are similar to those found in most public elementary and secondary schools, including college preparatory courses. The administrative offices for both schools for the deaf are in Frederick.

Name: Abbey Business Institute
Address: 5310 Spectrum Drive
City: Frederick, MD
Phone: (301) 694-2066

Name: Rock Creek School
POC: Ms. Gael Butcher, Principal
Address: 191 Waverly Drive
City: Frederick, MD
Phone: (301) 694-1485
Comments: The Rock Creek School is a comprehensive special education facility for special education students and is available for preschool through 21 years of age. It serves the multi-handicapped, students with communication disorders, the emotionally disturbed, those with physical (orthopedic) handicaps and those who are moderately to severely handicapped. The Changes Program is designed to serve handicapped students in grades 6 to 12 who have been unable to cope with the regular school and need alternative programs. Counseling, crisis intervention and a highly structured behavior management system are integral parts of this program. In addition to the specific special education classes and schools, there are also itinerant services provided to support special education needs. These include: Occupational therapy, Vision and Hearing therapy; Language and speech therapy.

Estate 4,242 7.9 \$514 Services 12,548 23.4 \$428
Other 899 1.7 \$348 TOTAL 53,528 100.0 \$434

Wage Rates Selected Weekly Earning

Average Range Accounting clerks II \$383.00 \$334-\$429 Computer operator I \$344.00 \$318-\$368 Electronics technicians I \$495.00 \$462-\$520 Engineering technicians I \$460.00 \$382-\$520 Fork lift operators \$416.00 \$320-\$500 Laboratory technicians \$500.00 \$245-\$800 Material handlers \$295.00 \$240-\$288 Personnel specialist I \$497.00 \$442-\$547 Secretary I \$424.00 \$385-\$466 Word processors I \$395.00 \$359-\$419

Name: Military Spouse Employment Preference
POC: Civilian Personnel Advisory Center
Address: Bldg 810, Room 120, Fort Detrick
City: Frederick, MD
Phone: (301) 619-2007
Comments: Spouse preference is only one of several initiative that have been undertaken to enhance the well-being of all military families and to provide resources necessary to maintain an environment compatible with a healthy military family lifestyle. Consult with the military department or civilian personnel office. Spouse's PCS orders is required to register for spouse preference.

Employment

Employment Overview

Civilian Labor Force and Unemployment Rate: Frederick County

Civilian labor force : 96,288 Unemployment rate..... : 5.6%

Good Prospects..... : Manufacturing

Fair Prospects..... : Government employment

Poor Prospects..... : Retail, service

Federal Civilian Employment for Spouses

Annual average % Average weekly Industry Employment Wage per worker

Federal Government 2,531 4.7 \$576 State Government 400 0.8 \$497 Local Government 6,042 11.3 \$483 Private Employment 44,555 83.2 \$419 Construction 5,433 10.2 \$476 Manufacturing 5,378 10.3 \$587 Transportation/ Communication/ Utilities 1,510 2.8 \$547 Wholesale Trade 2,505 4.7 \$494 Retail Trade 12,040 22.5 \$248 Finance, Insure Real

Permanent Employment Resources

Name: Civilian Personnel Advisory Center
Address: Rm 120, Bldg 810, Fort Detrick
City: Frederick, MD 21702--5016
Phone: (301) 619-2007
Comments: The Civilian Personnel Advisory Center (CPAC), provides civilian personnel services to managers, supervisors, employees and individuals seeking employment at Fort Detrick. These services include the full range of personnel management functions (recruitment, training, classification, management-employee relations and labor relations. Also service for Federal Government positions, General Schedule, (GS); Wage Grade (WG); Senior Executive Service (SES)and Federal Job listings.

Name: Family Member Employment Assistance Office
POC: Raquel Cajudo
Address: Rm 1520, Fort Detrick
City: Frederick, MD 21702--5016
Phone: (301) 619-3315/2197
FAX: (301) 619-3597
<p>Comments: The Family Member Employment Assistance Offices (FMEAP) assist soldiers, retirees, and their family members who are relocating as a result of PCS or ETS by providing accurate, timely information, direction and lifelong skills on how and where to look for employment, and other services necessary to minimize the employment problems associated with such moves. FMEAP also provides the following:</p> <p>Computer Assisted Job Search</p> <ul style="list-style-type: none"> * The Defense Out-Placement Referral System (DORS) and Public and Community Service (PACS) are a resume registry and referral system that matches transitioning service members with potential employers. PACS registry fulfills the requirement for service members eligible for early retirement from the military services. * The Transition Bulletin Board (TBB) is an electronic bulletin board that announces job opportunities(want ads) throughout the US and overseas. It provides a transition calendar of training and job fair events as well as other employment and transition information. * Automated Labor Exchange (ALEX) is a new job search system that lists job opportunities statewide, region wide, and nationwide. It is a self directed search where you can narrow down a selection or locations and jobs that are right for you. * Adams Job Bank provides a huge library of information on all aspects of planning for a job search. It also has extensive national career reference material. It contains thousands of company records. It creates Resume and Cover Letters and allows utilization of Contact Logs. * The Ultimate Job Source is a one step shopping source for all your job search needs. It intuitively combines the elements of multimedia CD-ROM into one powerful job finding tool. * SF171 and OF612: Federal Government Application forms. Quick and Easy Software programs, both DOS and Windows. Input

<p>application data onto disk, save for editing, saving and deleting information.</p> <ul style="list-style-type: none"> * Resumes; Various sources of information for creating resumes; books of all sorts, computer software (WordPerfect 6.1, Microsoft Word, and Winway), and general counseling. <p>Training and Workshops</p> <ul style="list-style-type: none"> * Job Search/Transition Workshop: Designed to assist transitioning soldiers and relocating family members in their job search and career development. * Small Business (Home Based) Planning and Management: Alternative employment opportunity for those choosing to earn money while staying at home. * Spouse and Youth Career Development Program: Assists in developing strategies for attaining the qualification and requirements needed for employment, career change, and/or advancement and developing personal and professional talents. * Army Career Alumni Program (ACAP): Military's opportunity to counsel with a professional counselor regarding pre-separation planning and individual career decisions in preparation for transition.

Name: Maryland Employment and Job Service Office
Address: 67 Thomas Johnson Dr
City: Frederick, MD 21702
Phone: (301) 694-2183
<p>Comments: Hours: 0800-1600, M-F. The Maryland Job Service information line features current job listings, and is easy to access. There is a general directory (3000) from which Professional, Technical and Managerial listings can be accessed. Listings range from Clerical and Sales to Transportation and Materiel Handling. There is Veteran representative available to assists military veterans in their transition from the military and with their job search. State and County employment information is available as well.</p>

Name: Job Corps - Green Thumb
Address: Statewide
Comments: 1-800-762-7288; (301) 694-2195 (Fax) Job Corps: Provides training for youths ages 16-20. Includes residential training. Green Thumb: Provides work training for those 55 years of age and over, as well as placement services for the economically disadvantaged. Hours are from 0830-1700.

Name: Economic and Community Development Commission
Address: 12 E. Church St
City: Frederick, MD 21702
Phone: (301) 694-1058 or 1-800-248-2296

Name: Chamber of Commerce of Frederick County, Inc.
Address: 43-A S. Market St
City: Frederick, MD 21702
Phone: (301) 662-4164

Name: Frederick Professional Women's Network (ProNet)
Address: Box 4103
Phone: (301) 371-9585 (Fax)

Name: Private Industry County Job Training Agency
Address: 154 N. Market St (2nd floor)
City: Frederick, MD 21702
Phone: (301) 694-1174

Name: Small Business Development Center/Business and Technology Center
Address: I-270 Technology Park
Phone: (301) 694-4647

Name: Courteous Services Inc
Address: 82 W. Washington St
City: Hagerstown, MD
Phone: (301) 797-2905

Name: Workforce Development Center
Address: 7340 Executive Way (Suite 6)
City: Frederick, MD 21702

Temporary Employment Resources

Name: Talent Tree Personnel Service
Address: 7470 New Technology Way
City: Frederick, MD 21702
Phone: (301) 694-3000

Name: Kelly Temporaries
Address: 4.W. Franklin St
City: Hagerstown, MD
Phone: (301) 797-2656

Name: ADECCO Personnel Services
Address: 5280 Corporate Drive, Crestwood Blvd
City: Frederick, MD 21703

Non-Paid or Volunteer Opportunities

Name: Installation Volunteer Coordinator
POC: Ms. Judith McKnight
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301) 619-3171
Comments: 0800-1530, M-F. The Fort Detrick Volunteer Program promotes volunteering in meeting community needs within Fort Detrick. There are more than 100 job categories available that need volunteer assistance. Regular, as well as part time help positions are available.

Chambers of Commerce

Name: Chamber of Commerce- Frederick County
Address: 43-A S. Market St
City: Frederick, MD 21702
Phone: (301) 662-4164

Private Sector Employment

Name: State Farm Insurance Companies
POC: Mr. Robert Stefanon
Address: 800 Oak Street
City: Frederick, MD 21702
Phone: (301) 663-8478

Name: Sears Roebuck and Company
POC: Ms. Emogene Miles
Address: 5500 Buckeystown Pike
City: Frederick, MD 21702
Phone: (301) 694-2279

Name: First National Bank of Maryland
Address: 26 N. Court St
City: Frederick, MD 21702
Phone: (301) 330-7700
Comments: Please direct employment inquiries to the following address: 1-5850, Crabb Branch Way, Rockville, MD 20855.

Name: Solarex Corporation
POC: Mr. Robert Franklin
Address: 630 Solarex Court
City: Frederick, MD 21702
Phone: (301) 698-4200

Government Employment

Name: Civilian Personnel Advisory Center
Address: Bldg 810, Fort Detrick
Phone: (301) 619-2007

Name: Office of Personnel Management
Comments: Baltimore - Philadelphia Service Center, William J. Green, Jr, Federal Building 600 Arch St, Philadelphia, PA 19106, (215) 597-7440 Washington D.C - Federal Job Information Center, 1900 E St, N.W. Washington DC 20415, (202) 606-2700, 24 hr recording Testing schedule for Administrative Careers with America positions, GS-5/7, Office of Washington Examining Services (OPM) tests on a walk-in, space available basis. For additional information call the Job Information Center at (202) 606-2700.

Name: Non-Appropriated Funds (NAF)
POC: Civilian Personnel Advisory Center (CPAC)
Address: Building 810, Ft. Detrick
City: Frederick, MD 21702
Phone: (301) 619-2007

Name: AAFES
Address: Bldg 713, Porter Street, Fort Detrick
City: Frederick, MD 21702
Phone: (301) 662-7755
Comments: Some employment opportunities are available at the Post Exchange. Application forms are available at the Customer Service desk.

Professional or Occupational Licensing

Name: Practical Nurse
Address: Frederick Community College
City: Frederick, MD 21702
Comments: The Maryland Department of Licensing and Regulation, Division of Labor and Industry, 1-800-492-6226. Occupational and Professional Licensing, 1-800-492-7521.

Name: Registered Nurse
Phone: 1-800-492-7521

Name: Teacher Certification
Comments: See Frederick County Schools

Name: Frederick Child Care Consortium
POC: Ms. Terry Kitchen
Address: 22 South Market St
City: Frederick, MD
Phone: (301) 695-4508
Comments: The Frederick Child Care Consortium is a program of the Frederick County Mental Health Association. It is dedicated to the advancement of quality child care resources in our community. Services include computerized child care referrals for parents seeking child care, recruitment of family day care providers and assistance with the business aspects of setting up a family day care home. Further services include providing approved training for child care providers, information on dependent care, and a corporate child care referral service for employers.

Name: Real Estate
POC: Frederick County Realty Association
Address: 529 W. South Street
City: Frederick, MD 21702
Phone: (301) 663-0757

Name: Cosmetology
Phone: 1-800-492-7521
Comments: State Board of Cosmetologists and Barbers. See Frederick Career and Technology Center for additional information.

Name: Social Work
POC: Dept of Social Services
Address: 118 N. Market St
City: Frederick, MD 21702
Phone: (301) 694-4555

Networking Opportunities

The military spouse who is seeking to develop a personal career must tackle the problems imposed by frequent moves. Networking before you move as well as after you arrive can sometimes be the key to a successful job search. - Check to see if your present employer has a facility in the local area. A transfer may be possible. - Talk about your move to friends, relatives or co-workers they may have some ideas that can help. - Subscribe to local area newspapers. - Contact local Chamber of commerce for local business listings. - Contact local chapters of professional organizations. - Check with the State Offices for requirements on licensed or certified positions. - Check with the State Offices for requirements on licensed or certified positions. - Contact the Family Employment Assistance Program (FMEAP) and the Employment Center at Fort Detrick.

Medical And Dental

Medical and Dental Overview

Fort Detrick Health Clinic provides general medical care for active duty, active duty family members, retired, retired family members and occupational health services. Patients are seen on an "appointment only" basis. These appointments include physical exam, pap smears, pediatrics and internal medicine. Emergency care is available at Frederick Memorial Hospital, located 1 mile from Fort Detrick, utilizing Tricare.

Fort Detrick Dental Clinic provides care for active duty military personnel. It is satellite clinic of the Carlisle Barracks Dental Clinic Command. Dental Care for the active duty's spouse and children is provided through Family Member Dental Plan.

Medical Services/Directory - on Installation

Active duty military sick call patients are seen on a priority basis beginning at 0630 to 0730 hours, call (301) 619-7175 for an sick call appointment. Active duty family members and Retirees and their family members may call Tricare appointment line at 1-888-999-5195 for a same day appointment for an acute problem. Non Acute and Chronic care should be scheduled in advance.

Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Central Appointments		1-888-999-5195
Director of Health Services		(301) 619-7175
Emergency		911
Exceptional Family Member Program Coordinator		(301) 619-3385
Health Benefits Advisor		(301) 619-6918
Patient Administration		(301) 619-7175
Patient Advocate		(301) 619-4666
Pharmacy	(Refill line) (301)6	(301) 619-2850

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

Health Benefits Advisor..... : Pat Anthony (301) 619-6918

Name: Smoking Cessation
POC: Mrs. Cheryl Caldwell
Address: Bldg 1434
City: Frederick, MD 21702
Phone: (301) 619-7171/2403

Name: Tricare
POC: Mrs. Sue Grove
Address: Bldg 1434 (Health Clinic)
City: Frederick, MD 21702
Phone: (301) 619-4666
Comments: You must call 1-888-999-5195 to make an appointment. TRICARE is a regionally managed health care program for members of the Uniformed services and their families, and survivors and retired members and their families. TRICARE brings together the health care delivery systems of each of the military services, as well as the Civilian Health and Medical Programs of the Uniformed Services (CHAMPUS), in a cooperative and supportive effort to better serve DoD beneficiaries and use the resources available to military medicine.

Name: Wellness Program/Healthy Workplace
POC: Cheryl Caldwell
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301) 619-7171

Community Hospitals

The face of medicine has dramatically changed over the last decade in Frederick County. With more and more emphasis being placed on providing quality, cost-effective medical care, the health care industry is changing with the times and working to meet the demands of the new health care era. New health care alliances are forming to provide less expensive care.

Name: Frederick Memorial Hospital
POC: 400 W. 7th Street
City: Frederick, MD 21702
Phone: (301) 698-3300
Proximity to site: 1 mile

Name: Walter Reed Army Medical Center
Address: Georgia Ave
City: Washington, DC
Phone: 1-800-433-3574
Proximity to site: 45 miles

Name: Bethesda Naval Medical Center
City: Bethesda, MD
Phone: 1-800-526-7101
Proximity to site: 50 miles

Name: Frederick County Development Center
Address: 350 Montevue Lane
City: Frederick, MD 21702
Phone: (301) 694-1611

Name: Frederick County Health Department Clinics
Address: 350 Montevue Lane
City: Frederick, MD 21702
Phone: (301) 694-1734

Name: Frederick County Services for the Hearing Impaired
Address: 540 S. Market St
City: Frederick, MD 21702
Phone: (301) 696-1550

Name: Frederick Surgical Center
Address: 915 Toll House Ave
City: Frederick, MD 21702
Phone: (301) 694-3400

Name: Physician Referral Service
Address: 400 W. 7th Street
City: Frederick, MD 21702
Phone: (301) 695-1300

Name: Regional Cancer Therapy Center
Address: 501 W. 7th Street
City: Frederick, MD 21702
Phone: (301) 662-8477

Name: Wellness Center
Address: 400 W. 7th Street
City: Frederick, MD 21702
Phone: (301) 698-3563

Dental Services/Directory - on Installation

Fort Detrick Dental Clinic provides care for only active duty military personnel. It is satellite clinic of the Carlisle Barracks Dental Clinic Command. Dental Care for the active duty's spouses and children is provided through Family Member Dental Plan.

Emergency: (301) 619-7675: duty hours (301)
619-7114: off duty hours
(Provost Marshal Office)

Specialty care referrals will be done on a case by case basis.

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Fort Detrick Dental Clinic	LTC Michael Brace	(301) 619-7675

Family Member Dental Plan

"TRICARE Family Member Dental Plan (TFMDP)

The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans.

To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMDP in the United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations, enrolled sponsors and family members must contact their servicing overseas dental treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Name: TFMDP Customer Service
POC: United Concordia Com
Address: For the United States, Canada, Guam, Puerto Rico and U.S. Virgin Islands: United Concordia Comp, Inc
City: Camp Hill, PA 17089--8218
Phone: Conus (1-800-866-8499) OConus (1-717-975-5017-toll call)
WWW Link: http://www.ucci.com
Comments: For more information about the TFMDP, contact you Health Benefits Advisor or in overseas locations, your servicing overseas dental treatment facility or Overseas Lead Agent point of contact. Customer Service can also help sponsors, family members, installation staff and dental providers with specifics about the TFMDP.

Housing

Housing Overview

Fort Detrick has 155 family quarters. There is normally a wait for all categories of family housing. All accompanied E4s and above with dependent are eligible to apply. Check prior to your arrival for specific waiting times. To be placed on the waiting list, the sponsor must report for duty and be physically present at the Fort Detrick Housing Office.

Pen Mar Development Corporation has 56 two and three bedroom units available on what was known as Fort Ritchie. Point of contact for more information is Ms. Susan Rock at (301) 241-4092 if you are stationed at Site R and need quarters. The Community Homefinding Relocation and Referral Services (CHRRS) office maintains a list of available local rental housing. Military personnel reporting for duty at Fort Detrick are required to report to the CHRRS Office prior to seeking off-post housing. Apartments range from \$500-\$650 a month for a one-bedroom and \$650-\$700 a month for a two bedroom. Townhouse/single family houses rent from \$700-\$1000+ a month. An application fee and security deposit are usually required. Large pets are difficult to house. New arrivals normally locate housing off-post within a two-week period.

Check-in for transient facilities is from 1230-1600 at the Housing Office, building 810, room 133. Check-

in after hours in through the Provost Marshal Office, building 1504. Pets are not allowed. Credit cards (American Express, Visa, Mastercard) are accepted at the Housing Office. Reservation for priority guests may be made up to 30 days in advance. Space available reservation may be made one duty day in advance. The number to make reservations in 1-800-GO-ARMY-1(1-800-472-7691).

PCS families have priority for reservations in Fort Detrick's five large modernized guesthouse units. The units are made available to others on a space available basis. The units have a living room, dining area, kitchen, at least two bedrooms and one and on-half baths. They are air-conditioned and have cable television. A laundry room is available free of charge.

There are also 16 visiting officer's quarters available for TDY personnel. These units are made available to others on a space-available basis, only if all guesthouse units are filled. There is one

Distinguished Visitor Quarter used for officers and selected guests.

Name: Fort Detrick Housing Office
POC: Ms. Laura Cole
Address: Bldg 810, rm 133
City: Frederick, MD
Phone: (301) 619-2154
FAX: (301) 619-2010
Comments: Military personnel reporting for duty at Fort Detrick are required to report to the Housing Office prior to seeking off-post rental housing. Fort Detrick has 30 permanent officer units and 125 permanent enlisted units, each furnished with a stove and refrigerator. However, the number of family type housing units is far short of the number needed to provide quarters for all military personnel with family members. There is usually a waiting period from 6 to 18 months before on-post housing is available.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/allooha.html

Government Housing

Name: CHRRS Office
POC: Mr. Jerry Wolfe
Address: Bldg 810, Room 133, Fort Detrick
City: Frederick, MD
Phone: (301) 619-3419
Comments: The housing office maintains a list of available local rental housing and adequate apartments, townhouses and single family houses that are available in and around the city of Frederick. New arrivals normally locate off post housing within a two week period.

Name: Billeting Office																					
POC: Ms. Sherry Heffner																					
Address: Bldg 810, room 133, Fort Detrick																					
City: Frederick, MD																					
Phone: (301) 619-2154																					
Comments: Enlisted Housing <table border="1"> <thead> <tr> <th>Category</th> <th>Bedrooms</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>All Enlisted</td> <td>4</td> <td>12</td> </tr> <tr> <td>All " "</td> <td>3</td> <td>82</td> </tr> <tr> <td>All " "</td> <td>2</td> <td>31</td> </tr> </tbody> </table> Officer Housing <table border="1"> <thead> <tr> <th>Category</th> <th>Bedrooms</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>All</td> <td>4</td> <td>17</td> </tr> <tr> <td>All</td> <td>3</td> <td>12</td> </tr> </tbody> </table>	Category	Bedrooms	Units	All Enlisted	4	12	All " "	3	82	All " "	2	31	Category	Bedrooms	Units	All	4	17	All	3	12
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All " "	2	31																			
Category	Bedrooms	Units																			
All	4	17																			
All	3	12																			

Community Housing

The Community Homefinding Relocation and Referral Services (CHRRS) office maintains a list of available local rental housing. Military personnel reporting for duty at Fort Detrick are required to report to the CHRRS Office prior to seeking off-post

housing. Apartment process range from \$500-\$650 a month for a one-bedroom and \$650-\$700 a month for a two bedroom. Townhouse/single family houses rent from \$700-\$1000+ a month. An application fee and security deposit are usually required. Large pets are difficult to house. New arrivals normally locate housing off-post within a two-week period.

See Post CHRRS Office for additional information.

Name: County Board of Realtors
POC: Ms. Jenny Hartman
Address: 529 W. South St
City: Frederick, MD
Phone: (301) 663-0757

Utilities

Utilities avg..... : \$80-\$100 month

Name: Allegheny Power Company
City: Frederick, MD 21702
Phone: 800-255-3443
Comments: Allegheny Power is a Customer Call Center, opened 24 hours a day, 7 days a week for you to call (800-255-3443) to apply for electricity and all other services needed. Rate-Cost..... : 6.5 cents per kwh Hook-up Fee..... : No Military Waiver of Deposit... : Yes (See comments) Allegheny Power Company charges a deposit based on the average of a two month bill. A waiver of the deposit may be granted by providing a letter of credit the customer's previous utility company. Hours are 0800-1630 M-F.

Name: Frederick Gas Company
Address: 1800 N. Market St
City: Frederick, MD 21702
Phone: (301) 662-2151
Comments: 0800-1630, M-F Rate-Cost..... : variable Hook-up Fee..... : \$40.00 Military Waiver of Deposit... : Letter of credit with no late payments for two years.

Name: Chesapeake & Potomac (C&P)
Phone: (TOLL FREE 954-6230)
Comments: Hours are 0800-1700, M-F Rate-Cost..... : variable Hook-up Fee..... : \$15.00 Military Waiver of Deposit... : None

Name: GS Communications (Cablevision)
Address: 442 W. Patrick St
City: Frederick, MD 21702
Phone: (301) 662-6822
Comments: Hours are 0800-1700, M-F; 0900-1300 Sat Rate-Cost..... : Basic Cable Service = \$11.55; with cable programming tier - total =\$27.48 Hook-up Fee..... : \$16.86 You must pay the installation fee and the 1ST month in advance Military Waiver of Deposit... : None required Frederick Cablevision, Inc., offers a wide assortment of Cable programming to include all the premium channels. There are three Pay Per View (PPV) channels available that offer a wider range of entertainment options. Initial installation to readily available outlets is approximately \$39.00, and includes the first month's service. Call Frederick Cablevision for additional information.

Name: Bell Atlantic
Phone: (301) 954-6260
Comments: Repair Service; 800-275-2355 Everyone pays the \$48.00 Connecting Fee New Maryland Bell Atlantic customers are required to pay a \$75.00 advance pay plus a \$50.00 deposit (total - \$125.75).

Name: Frederick City Water & Sewer
City: Frederick, MD
Phone: (301) 694-1421/1440

Relocation Services

Relocation Services Overview

This section provides information on the service agencies on Fort Detrick that can assist you with your move and the recreational facilities you can use during your stay. Be sure to stop at Army Community Service before and after your move to get assistance with pre-move planning and up-to-date information on your new installation. The relocation staff are there to assist you and your family as you move from installation to installation.

Relocation Assistance

The Relocation Assistance Program provides pre-move briefings, Welcome Packets, Lending Closet, Standard Installation Topics Exchange Service (SITES), Welcome Wagon, Sponsorship briefings, computerized roadmap, Relocation assessor etc.

Relocating is a challenge, it's never easy to leave family, and friends, behind. While no move is without its difficulties and annoyances, careful planning can often be the big difference between a routine relocation and financial and emotional hardship. Contact your Relocation Assistance Program, as soon as you receive your PCS orders. The relocation staff can provide information on your new PCS station, e.g. community, installation, schools, jobs etc.

Name: Relocation Assistance Program
POC: Daphnie L. Freeman
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301) 619-2208/2197

In Transit Emergencies

No matter how well you have planned your move, emergencies do happen. Before you leave make sure you have all important papers with you - not packed with your household goods. Make sure you have important numbers such as SDO, your command duty office, and your sponsors. Check with the Accounting and Finance Office before you move regarding eligibility for advance or travel pay. Your sponsor can be invaluable in case of an emergency while in transit.

The American Red Cross is always available for emergency assistance and notification. Contact the Frederick office at (301) 662-5131.

Army Emergency Relief (AER) can also provide financial assistance to meet unforeseen required travel and related maintenance expenses such as transportation, lodging or food, when applicable due to extraordinary costs involved with permanent change of station (PCS).

Financial Preparedness

The Fort Detrick community is considered a high cost of living area and soldiers are often surprised by the initial outlay of dollars required to get established in the community. Soldiers stationed at Fort Detrick receive VHA. Waiting time for government quarters will usually average from 4 month to 2 years, depending on family size and needs, therefore families are required to rent off post housing until they can obtain quarters. All newly assigned military personnel must report to the Community Homefinding Relocation and Referral Service (CHRRS) prior to making any housing selection in the off-post community and prior to entering into any lease.

There are numerous hotels and motels in the surrounding communities. Prices start around \$30 per night for a single, however the average cost is between \$40 and \$70. The Fort Detrick guest house has 5 units equipped with a kitchenette, cooking utensils, a microwave and Cable TV. Each unit has 3 bedrooms, living room, dining room, kitchen 1 1/2 baths. The rate is \$24.00/night. Reservation is required 30 days in advance for PCS.

Area rental agencies usually require a deposit equal to one month's rent and the first month's rent up front. Rent for a two bedroom unfurnished apartment can cost between \$550 and \$700 with average around \$600. Rent on a three bedroom unfurnished house can cost between \$900 and \$1100 with average around \$1000. Make sure your lease includes a military clause providing for the breaking of the lease when you PCS or move on post. Before you sign a lease, be sure to inquire about the utility bills by calling those services and getting the previous renter's averages and know which utility bills you are required to pay.

The ACS Financial Assistance Program at will assist you with all your financial needs: financial goal planning and attainment; budget planning; checkbook management; debt liquidation and etc. Check with the Accounting and Finance Office before you move regarding eligibility for advance pay. Army

Emergency Relief (AER) is also available for emergency situations.

Name: Army Emergency Relief
POC: Mr. Dennis McMillen
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-3455
FAX: (301) 619-6288
DSN Phone: 343-3455
DSN FAX: 343-6288
Comments: Army Emergency Relief helps soldiers, active and retired, their dependents, their widows and orphans during valid financial emergencies. Assistance can be provided as an interest-free loan, grant or a combination of both.

Exceptional Family Member Program (EFMP)

Name: Exceptional Family Member Program Coordinator
POC: Ms. Michelle Hewitt
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-3385
FAX: (301) 619-6288
DSN Phone: 343-3385
DSN FAX: 343-6288
Comments: The Exceptional Family Member Program (EFMP), was established to assist active duty Army soldiers with family members who have physical, emotional, developmental or intellectual needs requiring special treatment, therapy, education, training, equipment or building modifications. This minimizes the disruption those needs might have upon the family during relocation and gives consideration to those needs in the reassignment process. Enrollment in the EFMP is MANDATORY and failure to enroll a family member can result in disciplinary action. Completion of the Family Member Medical Summary AEM Form 600B-R (TEST), 1 Nov 1989, ensures enrollment. When a school age child is the family member, the Family Member Educational Summary, AEM form 600C-R (TEST), 1 Nov 1989, must also be submitted. Soldiers with family members enrolled in the EFMP remain eligible for world-wide assignment. Consideration is given to conditions and needs of exceptional family members in the assignment process for accompanied tour areas. When resources are not available to meet the family member's needs, the soldier will be notified and may be able to exercise options such as "All Others" tours. Enrollment in the EFMP does not guarantee that a soldier will always have an accompanied tour. Early enrollment gives the soldier a better chance for a match of duty assignment.

Household Goods In-Bound Shipments

Name: Personal Property
POC: Mrs. Tammy Alder
Address: Bldg 810, Room 160, Fort Detrick
City: Frederick, MD
Phone: (301) 619-7177/7178
Comments: The Inbound Section of the Transportation Office will provide information on household goods arrival. New arrivals should contact the office immediately to give them a telephone number.

Household Goods Out-Bound Shipments

Name: Personal Property
POC: Mrs. Dorothy Bevan
Address: Bldg 810, Room 160, Fort Detrick
City: Frederick, MD
Phone: (301) 619-3425

Household Goods Claims

Name: Claims Office
POC: Ms. Patty Goodrich
Address: Bldg 715, Fort Detrick
City: Frederick, MD
Phone: (301) 619-2643
Comments: If you discover loss or damage, upon delivery, you are required to list the loss or damage on the "Joint Statement of Loss or Damage at Delivery (DD Form 1840)". The carrier or the carrier's representative will provide you with this form at the time of delivery. This form is to be completed jointly by you and the carrier or carrier's representative who is delivering the shipment. The DD form 1840 serves a notice to the carrier of loss or damage or receipt of delivery. If you discover additional loss or damage not annotated on the DD Form 1840, you must use the "Notice of Loss or Damage" (DD Form 1840-R) on the reverse of the DD Form 1840. you have up to 70 days to inspect your property and record all loss or damage. In all instances the completed DD Form 1840/1840R must be delivered to your local claims no later than 70 days from date of delivery. Failure to deliver the form or list all item may result in a reduction of the amount payable on your claim. You have two years from the date your shipment was delivered to file your claim against the government. However, to assure prompt settlement, claims should be filed as soon as the damage or loss is apparent. Bear in mind that you cannot legally receive double payment for the same damage. Should this happen you would be responsible for returning any overpayment to the government. If you sustain property loss or damage, promptly contact the claims office for assistance. You must allow both the government and the carrier to inspect the damage if either request to do so. Do not dispose of damaged items until the damage has been inspected by all proper parties or you have been notified to dispose of it. In the case of mildewed or smoke-damage, you may be required to keep the articles until your claim is settled, at which time some items may have to be disposed of through salvage channels. Your claims representative can advise.

Household Goods Weight Allowances

E3s, E2s and E1s married to E3s, E2s or E1s are entitled to a combined weight allowance of 5,000 pounds when both are without dependent.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5000	1500
E2	5000	1500
E3	5000	2000
E4	8000(7000<2)	7000(3500<2)
E5	9000	7000
E6	11,000	8000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

POV In-Bound Shipments

<p>Name: Dundalk Marine Terminal - POV Processing Center</p>
<p>Comments: 1-800-892-9267, (410) 285-6530/6531, or (410) 671-3701 DSN 584-2536, FAX (410) 282-6431 Hours: 0800-1600, M-F, except federal holidays</p> <p>When you pick up the POV at the destination terminal, you must have: (a) Proper ID card (b) Copy of DD Form 788 (Private Vehicle Shipping Document) (c) Complete set of keys (d) Power of attorney if your spouse picks up the POV. To the terminal: From the West: Approaching Baltimore on I-70, exit onto I-695 South (Baltimore Beltway) at the Baltimore/Glen Burnie exit (Exit 91A). Follow signs to Key Bridge/Dundalk. Cross the Key Bridge and take the first exit after the toll booth (Exit 44, Dundalk Ave). Continue to the second traffic light (approx 2.2 miles). Turn left into the Dundalk Marine Terminal "Track/Cargo Entrance".</p> <p>From the south: From I-295 north, take I-695 Glen Burnie exit and follow I-695 to Key Bridge/Dundalk. After crossing the Key Bridge, follow the same directions as those from the west.</p> <p>From the north: From I-83, enter the Baltimore Beltway (I-695 East) and proceed to exit 33. Exit onto I-95 South . Proceed on I-95 South for approx 3.5 miles. At this point, the interstate splits. Follow the signs to East Baltimore and the truck route to S.E. Baltimore and Marine Terminal Signs. Stay on I-95 to Keith Ave (Exit 56). At the first intersection after you exit, turn left onto Keith Ave. Follow Keith Ave. for about 8 miles until it empties onto Broening Highway. Proceed on Broening Highway to the fourth traffic light, passing on your right the Point Breeze Building and the Seagirt Marine Terminal. Turn right into the "Truck/Cargo entrance " of the Dundalk Marine Terminal.</p> <p>From the I-95 north: After passing through the Fort McHenry Tunnel, take the first exit after the toll booth (Exit 56, Keith Ave). Then, follow the same directions as those from the north.</p>

POV Out-Bound Shipments

<p>Name: Dundalk Marine Terminal - POV Processing Center</p>
<p>Comments: 1-800-892-9267, DSN 584-2536/3701, COM (410) 285-6350/6351 Hours: 0800-1600, M-F except federal holidays.</p> <p>Time limitations: (1) POVs will be accepted for shipment: (a)if delivered to the port within 90 days after the member or dependent has departed for an overseas tour of more than one year (b) or within 30 days after the departure of the member on an overseas tour of duty of one year or less. (2) When delivery to the port is delayed beyond 90 days, the POV may be shipped only with written approval of the overseas commander. (3) For overseas tours of more than one year, you must have a minimum of one year to serve on the current overseas tour when the POV is delivered to the port.</p> <p>Size limitation: Not to exceed 20 measurement tons. Exceptions may be granted for medical reasons. A measurement ton equals 40 cubic feet. A compact car averages about nine measurement tons; a full-size car, about 15.</p>

POV Claims

<p>Name: Claims Office</p>
<p>POC: Patty Goodrich</p>
<p>Phone: (301) 619-2643; DSN 343-2643</p>
<p>Comments: Have your ID Card, a copy of DD 788 POV shipment Document, and on set of keys for all locks, be prepared to inspect your POV for loss or damage.</p>

Pet Boarding/Kennels

All facilities require proof of immunization. Shots required vary. Most require Bordetello (kennel cough), a few think it is ineffective. Shots listed overall were DHLPP, CORNA, for dogs and DRT for cats.

Name: Amberlyn Kennels
Address: Amberlyn Kennels, Walkersville
City: Walkersville
Phone: (301) 898-3106
Comments: 8-10 a.m 4-6 p.m (Mon-Sat) 8-10 a.m only for Wed Dogs \$12-\$15 Cats \$8

Name: Animal Care Clinic & Equine Center
Address: 11717 Old National Pike
City: New Market
Phone: (301) 865-0022 /(301) 898-7272
Comments: (301) 898-7272

Name: Animal Care Clinic & Vet Pharmacy
Address: Walkers Village Center
City: Walkersville
Phone: (301) 898-7276
Comments: 7-8 M-F, 7-5 (Sat) Dogs \$10 Cats \$10

Name: Buckeystown Veterinary Hospital
Address: 3820 Buckeystown Pike
City: Buckeystown
Phone: (301) 698-9930
Comments: 8-8 (M/F) 8-6 (T/W/Th) 8-1 (Sat) Dogs \$11.50-\$14.50 Cats \$9

Name: Frederick Veterinary Hospital
Address: 7421 Grove Road
City: Frederick
Phone: (301) 694-8015
Comments: 8-7 (M/W/Th) 8-5 (T/F) 8-12 (Sat) Dogs up to 30lb \$10 max \$12, Cats \$8

Name: Glade Valley Animal Hospital
Address: 8032 Liberty Road
City: Frederick
Phone: (301) 663-5591
Comments: 7:30-7 (M/W) 7:30-5 (T/Th/F) 7:30-1200 (Sat) Dogs up to 20lb \$10 over 21lb-\$122, Cats \$7

Name: Prospect Veterinary Clinic
Address: Prospect Plaza
City: Frederick, MD 21702
Phone: (301) 695-1050
Comments: 8-7 (M-F) 8-12 (Sat) Dogs up to 45lb \$11; Cats \$9

Name: Yellow Springs Veterinary Clinic
Address: 8744 Yellow Springs Road
City: Frederick, MD 21702
Phone: (301) 663-8353
Comments: 8-6 (M/W/F); 8-7 (T/Th); 8-1 (Sat); Cats only \$6

Name: McClellan Veterinary Service
Address: 142 A West Patrick St
City: Frederick, MD 21702
Phone: (301) 663-6531
Comments: 7:30-7 (M-F); 8-12 (Sat) Dogs \$10; Cats \$8

Name: New Market Animal Hospital
Address: 10609 Old National Pike
City: New Market, MD 21702
Phone: (301) 865-3232
Comments: 8-8 (M-Th); 8-7 (F); 8-12 (Sat) Cats \$7

Name: Opossum Pike Veterinary Clinic
Address: 1550 Opossum Pike
City: Frederick, MD 21702
Phone: (301) 662-2322
Comments: 7-8 (M-F); 7-12 (Sat) Dogs \$12; Cats \$10

Name: Sunchaser Kennels
Address: 13416 Liberty Rd (Rt 26)
City: Libertytown, MD 21702
Phone: (301) 898-3198
Comments: 8:30-6 (M-Sat); 6-8 (Sun) Dogs up to 10 lb-\$12; 11-40 lb-\$13; 41-90lb \$14 Over 91 \$15, Cats \$7

Pet Licensing

Register all pets with the PMO within three days after arriving on post. Proof of current rabies immunization is required for pets three months of age

or older. If shots are required, the pet may be taken to the post veterinarian or a local veterinarian within 14 days for immunization. Pets must wear a current rabies immunization tag and a Fort Detrick pet tag***. Hours for this facility are as follows:

Frederick County Animal Control Center
 POC..... : Steven K. Smith, Director
 Location..... : 1832 Rosemont Ave
 Telephone..... : (301) 694-1546
 Hours..... : 10-5 M/T/F, 10-8 W/The
 10-1 Sat

Name: Frederick County Animal Control Center
POC: Steven K. Smith, Director
Address: 1832 Rosemont Ave
City: Frederick, MD
Phone: (301) 694-1546
Comments: Hours: 10-5 M/T/F, 10-8 W/Th, 10-1 Sat

Pet Quarantines

No quarantine in Maryland.

Veterinary Services

Veterinarian Clinic

The Forest Glen Veterinary Treatment Facility at Watler Reed Army Medical Center provides preventive Veterinary medicine clinics at Fort Detrick once to twice a month. Routine vaccinations, heartworm and feline leukemia tests, heartworm preventives and flea/tick control products are available to valid military ID card holders at low prices. For more information or an appointment, please call Forest Glen VTF at DSN 295-7643, or (301) 295-7643. For safety reasons, no children under 12 are permitted in the facility during clinic hours.

Fort Detrick does not require pet quarantine upon return from overseas. Incoming pets will be cleared upon arrival in CONUS by Health Department officials at the arrival destination.

Directions to clinic: From 7th Street Gate, take a left on Porter then take a right onto Schertz. It is Bldg 660 at the end of the road.

Name: Animal Care Clinic & Pharmacy
POC: Dr. Lee Miller
City: Walkersville, MD
Phone: (301) 898-7276/7272
Comments: Hours: M-F 7-8; Sat 8-5

Name: Frederick Veterinary Center
POC: Dr. John F. Flynn
City: Frederick, MD 21702
Phone: (301) 694-8015
Comments: Hours: 8-7 M/W/Th; 8-5 T/F 8-5 Sat

Name: Humane Society
Address: 832 Rosemont Ave
City: Frederick, MD 21702
Phone: (301) 694-1545

Pet Transportation

Name: Personal Property and Travel Service
POC: Ms. Linda LookingBill
Phone: (301) 619-2211
Comments: During PCS moves, personnel should include animal records as a part of inprocessing and outprocessing. Please bring all previous record to the VTF when you arrive or during your scheduled appointment. Shipment of animals within the United States or overseas is usually an uneventful task if arrangements are made in advance. As a general rule, if all vaccinations have been given greater than 30 days prior but not more than 1 year prior to departure, and if a health certificate is issued within 10 days of shipment, then requirements have been accomplished for most, though not all, countries and states. Questions pertaining to shipment of pets and requirements for overseas travel will be answered by the Passenger section of the Personal Property and Travel Service Office.

PCS Reporting Procedures

All incoming officer/enlisted will report to their unit. Servicemembers must report in duty uniform. After duty hours, report to the Staff Duty Officer at building 1504, the Provost Marshal's Office (PMO) to pick up keys for billeting.

Name: ID Cards
POC: SPC Baker
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311
Comments: For active duty, family members and retirees: Mon thru Fri 0900-1130/1300-1500 Except for holidays.

Name: Inprocessing/Outprocessing
POC: SSG Pittman
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311

Name: MPD NCOIC
POC: SFC Denwalt
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311

Name: Officer Records/Promotions
POC: SPC Ledesma
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311

Name: Personnel Management
POC: SPC Walker
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311

Name: Reassignment and Schools
POC: SGT Nicolus
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-7311

Separation Procedures

Separation procedures for the military are handled by the Military Personnel Division (MPD). As soon as you receive your outprocessing paperwork, you need to contact MPD at 619-3257.

Name: Separations (MPD)
POC: SGT Chittum
Address: Bldg 1520
City: Frederick, MD 21702--5016
Phone: (301) 619-3257

Billeting

Single service members and geographical bachelors seeking on-base quarters must contact the billeting office at (301) 619-2154. After duty hours, report to the Staff Duty Officer at building 1504, the Provost Marshal's Office (PMO) to pick up keys for billeting.

Name: CAMPING RESERVATIONS OFFICE
Address: Outdoor Equipment Center, Bldg 1431
Phone: (301) 619-2266

Name: Brunswick Camp Site
City: Brunswick, MD
Phone: (301) 834-8050
Comments: \$12 w/elec \$10 w/out Need hose for water hookup, 50 to 75 feet, boat ramp, on Potomac River and C&O Canal, hot showers. Direction: From Frederick: Rt 340 to exit at Rt 17. After stop, go left over bridge 3/4 mile and go right at stop light. At the blinking light go left, follow road to center of town and four way stop. You are to cross Potomac St, go over set of railroad tracks, then another set of railroad tracks. Go right under railroad bridge, and at guard rails a real hard left (almost a "U" turn) on dirt road. 3/4 mile to campsite.

Name: Canal Campground of MD
Address: Potomac River & C&O Canal
Phone: (301) 834-9240
Comments: \$12 for 2 people add on for extra people. Hot showers. Directions from Frederick: Rt 340 for 16 miles at blinking light before Potomac River bridge go left 2/10 mile. Sandy Hook Road on right take it 3 1/4 mile to campground.

Name: Crow's Nest Campground
Phone: (301) 271-7632
Comments: 110 sites 80 w/elec: 30 w/sewer hookup:\$11-\$27/night Swimming pool, badminton, trails, fishing Direction from Frederick: Rt 15 North to Rt 77 West, 1/2 mile.

Name: Owens Creek Campground
Address: Catoctin Mountain National Park
Phone: (301) 663-9833
Comments: Primitive-flush toilet, cold water, no showers, no electric, \$6/night. Directions: (From Frederick: U.S. 15 North to 77 West in Thurmont. Go 3 miles to park Central Road. Right 7/10 miles to Camp Misty Mount. From the park visitor center , it is 5 1/2 miles up mountain for Owens Creek Campground.

Name: Camp Misty Mount
Address: Catoctin Mountain National Park
Phone: (301) 271-3140
Comments: 3-4 bed cabins (25) 8 bed lodges (3) \$22.40 week nights \$28 weekends, 2 night minimum.

Name: BILLETING OFFICE
POC: Housing Office
Address: Bldg 810, Rm 133, Fort Detrick
City: Frederick, MD
Phone: (301) 619-2154

Name: Travel of Unaccompanied Family Members, Outbound-Inbound Nonconcurrent Travel
POC: Reassignment NCO
Address: Room 137, Bldg 810
City: Frederick, MD
Phone: (301) 619-7311
Comments: Family members traveling unaccompanied will be assisted by the reassignment NCO at their Outbound duty station. The NCO will contact the member spouse and arrange for travel requirements, movement of household goods and any other support services the family may require. Additional assistance is available from the Transportation Office at the gaining command.

Unaccompanied PCS

All incoming officer/enlisted (TDY and PCS) will report to their unit. Servicemembers must report in duty uniform. After duty hours, report to the Staff Duty Officer at building 1504, the Provost Marshal's Office (PMO) to pick up keys for billeting.

Support Services

Support Services Overview

Fort Detrick offers a wide range of support services operated by agencies on as well as off post. For information on special services not listed, call;

Name: Information, Referral & Follow-up Program
POC: Daphnie Freeman
Address: Bldg 1520
City: Fort Detrick,, MD
Phone: (301) 619-2208
FAX: (301) 619-6288
DSN Phone: 343-2208
DSN FAX: 343-6288

Family Centers

Family Support Division

The Fort Detrick Family Support Division provides support through the following programs:

Child Development Services, Youth Services, Army Community Service, and the Family Advocacy Program

Name: Building Blocks Child Development Center, Inc
Address: 879 Commonwealth Ave
City: Hagerstown, MD
Phone: (301) 797-5122
Comments: Hours are from 6:30 a.m. to 5:30 p.m., accepts children ages 2-5 years old.

Name: Child Development Center
POC: Ms. Linda Vollentine
Address: Bldg 1776, Fort Detrick
City: Frederick, MD
Comments: Child Development Center accepts children ages six weeks to five years old. Active duty, retired military, DoD civilian and contract employees at Fort Detrick are eligible sponsors for this program. The center enhances the development of children socially, emotionally, intellectually, creatively and physically. The staff develops an atmosphere in which program assistants and children work together to make children's time away from home happy and secure. Programs include: full-day care for infants, pre-toddlers, three and fours, half-day care for kindergarten age children. Hourly care is available Monday - Friday 0800-1600. Minimum reservation is two hours with a maximum reservation of 25 hours per week. A registration packet must be completed and up to date shot records are required. Central enrollment for the Child Development Center or Family Child Care, contact 619-3300/7100.

Name: Choo-Choo Child Care Center
Address: 16107 Elliot Parkway
City: Williamsport, MD
Phone: (301) 582-4894
Comments: Hours are from 6:30 a.m. to 6 p.m., accepts children ages 6 weeks - 6 years

Name: Community Counseling/ADAPCP
POC: Ms. Cheryl Caldwell, Acting Director
Address: Bldg 1434
City: Frederick, MD 21702
Phone: 619-7171
Comments: Alcohol and Drug Abuse Prevention and Control Program (ADAPCP) The ADAPCP addresses alcohol and drug related issues that impact upon mission and family dynamics. The ADAPCP offers individual, group and family counseling as well as initial assessment and referral services. Educational training and outreach programs on drug and alcohol awareness are available also. Mental Health Service The Community Counseling Center is staffed with counseling professionals which provide mental health assessment and referral services for active duty military, DOD Civilians, Retirees and their family members. Employee Assistance Program (EAP) The Employee Assistance Program is a work-site based program designed to assist employees impaired by personal concerns which may adversely affect job performance and mission readiness.

Name: Employment Assistance Program (EAP)
POC: Ms. Raquel Cajudo
Address: Bldg 1520
City: Frederick, MD
Phone: 619-3315
Comments: For servicemembers transitioning to civilian life, military spouses and family members, and retirees, a number of employment database are available for job searches. Assistance is available in preparing resumes, SF 171s for Federal employment, and preparing correspondence. Word processing is available, as well as reproduction, Fax, and telephone services.

Name: Exceptional Family Member Program Manager
POC: Michelle Hewitt
Address: Bldg 1520
City: Fort Detrick, MD
Phone: (301) 619-3385
FAX: (301) 619-6288
DSN Phone: 343-3385
DSN FAX: 343-6288
Comments: The Exceptional Family Member Program (EFMP), was established to assist active duty Army soldiers with family members who have physical, emotional, developmental or intellectual needs requiring special treatment, therapy, education, training, equipment or building modifications. This minimizes the disruption those needs might have upon the family during relocation and gives consideration to those needs in the reassignment process. Enrollment in the EFMP is MANDATORY and failure to enroll a family member can result in disciplinary action. Completion of the Army Exceptional Family Member Program Medical Summary, DA Form 5862-R, ensures enrollment. When a school age child is the family member, the Army Exceptional Family Member Program Educational Summary, DA Form 5291-R, Apr 97, must also be submitted. Soldiers with family members enrolled in the EFMP remain eligible for world-wide assignment. Consideration is given to conditions and needs of exceptional family members in the assignment process for accompanied tour areas. When resources are not available to meet the family member's needs, the soldier will be notified and may be able to exercise options such as "All others" tours. Enrollment in the EFMP does not guarantee that a soldier will always have an accompanied tour. Early enrollment gives the soldier a better chance for a match of duty assignment.

Name: Family Child Care Program
POC: Ms. Linda Burley
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301)619-7100
FAX: (301)619-6288
DSN Phone: 343-7100
DSN FAX: 343-6288
Comments: The Family Child Care Center (FCC) Program is an alternative to center-based care and accepts children ages four weeks to 12 years. This is in-home care provided by an adult living in government quarters. The individual and the home are certified by Child Development Services. FCC offers a family atmosphere with a limited number of children. Active duty, retired military, DoD civilians and contract employees at Fort Detrick are eligible sponsors for this program.

Name: Installation Volunteer Program
POC: Judith McKnight
Address: Bldg 1520
City: Fort Detrick, MD
Phone: (301) 619-3171
FAX: (301) 619-6288
DSN Phone: 343-3171
DSN FAX: 343-6288
Comments: The Installation Volunteer Program recruits and places volunteers with various agencies on and off post. Recruit adult volunteers for special events like Armed Forces Day, Picnics, Fall Festivals and Adopt a School Program, just to name a few.

Name: Outreach Coordinator
POC: Eva Garrett
Address: Bldg 1520
City: Fort Detrick, MD 21702
Phone: (301) 619-3787
FAX: (301) 619-6288
DSN Phone: 343-3787
DSN FAX: 343-6288
Comments: The purpose of the ACS-Outreach is to enhance readiness and retention by helping soldiers and families develop a stronger sense of self-reliance and belonging in the military community. Outreach targets those families who have the greatest level of need, but are least likely to seek out and take advantage of services until they have reached a state of crisis. Outreach focuses on three main areas: education & prevention, direct services and organizing support networks to encourage self help and cultivate a sense of ownership within the military. Army Family Team Building (AFTB) orients families new to the Army, strives to build more self-reliant and resilient families. Army Family Action Plan (AFAP) - Grassroots program allowing members from every sector of the military to have a voice in raising concerns to the leadership. Some issues are dealt with at the local level while others are forwarded to higher commands for resolution. Operation Happy Holidays - Assists families during the holiday season by providing food, clothing, and gifts. The program is primarily for military and civilian families associated with Fort Detrick, we also support organizations in the local community. Operation READY (Resources for Educating About Deployment and You) Preparing soldiers and families for deployment is an essential component of readiness. As the Army deploys more frequently, families must be prepared to deal with the stress and family decisions during mobilization, deployment and reunions.

Name: Youth Services (Sky Dome)
POC: Patrice Harper
Address: Bldg 949, Sultan St
City: Frederick, MD
Phone: (301) 619-3246
Comments: Programs available: Reserve Care Soar - designed to compliment a child's school day rather than duplicate it. The program goal is to provide developmental recreational activities. Walk-in Soar - designed to give the occasional user the opportunity to experience recreation in a safe and healthy environment. This program offers a variety of activities to expose children numerous self guided recreational choices. Youth Development Program Soar - Offers opportunities for career development, future goals, and exploration. Through youth sponsorship activities, teen employment opportunities, as well as community and volunteer efforts. Youth Sports Program Soar - based on the basic fundamentals of physical fitness, competition, sportsmanship and fun. Youth sports enables children to experience their competitive side in major team sports while developing their skill with the individual sport arena.

Information and Referral

Information requests and referral services are available immediately upon request. **OFF POST activity: Frederick County Family Life Center, Inc., is a non profit community organization providing services to strengthen families. The center is located at 35 East Church Street, Frederick. Telephone: (301) 694-9002. FAMILY LIFE is a bi-monthly publication of the center and is available upon request.***

Name: Family Advocacy Program
POC: Becky Myers
Address: Bldg 1434
City: Frederick, MD
Phone: 619-2408

Name: Frederick County Crisis Hotline
City: Frederick, MD 21703
Phone: 662-2255, 253-3633 (24hrs)
Comments: ***KIDS CALL*** (1-800-442-0009), MARYLAND YOUTH CRISIS HOTLINE is a program of the Maryland Department of Health and Mental Hygiene.

Name: Information, Referral, & Follow-up Program
POC: Daphnie L. Freeman
Address: Bldg 1520
City: Frederick, MD 21702
Phone: (301) 619-2208/2197
FAX: (301) 619-6288
DSN Phone: 343-2208/2197
DSN FAX: 343-6288

Financial Assistance Programs

Name: Consumer Affairs and Financial Assistance/Planning
POC: Mr. Dennis McMillen
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-3455/3456/2197
FAX: (301)619-6288
DSN Phone: 343-3455/3456/2197
DSN FAX: 343-6288
Comments: This program provides guidance and assistance in financial goal planning and attainment; budget planning; checkbook management; debt liquidation and consumer information, etc.

Emergency Assistance

Army Emergency Relief (AER) provides financial assistance to eligible soldiers and their family members. AER can help with emergency financial needs for foods, rent, utilities, emergency transportation and vehicle repair, funeral expenses, medical/dental expenses, and personal needs when pay is delayed or stolen. Assistance is given in the form of an interest free loan, grant, or part loan and part grant. To receive AER assistance, first see your unit commander then contact the AER office at (301) 619-3455/3456 for an appointment. AER also provides undergraduate level education scholarships, based primarily on financial needs, to dependent children of active duty, retired, or deceased soldiers.

Family Advocacy

Name: Community Counseling/ADAPCP
POC: Ms. Cheryl Caldwell, (Acting Director)
Address: Bldg 1434
City: Frederick, MD
Phone: (301) 619-7171

Name: Family Advocacy Program (FAP)
POC: Ms. Becky Myers
Address: Bldg 1434
City: Frederick, MD
Phone: (301) 619-2408
Comments: This program is responsible for the prevention, identification and treatment of child and spouse abuse within the military community. The program offers a wide variety of educational programs such as, parenting skills class, stress management, couples communication groups, anger management, and more. Counseling services and Respite care are also available.

Name: First Steps Program
Address: Bldg 1434
City: Frederick, MD
Phone: (301) 619-3404
Comments: Hours are from 0900-1530. The First Steps Program is a component of the Family Advocacy Program (FAP). It serves military families who are pregnant and have small children. Services include: FREE Childbirth Education and Parenting Prep classes for expecting parents, First Steps Moms Group, trained volunteers who offer information and emotional support to new parents, Goodie bags for new parents, referrals to area resources, FREE Home Safety Kits, Parenting Classes, and volunteer opportunities.

Name: The Parent Aid Program
POC: Karen Carr
Address: Bldg 1434
City: Frederick, MD
Phone: (301) 619-7139
DSN Phone: 343-7139
Comments: The Parent Aid Program works with military families by assisting them with child rearing issues. The Parent Aid works with families in and out of their homes by providing guidance, information and resources.

Single Member Services

Name: Better Opportunity for Single Soldiers (BOSS)
POC: Ms. Carole Kowta
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-3237
Comments: BOSS is designed to target soldiers with innovative recreation programming and to provide input and feedback on QOL issues between the single soldier, the installation staff and the command. This three way communication provides more responsive opportunities for soldiers to enhance personal excellence, readiness, and retention.

Name: Premarital Workshop
Address: Chapel Center, bldg 1776
City: Frederick, MD
Phone: (301) 619-7173

Name: Singles of Maryland
City: Frederick, MD
Phone: (301) 663-0674

Support Groups

Name: Alcoholics Anonymous, Frederick
POC: West Central Intergroup
Address: 12 E. Patrick Street (Rear)
City: Frederick, MD 21702
Phone: 662-0544

Name: Frederick County Mental Health Services
POC: Ms. Karen Hall
Address: 350 Montevue Lane
City: Frederick, MD 21702
Phone: 694-1755/2443
Comments: Located across Rosemont Avenue from Fort Detrick, in the Frederick County Health Department building. 0870-1700, M-F

Name: Planned Parenthood of Maryland
POC: Ms. Shari Brown, Director
Address: 1517 W. Patrick Street
City: Frederick, MD 21702
Phone: 662-7171

Morale, Welfare, and Recreation

Name: Auto Service Center and Self-Help Shop
POC: Mr. Ernest Gelwicks
Address: Bldg 1431
City: Frederick, MD
Phone: (301) 619-2759/2266
Comments: The Auto Service Center offers on-duty mechanics to service patron's vehicles. Basic repair jobs include: oil changes, tune-ups, brake and exhaust work. There is also a Self Help Shop located in building 1431. Work bays are available for a nominal fee. Telephone number for the Self Help Shop is 2759. Hours are as follows: Tues & Thurs 0800-2100; Fri & Sat 0900-1700. Mechanic for Hire Program: Fort Detrick operates a full service Auto Care Center to provide a service to those patrons who would rather not perform their own maintenance. the mechanics provide basic maintenance to include: lube and oil changes, tire rotation, turn ups, brake repair, to name a few.

Name: Bowling Center
POC: Mr. Roger Melton
Address: Bldg 915
City: Frederick, MD
Phone: (301) 619-2816
Comments: Civilian and military personnel and their family members may use the air conditioned Bowling Center. The facility has four ten-pin lanes, equipped with AMF automatic pinspotters. Balls and shoes are available for rent, as are lockers for personal equipment. A nominal lane fee is charged. Adult leagues are formed in August and May. Organized youth bowling takes place from September through March. The facility has a snack bar and dining area. Hours are as follows: Mon -Fri 1100-2200; Sat 1200-2200; Sun 1300-1800.

Name: Business Operations and Recreation Ventures
POC: Ms. Amanda Tugwell
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-2957
Comments: Provides a wide range of cultural, entertainment and business activities to the people of Fort Detrick.

Name: CAFE FCRDC
POC: Ms. Amanda Tugwell
Address: Bldg 549, Beasley Dr., Fort Detrick
City: Frederick, MD
Phone: (301) 846-1750
Comments: Meals and snack items are served Monday through Friday from 0700-1530. For more information, call 846-1750.

Name: Community Activities Center (CAC)
POC: Mr. Andrew Jahn
Address: Bldg 718
City: Frederick, MD
Phone: (301) 619-2823
Comments: The Center offers a game room, TV lounge and a multi-purpose room, which is available for private parties, classes, wedding receptions and other special events. The CAC promotes various tournaments, classes and activities for military personnel, federal employees, and their families. There is no membership fee. To reserve the center, call 619-2823.

Name: Matting and Framing Shop
POC: Mr. Ernest Gelwicks
Address: Bldg 830
City: Frederick, MD
Phone: (301) 619-2920
Comments: Hours: Tues-Sat; 1400-2000 The shop has an extensive selection of matting colors available as well as a variety of frames and other supplies for self help projects. the shop also offers a matting and framing service to those who would like someone else' expertise, this service is offered for a nominal fee.

Name: Physical Fitness Center
POC: Ms. Theresa Thomas
Address: Bldg 839/Bldg 839
City: Frederick, MD
Phone: (301) 619-2374
Comments: The Fitness Center located in Bldg 839 and The Body Building Center located in Bldg 833 have an array of aerobic and anaerobic equipment. Building 839 includes 5 stairmasters, 4 fitstep, 2 Stepmill, 2 Gravitron, 5 Treadmill, 5 Aerobiccycles, 5 Universal recumbent cycles, 3 Nautilus recumbent life cycles, and 2 liferowers. In addition to the aerobic equipment, there are 24 individual Nautilus machines, a Multi Station Lower Body Machine, and a Multi Station Upper Body Machine and an Aerobic Classroom. The Body Building Center located adjacent to the Fitness Center has 8 lowe body apparatus and 14 upper body apparatus and 8000 lbs of free weights as well as a large selection of bars. Swimming Pool: Fort Detrick has a post swimming pool, located by the Fitness Center, that is open from Memorial day through the Labor Day weekend. Pool passes may be purchased at the Body Building Center prior to the Pool opening and at the swimming pool once it opens. passes are priced according to rand or grade and family versus individual. Pool facilities include a diving board, two kiddie pools, three lap lanes, beach chair, tables and umbrellas. The pool may be rented for \$35.00/hour, to have private parties (2 lifeguards will be provided).

Name: Post Library
POC: Ms. Angelia Reynolds
Address: Bldg 1520
Phone: (301) 619-7519
Comments: The Post Library, located across the street from the Post Exchange shopping complex, offers a well stocked collection of fiction, non-fiction, biographical material, reference books, as well as a variety of other reading resources. Many popular periodicals and magazines may be borrowed. The library subscribes to many local and regional newspapers including the Washington Post, Frederick News-Post, The Federal Times, Wall Street Journal, USA Today, Army, Air Force and Navy Times. Current issues are available of the Federal Research Service, which lists federal job vacancies in the U. S. and around the world. A popular paperback exchange allows patrons to bring in old books and exchange them for others. Library hours are as follows: Mon, Tues, Thurs, Fri - 0900-1730; Wed - 1000-1730; Closed Saturday & Sunday.

Name: Jewish Service
Address: Chapel Center,Bldg 1776
City: Frederick, MD
Phone: (301) 619-7371
Comments: A Jewish luncheon is held the second Tuesday of each month at the chapel.

Name: Religious, Marital, Pre-marital Counseling
POC: Chaplain Activities Office
Address: Bldg 1776, Ditto Ave
City: Frederick, MD
Phone: (301) 619-7371
Comments: Other religious activities: General Protestant Choir rehearsal - Monday - 1900, Pentecostal Choir practice - Thursday at 1800. Pentecostal Bible Study - Tuesday at 1900, General Protestant Bible Study - Wednesday at 1900, Pentecostal Prayer Meeting - Friday at 1900. 2nd Saturday - Monthly Marriage Maintenance Workshop. 3rd Thursday of every month from 1730-1900 - Community Supper.

Chapel Services and Programs

Name: Catholic Mass
Address: Chapel Center,Bldg 1776
City: Frederick, MD
Phone: (301) 619-7371
Comments: Sunday Mass 0915, Saturday Mass, 1730. Confessions are available before Mass. Weddings and Baptisms by appointment. The Catholic CCD meets September through May on Sundays at 10:45. Register at the office. Free Nursery service is available during Sunday worship services.

Drug and Alcohol

Name: Alcoholics Anonymous
POC: West Central Intergroup
Address: 12 E. Patrick Street (rear)
City: Frederick, MD 21702
Phone: 662-0544
Comments: Hours: Mon-Tues-Friday - 1800-2000; Weds - 1500-1900; Sat - 1200-1500

Name: Protestant Service
Address: Chapel Center, Bldg 1776
City: Frederick, MD
Phone: (301) 619-7371
Comments: General Protestant Service-Sun 1100; Pentecostal Service-1230. Communion services are held the first Sunday of the month. Weddings and Baptisms by appointment. Religious education is held September through May. Register at the office. Free nursery service is available during Sunday worship services.

Name: Frederick County Mental Health
POC: Ms. Karen Hall
Address: 350 Montevue Lane
City: Frederick, MD 21702
Phone: 694-1755/2443
Comments: Located across Rosemont Avenue from Fort Detrick, in the Frederick County Health Department building.

Name: Planned Parenthood of Maryland
POC: Ms. Shari Brown, Director
Address: 1517 W. Patrick Street
City: Frederick, MD 21702
Phone: 662-7171
Comments: Hours are from 0800-1700, M-F

Name: COMMUNITY COUNSELING CENTER
Address: Bldg 914
Phone: (301) 619-7171
Comments: Hours: 0745-1630, M-F
Alcohol and Drug Abuse Prevention Control Program (ADAPCP) The ACAPCP addresses alcohol and drug related issues that impact upon mission and family dynamics. The ADAPCP offers individual, group, and family counseling, as well as initial assessment and referral services. Educational training and outreach programs on drug and alcohol awareness are also available.
Mental Health Service The community Counseling Center is staffed with counseling professionals which provided mental health assessment and referral services for active duty military, DOD Civilians, Retirees and their family members.
Employee Assistance Program The Employee Assistance Program is a work-site based program designed to assist employees impaired by personal concerns which may adversely affect job performance and mission readiness.

Legal Assistance

Name: Legal Assistance
Address: Bldg 715, Porter Street
Phone: (301) 619-2221/2643
Comments: Hours..... : 0600-1700, M-F
The command Judge Advocate's (CJA) Office provides services to soldiers, retirees, and their families in the areas of legal assistance and claims, in addition to providing complete legal services to the Post Command. The legal assistance attorney provides help on a variety of legal topics, including wills, domestic issues and consumer affairs. Advice on labor and employment disputes, business matters, complex estate planning and civilian court appearances would require the retention of a civilian attorney. The installation claims and legal assistance offices are directly aligned under the Office of the Command Judge Advocate for the U.S. Army Medical Research and Materiel Command, which is also located on Fort Detrick. Legal assistance is provided on a 'by appointment only' basis. Claims against the government may be filed at the Legal Office. Attorneys are not available to represent these claimants in these cases, but instructions for completing these claims are available. The Legal Office provides a variety of legal forms. Consumer information pamphlets are also available. Power of Attorney preparation and notary public services are also available for eligible clients, Monday through Friday. Call ahead to ensure a Notary is present. The Legal Assistance Office conducts an annual Tax Assistance Program for eligible clients during the months of January through April.
Assistance in defense of military justice of administrative discharge matters is available from Trail Defense Service at Fort George G. Meade, Maryland, (DSN) 923-3822/4218 or (Com) 301-677-3822/4218.
Please call ahead to schedule an appointment. The Command Judge Advocate's Office of the U. S. Army Medical Research and Development Command (USAMRDC) provides legal assistance on a referral basis when potential conflicts of interest arise between the installation legal office and the client. They can be reached at 619-2065. Assistance in defense of military justice of administrative discharge matters is available from Trial Defense Service at Fort George G. Meade, Maryland, (DSN 923-3822/4218).

Child And Teen Services

Child and Teen Services Overview

Program Offered	YES/NO	RATE (\$)
Full Day	Y	varies
Preschool	Y	" Part Day - School Age
Y " Hourly Care	Y	"
Special Needs Care	Y	"

Care Type YES/NO RATE (\$) WAITING LIST

Infant	Y	Toddler	Y	Pre-School	Y
School	Y	School-Age			

New Parent Program

The First Steps Program is a component of the Family Advocacy Program (FAP). It serves military families who are pregnant and have small children. Services include: FREE Childbirth Education and Parenting Prep Classes for expecting parents, First Steps Moms Group, trained volunteers who offer information and emotional support to new parents, Goodie bags for new parents, referrals to area resources, FREE Home Safety Kits, Parenting Classes and volunteer opportunities.

The Parent Aid Program is a component of FAP, which provides in-house assistance/support to military families. Trained volunteers work with parents to help them learn new disciplining techniques, stress management skills, etc. For more information, call Family Advocacy Program, 619-2403.

Name: First Steps Program
Address: Bldg 1434
City: Frederick, MD
Phone: (301) 619-2408

Child Care Programs - on Installation

Child Development Services, School Age Services, Family Child Care

These services are available to all Fort Detrick military and DoD civilian personnel on a space available basis.

Name: Child Development Center
POC: Linda Vollentine
Address: Bldg 1776
City: Frederick, MD
Phone: (301) 619-3300
Comments: Hours: 0600-1800, M-F Child Development Center accepts children ages six weeks to 5 years old. Active duty, DoD civilian and contract employees at Fort Detrick are eligible sponsors for this program. The center enhances the development of children socially, emotionally, intellectually, creatively and physically. The staff develops an atmosphere in which program assistants and children work together to make children's time away from home happy and secure. Programs include: full-day care for infants, pre-toddlers, three and fours, half-day care for kindergarten age children, and hourly care. Central enrollment for the Child Development Center or Family Child Care, contact (301)619-7100. Fees are based on total family income. USDA meals and snacks served.

Name: Family Child Care Program
POC: Ms. Linda Burley
Address: Bldg 1520
City: Frederick, MD
Phone: (301) 619-7100
FAX: (301) 619-6288
DSN Phone: 343-7100
DSN FAX: 343-6288
Comments: Number of Homes..... : 6 Number of Spaces..... : 36 Range of Rates..... : Based on total family income *Care provided to children 4 weeks - 12 years *Registration through Central Enrollment located at Bldg 1520 *Quarters-based and off-post childcare in a small group setting *Developmental Programming and Daily Activities

Name: School Age Services
POC: Patrice Harper
Address: Bldg 949, Fort Detrick
City: Frederick, MD
Phone: (301) 619-3246
Comments: School Age Services provides child care services for dual working couples and single working parents. Program includes; full day care during summer, winter, and spring vacations; before and after school programs. Youth Services would like to assist in meeting the needs of children of military families in the transition from one installation to another. Therefore, we offer the Youth Sponsorship Program in an effort to assist these youngsters. School Age Services hours start at 0600 and children must be picked up by 1800.

Name: Waynesboro (Franklin Co, PA) Day Care Center
City: Waynesboro, PA
Phone: (717) 762-9711
Comments: Center is opened from 0630-1730 Monday thru Friday. Fees are based on totla family income. Accepts children ages 18 months to 12 years old. Breakfast, lunch and a snack is served.

Name: Youth Center (Sky Dome)
POC: Patrice Harper
Address: Bldg. 949
City: Frederick, MD 21702--5016
Phone: (301) 619-3246
DSN Phone: 343-3246
Comments: Hours..... : Monday - Thursday 1430 - 2000 Friday & Saturday 1430 - 2230 This program provides activities for youth ages 6 years to 18 years to include sports, recreation and leisure activities, special fan clubs, and other special activities. These activities are designed to provide opportunities for relaxation and to enhance leadership development opportunities in the community. Programs available: Reserve Care Soar - designed to compliment a child's school day rather than duplicate it. The program goal is to provide developmental recreational activities. Walk-in Soar - designed to give the occasional user the opportunity to experience recreation in a safe and healthy environment. This program offers a variety of activities to expose children numerous self guided recreational choices. Youth Development Program Soar - Offers opportunities for career development, future goals, and exploration. Through youth sponsorship activities, teen employment opportunities, as well as community and volunteer efforts. Youth Sports Program Soar - based on the basic fundamentals of physical fitness, competition, sportsmanship and fun. Youth sports enables children to experience their competitive side in major team sports while developing their skill with the individual sport arena. Fort Detrick Youth Services has several interested youth who are willing to correspond with others who are coming to Fort Detrick. When these new young people arrive at Fort Detrick, their transition to school, athletics and other youth center activities may be made easier by the youth already here. We will also attempt to assist youngsters who are leaving Fort Detrick by contacting appropriate personnel at their destination.

Child Care Programs - Community

Name: Child Care Choices
Address: 263 West Patrick Street
City: Frederick, MD 21701
Phone: (301) 695-4508
Comments: Hours: 0900-1400, M-F This service provides a listing and referral line of Family Child Care homes available in the Frederick County community.

Name: Community Youth Program
POC: YMCA
Address: N. Market St
City: Frederick, MD
Phone: (301) 663-5131

Name: Kids Express
Address: Second Street
City: Waynesboro, PA
Phone: (717) 765-4798
Comments: Hours are from 0600 - 1800. Accepts children ages 6 weeks to 12 years.

Name: Noah's Ark Child Care Center
Address: 6 West Second Street
City: Waynesboro, PA
Phone: (717) 765-8146
Comments: Hours are from 0630 - 1730. Accepts children ages 6 weeks to 4 years.

Name: Quincy Child Development Center
Address: 6596 Orphanage Road
City: Quincy, PA
Phone: (717) 749-3151
Comments: Hours are from 0630 - 1715. Accepts Children ages 14 months to 10 years old. Located just 2-3 miles from Waynesboro, PA.

Name: Waynesboro (Franklin Co., PA) Daycare Center
Address: 1801 E. Main street (Wayne Heights)
City: Waynesboro, PA
Phone: (717) 762-9711
Comments: Hours are from 0630-1730. Accepts children ages 18 months - 12 years old. Serves breakfast, lunch and a snack. Fees are based on total family income.

Name: Waynesboro Community Youth Program
POC: YMCA
Address: 810 East Main Street
City: Waynesboro, PA 17268
Phone: (717) 762-6012
Comments: Open Monday - Saturday at 0530. Close at 2000 hours Monday - Thursday, at 2130 on Fridays and 2030 on Saturdays.

Things To Do - Clubs and Social

The Youth Center (Sky Dome) is the place to go for youths ages 6-18 to enjoy activities such as video games, billiards, pinball, foosball, Nintendo, board games, table games, dances, contests, special events, tournaments, and theme parties.

Things To Do - Recreation and Sports

A wealth of creative, supervised youth activities are available through the Youth Center for youth between the ages of 5-18, on post. The activities are designed to be fun, promote physical fitness and develop lifelong recreation skills. Sports and activities include:

- Year round Tae kwon Do
- Summer Junior Lifeguard
- Soccer
- Basketball
- Baseball
- Tennis
- Golf

Schools

Frederick County Public Schools (FCPS)

29 Elementary schools 10 Middle schools 8 High schools 1 Special Education Center 1 Alternative Education Center 1 Career and Technology Center (CTE) 1 Outdoor School Facility

Name: Frederick County Board of Education
Address: 7630 Hayward Rd.
City: Frederick, MD
Phone: (301) 694-1000

Name: Frederick County Public Schools (FCPS)
Address: 115 E Church St
Phone: (301) 694/1000/1441
Comments: Parents should complete the "Maryland Immunization Certificate Form" and meet all immunization requirements as early as possible to avoid a delay in the student's admittance to school. Kindergarten Entrance Requirement: A birth certificate and proof of immunizations must be presented before a child can be enrolled in a Frederick County Public School System kindergarten. In addition, a physical examination is required before a child starts kindergarten (tel:301-694-1347). Student Transferees into the Frederick County Public School System: Student who wish to transfer into the Frederick County Public School System must have proof of immunization be allowed to attend school. Parents should complete the "Maryland Immunization Certificate Form" and meet all immunization requirements as early as possible to avoid a delay in the student's admittance to school. A student should have a transfer card from the sending school that lists the classes in which the student was received, and a contact person at the sending school. Information concerning transfers into the school system: (301) 694-1356. Private School There are outstanding educational facilities available for Frederick County students in the private sector. These include, Catholic, Christian, and non-denominational schools, from Kindergarten to High School.

Name: Waynesboro County Board of Education
Address: 210 Clayton Ave
City: Waynesboro, PA 17268
Phone: (717) 762-1191
Comments: Four Elementary Schools (1) Fairview, extension 4100 (2) Hooverville, extension 5100 (3) Summitview, extension 8100 (4) Mowrey, extension 6100 One Middle School, extension 3100 One Senior High School, extension 2106

School Age Care

The School Age Services program is designed to provide age appropriate care for children ages 6-12, before and after school. The program also operates full time during school holidays and vacations, excluding federal holidays. Children enrolled in the program are well supervised and involved in a variety of activities.

Name: School Age Services
POC: Melody Bonds
Address: Bldg 949
City: Frederick, MD
Phone: (301) 619-2585
Comments: Fee Structure Hours of Operation School Year 6:00 AM- 8:30 AM 2:30 PM- 6:00 PM Full Days 6:00 AM- 6:00 PM Half Days 6:00 AM -12:30 PM 12:30 PM - 6:00 PM School Closures: 6:00 AM - 6:00 PM

Religious Programs

Name: Catholic Mass
Address: Chapel Center,Bldg 1776
City: Frederick, MD
Phone: (301) 619-7173
Comments: Sunday Mass 0915, Saturday Mass, 1730. Confessions are available before Mass. Weddings and Baptisms by appointment. The Catholic CCD meets September through May. Register at the office. Free Nursery service is available during Sunday worship services.

Name: Protestant Service
Address: Chapel Center, Bldg 1776
City: Frederick, MD
Phone: (301) 619-7173
Comments: Hours: Sun 1100, Pentecostal Service 1230 Communion services are held the first Sunday of the month. Weddings and Baptisms by appointment. Religious education is held September through May. Register at the office. Free nursery service is available during Sunday worship services.

Name: Jewish Service
Address: Chapel Center,Bldg 1776
City: Frederick, MD
Phone: (301) 619-7173

Name: Religious, Marital, Pre-marital Counseling
POC: Chaplain Activities Office
Address: Bldg 1776, Stark Street
City: Frederick, MD
Phone: (301) 619-7173
Comments: Hours: 0745-1630, M-F Other religious activities: Women of the Chapel - every Thursday 0930, Ecumenical Prayer Breakfast - Third Thursday of the month at 0630, Jewish Fellowship Luncheon - Second Tuesday of the month at 1200, Protestant Choir rehearsal - Monday at 1900, Pentecostal Choir practice - Thursday at 1800.

Special Events

The Youth Center and Teen Center offer exciting year round activities for all ages. Listed below is just the tip of our activities's iceberg:

Breakfast with Santa Pool tournaments
Easter Egg Hunt Block Party Youth Fishing Derby
Hayrides Halloween Parties Picnics Holiday
Candy making Poster/Essay Contests

Summer Programs:

Each summer we offer a wide variety of activities that teach new skills for both Teens and Pre-teens, develop new leisure activities, or offer an opportunity to just have fun. Listed below are some of our programs.

Summer Day Camp

Summer Day Camp fun from the time school is out in June to the end of August. Children ages 6-12 are encouraged to attend. Each week offers field trips, sports programming, arts and crafts, swimming, and much, more.

Teen Adventure Camp

Teen Adventure Camp runs mid-July to mid-August. Participants enjoy camp craft instruction, swimming, boating, and archery as well as field trips including orienteering, camping, hiking, rock climbing, rappelling, cave exploration and horseback riding.

Other Summer Activities

Trips to Amusement Parks Tennis Lessons Tae Kwon Do Pool parties Junior Lifeguard

Sponsorship and Support

Youth Services assist in meeting the needs of children of military families in the transition from one installation to the other. Therefore, we offer the Youth Sponsorship Program in an effort to assist these youngsters.

Fort Detrick Youth Services has several interested youth who are willing to correspond with others who are coming to Fort Detrick. When these new young people arrive at Fort Detrick, their transition to school athletics and other youth center activities may; be made easier by the youth already here. we will also attempt to assist youngsters who are leaving Fort Detrick by contacting appropriate personnel at their destination. If you are interested in a youth sponsor for youth children, contact Youth Services, ATTN: Wendy Deremer, 949 Sultan, Fort Detrick, MD 21702-5000 or call (301) 619-3246

Youth Employment

Fort Detrick Youth Service sponsors the Youth Employment Workshop twice a year providing the effective job search techniques, interview skills, etc. Also Army Community Service Employment Assistance Office is to assist youth who are looking for jobs. For more information, call Army Community Service, 619-3315.

Youth Centers

Name: Fort Detrick Youth Center
POC: Patrice Harper
Address: Bldg 949
City: Frederick, MD
Phone: (301) 619-3246
Comments: Children participating at Youth Services will find experiences which encourage a life full of fun, exciting leisure, and developmental activities. We strive to establish programs which are flexible enough to offer freedom of choice, and to meet youth's needs according to their ages, abilities, and preference as both an individual and a member of a larger group. The Youth Center is the place to go for youths ages 6-18 to enjoy activities such as video games, billiards, pinball, foosball, Nintendo, board games, table games, dances, contests, special events, tournaments, and theme parties. Youth Services offers a variety of programs for the following age groups: School Age: 6-10 Middle School: 11-12 Teens: 13-18 Each age group has its own programs geared for the interests of the children. In addition, the teens have a council for brainstorming ideas for future events. Membership in Youth Services is \$10 per year. When registration is completed, each member receives a card which entitles the holder to all the privileges we offer. We do charge for special programs.

For Teens Only

The Youth Center is the place for teens to enjoy activities such as video games, billiards, pinball, foosball, Nintendo, board games, table games, dances, contests, special events, tournaments, and theme parties.

The teens have a council for brainstorming ideas for future events. Membership in Youth Services is \$10

per year. When registration is completed, each member receives a card which entitles the holder to all the privileges we offer. We do charge for special programs.

Survival Tips For First Termers

Survival Tips for First Termers Overview

Being in the Army presents many challenges for families. It is not always easy to juggle military duties, personal and financial obligations while attending to the needs and wants of immediate and extended family. Military families are very special and are admired by many for their ability to make military life attractive. Listed below are some "Survival Tips" to help you and your family as you face the challenges and opportunities of the Mobile Military Lifestyle.

Before You Move

-Start saving now. Any PCS move cost money. Experts say 3 to 6 months pay in reserve will cover emergencies amply.

-Get a sponsor at the new post. Your sponsor will be able to answer a lot of the questions you are going to want to ask.

-Contact Army Community Service (ACS), Relocation Assistance Program at the new post, ask for a welcome packet, road map, etc. Also contact your Relocation Assistance Program at your losing post so they can provide you with Information on you new duty station from the Standard Installation Topics Exchange Service (SITES) fields. Ask if they have a Family Member Employment Assistance Program of your spouse needs a new job.

- Find out your new mailing address. Even if it is only your new unit or a Postal Service Center, you'll need at least a temporary new address.

- Send out change of address letters (credit card companies, loan companies, magazine, banks, anyone who owes your money or deposit refund, insurance company). Go through your address book, your bills and financial papers from the past couple of months. Make out a list of company addresses, telephone and account numbers, etc.

- Leave a forwarding address with the post office or Postal Service Center, as well as with your old unit.

- Gather all important papers, records, ID cards, wills, etc, keep them handy throughout the move.

- Talk to the staff at the finance center. They can figure out how much travel pay you will receive, talk to them about dislocation and temporary allowance, etc.

- Go through you household goods and get rid of all those things you no longer want or need. You'll only have to unpack them a the other end, and if you are over your weight allowance, you'll have to pay for additional shipping.

- Talk to the housing office about temporary lodging after you clear your current quarters and before actually depart for your new duty station.

- Get your children's school records or arrange for them to be sent to their new school

- Get family medical records that may be held by civilian doctors. Carry medical records with you if special needs must be met enroute.

- If you are renting an apartment or house off post, arrange for an inspection after your household goods are removed. Get an agreement in writing that any damage or deposit money will be refunded.

After You Arrive

- After you arrive you need to contact your sponsor, your unit personnel assistance center, and ACS for community information and assistance.

- Attend the Newcomers Orientation, so you can become familiar with programs available to you and your family. If you need cooking utensils, tables, chairs and beds, etc, go the ACS Lending Closet.

- Contact your Housing Office for on post as well as off post housing.

- Notify transportation of your arrival as soon as possible to arrange for delivery of household goods.

- Contact you love ones to notify them that you have arrived at your duty station.

Reporting Procedures

All incoming officer/enlisted (TDY and PCS) will report to building 810, Military Personnel Office for sign-in. Soldiers will need 3 copies of orders, their 201 file, and leave form. A checklist will be issued with in-processing instructions. Students will report

to this building for sign-in and will be directed to their unit. Servicemembers must report in duty uniform.

Travel Planning

- Don't take or spend advance pay unless it is absolutely essential. You will pay it back by monthly deductions from your pay. So you will have less to live on every month until it is all paid back. Don't take advance pay just to blow it on a stereo or car or something you just want. Be even more cautious of considering a casual pay.

- Reservation for the Fort Detrick Guest House are accepted 30 days in advance for personnel who PCS in or out of Fort Detrick, telephone number for the Guest House is (301) 619-2154. The administration office operates everyday from 0745-1630.

- Where the money might come from:

Dislocation Allowance (DLA): two months' BAQ. (You will not receive this until you arrive at your new post. Don't count on it being there when you need to pay deposits on a new apartment, or home.

Travel Pay: this is mileage related, and is usually not paid until after your check into the new post.

Money might come in form a garage sale before you move. Refunds on rent and damage deposit from your old home or apartment. Again, it may take a couple of months to get these. Returned deposits, plus interest; apartment, utilities, etc. Lower cost of living or increased VHA. Interest on advance base pay.

Vehicle Ownership

Vehicle Checks: State Requirement: (1) Active duty personnel arriving from overseas assignments must have their vehicles properly registered within 30 days of the arrival of their vehicles. (2) No need to re-register active duty bearing current tags of member's state of domicile. (3) Vehicles registered in name of dependent must be registered within 30 days. On-Post Requirement: Vehicle liability insurance in the amount of \$20,000/\$40,000/\$10,000; Motorist insurance \$2,500.

Name: Drivers License (State)
POC: Motor Vehicle Administration
Address: 1601 Bowmans Farm Road
City: Frederick, MD
Phone: 800-950-1682 (Toll Free)
Comments: Hours: 0830-1630, M-F & 3rd Saturday Newcomers have 30 days after establishing residency to obtain a license, however, valid state of domicile licenses for military members will be honored. Learner's permit can be obtained at age 16 (application can be accepted age 15 years 9 months) in Maryland. Cost is \$18.00. Examines and licenses drivers, conducts driver training program, titles/registers vehicles, issues identification cards to adult non-drivers. Inspection call: 1-800-638-8347. TDD for the Deaf, call: 1-800-492-4575. Motorcycle safety training program call: 1-800-638-1722.

Name: Vehicle Registration (State)
POC: Motor Vehicle Administration
Address: 1601 Bowmans Farm Road
City: Frederick, MD
Phone: 800-950-1682(Toll Free)
Comments: Hours: 0830-1630, M-F & Saturday The registration fees in Maryland vary as follows: Class A passenger vehicles: \$27.00 for 3,700 lbs or less; \$40.50 for over 3,700. Class M: Multipurpose vehicles: \$27.00 for shipping weight up to 3,700 lbs; \$40.50 for over 3,700 lbs. Class D: Motorcycles, motor scooter and motor bicycles: \$18,50. Class E-Trucks (GVW or GCW in lbs)fee per 1,000 lbs: 10,000-18,000lbs: \$4.75; 18,000-26,000lbs: \$7.50; 26,000-40,000: \$8.50; 40,000-60,000lbs: \$10.50;60,000-80,000: \$11.75. When registering vehicle, bring (1) title, (2) mileage reading, (3) proof of insurance (4) vehicle inspection required from state licensed garage.

Name: On Post Registration:
Comments: All POVs must be registered at PMO within 3 working days after arrival.

Housing and Billeting

Fort Detrick has 155 family quarters. There is a normally a wait for all categories of family housing. All accompanied E4s and above with dependent are eligible to apply. Check prior to your arrival for specific waiting times. To be placed on the waiting

list, the sponsor must report for duty and be physically present at the Fort Detrick Housing Office.

The Community Homefinding Relocation and Referral Services (CHRRS) office maintains a list of available local rental housing. Military personnel reporting for duty at Fort Detrick are required to report to the CHRRS Office prior to seeking off-post housing. Apartment process range from \$500-\$550 a month for a one-bedroom and \$550-\$700 a month for a two bedroom. Townhouse/single family houses rent from \$700-\$1000+ a month. An application fee and security deposit are usually required. Large pets are difficult to house. New arrivals normally locate housing off-post within a two-week period.

Check-in for transient facilities is from 1230-1600 at the Housing Office, building 910, room 133. Check-in after hours in through the Provost Marshal Office, building 1504. Pets are not allowed. Credit cards (American Express, Visa, Mastercard) are accepted at the Housing Office. Reservation for priority guests may be made up to 30 days in advance. Space available reservation may be made one duty day in advance. The number to make reservations in 1-800-GO-ARMY-1(1-800-472-7691).

PCS families have priority for reservations in Fort Detrick's five large modernized guesthouse units. The units are made available to others on a space available basis. The units have a living room, dining area, kitchen, at least two bedrooms and one and on-half baths. They are air-conditioned and have cable television. A laundry room is available free of charge.

There are also 16 visiting officer's quarters available for TDY personnel. These units are made available to others on a space-available basis, only if all guesthouse units are filled. There is on Distinguished Visitor Quarter used for officers and selected guests.

Money Matters

Whenever you PCS, you are going to be faced with some unusual expenses. Some examples of unusual expenses are: travel cost; tickets, gasoline, food and lodging, tolls, car tune-up, new tires before the trip, emergency repairs along the way; deposits: damage and rent deposit on new apartment, utilities, telephone and cable; closing costs if buying or selling a new house; temporary lodging at the old post and at the new post; food; restocking the refrigerator and fool pantry; household incidentals; light bulbs, toilet paper, soaps, cleaning supplies and equipment, etc. Other financial impacts of a PCS move are: do we

depend on the money my spouse gets from his or her job? How long will it be before he or she get a new

job? Will it pay as well? We may have to live on less money for a couple of months, or more.

At A Glance

Facility/Services Summary

<i>--Officer and Enlisted Population--</i>			
Active Duty Officer	235	Active Duty Warrant Officer	2
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	0	Foreign Service Officers	1
Active Duty Enlisted	634	Guard Reserve Enlisted	4
Foreign Service Enlisted	0		
<i>--Civilians--</i>			
Civil Service	1437	Wage Grade	212
Non-Appropriated Funds	97	Family Members -on and off Installation-	1771
<i>--Family Services--</i>			
Family Centers	1	Teen Centers	1
Child Day Care	1	Family Child Care Certified Homes	11
Total Child Capacity	135	Total Child Capacity	66
Average Waiting List Time -Months-	4		
<i>--Other Services--</i>			
Commissary	1	Exchanges	1
Shoppettes	0	Gas Stations	1
Movie Theaters	0	Banks and Credit Unions	0
McDonalds/Burger King	0	Other i.e. Exchange concessionaires	0

Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	8	Senior Officer 3 Bed Room	12
Senior Officer 4 Bed Room	17	Senior Officer Other	0
Company Grade Officer Waiting	0	Company Grade Officer 2 Bed Room	0
Company Grade Officer 3 Bed Room	0	Company Grade Officer 4 Bed Room	0
Company Grade Officer Other	0	BOQ	0
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting	16	Senior Enlisted 3 Bed Room	82
Senior Enlisted 4 Bed Room	12	Senior Enlisted Other	31
Enlisted Waiting	0	Enlisted 2 Bed Room	0
Enlisted 3 Bed Room	0	Enlisted Other	0
BEQ	0	Transient Lodging Facilities	5

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	29
Jr High/Middle School	10
High School	8

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	650	550	800
House Rent	900	800	1000
House Price - Single Family	160	120	200
Townhouse/Condominium Price	120	85	150

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	N	Number of Beds	0	Medical Clinic	1
Alcohol	N	Allergy	N	Audiology	N
Cardiology	N	Coronary care	N	Dermatology	N
Dietary	Y	Emergency room	Y	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	Y	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	Y	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	Y	Nuclear Medicine	Y
Nephrology	Y	Neurology	Y	Neurosurgery	Y
Obstetrics	Y	Oncology	Y	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	Y
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	Y	Urology	Y		
<i>--Dental Facilities--</i>					
Dental Clinics	1	Adolescent	N	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	N	Periodontics	Y		

Relocation and Support Services Summary

<i>--Military Clubs--</i>			
Officers Club	0	Non-Commissioned Officers Club	0
Enlisted Club	0		
<i>--Recreation--</i>			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	1	Music and Theater Locations	0
<i>--Physical Fitness/Sports--</i>			
9 Hole Golf Courses	0	18 Hole Golf Courses	0
Gyms/Physical Fitness Centers	1	Jogging Paths	0
Tennis Clubs/Courts	0	Tennis Courts - Lighted	0
Swimming Pools - Public	0		
<i>--Nature/Outdoor Activities--</i>			
Outdoor Recreation Centers	0	Campgrounds	0
Fishing Areas	0	Horse Stables	0

APPENDIX

Disclaimer

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